



Traditions Record Sheet

Use this form to keep track of your family traditions and folklore, plus your research into their origins.

Traditions of the

Family

1	Description of tradition (Note how the tradition is carried out and any associated holidays, rituals, meals, clothing, religious ceremony etc.)
	When and Where the tradition started
	Who started this tradition?
	Who continues the tradition today?
	Sources (Documents, Photos, notes, family diaries, family Bibles, videos, anything that show or mention the tradition. Include owners name and contact information)
	Research Notes

2	Description of tradition (Note how the tradition is carried out and any associated holidays, rituals, meals, clothing, religious ceremony etc.)
	When and Where the tradition started
	Who started this tradition?
	Who continues the tradition today?
	Sources (Documents, Photos, notes, family diaries, family Bibles, videos, anything that show or mention the tradition. Include owners name and contact information)
	Research Notes

Copyright Illara J Norgren

Preparers Name	Email	
Address	Phone	Date Prepared

3	Description of tradition (Note how the tradition is carried out and any associated holidays, rituals, meals, clothing, religious ceremony etc.)
	When and Where the tradition started
	Who started this tradition?
	Who continues the tradition today?
	Sources (Documents, Photos, notes, family diaries, family Bibles, videos, anything tat show or mention the tradition. Include owners name and contact information)
	Research Notes

4	Description of tradition (Note how the tradition is carried out and any associated holidays, rituals, meals, clothing, religious ceremony etc.)
	When and Where the tradition started
	Who started this tradition?
	Who continues the tradition today?
	Sources (Documents, Photos, notes, family diaries, family Bibles, videos, anything tat show or mention the tradition. Include owners name and contact information)
	Research Notes

Copyright Illara J Norgren

Additional Notes
