

Upper Room

Pray First Initiative

Every Tuesday 6-7pm
Cosby Church of God

Prayer Warriors

4th September, 2025



Scripture describes "prayer warriors" as those who rely on God's strength and use the "whole armor of God" for spiritual protection, particularly in the battle against evil.

Ephesians 6:10-18 (KJV)

10 Finally, my brethren, be strong in the Lord, and in the power of his might.

11 Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.

12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

13 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

14 Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;

15 And your feet shod with the preparation of the gospel of peace;

16 Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God:

18 Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

Ephesians 6:10-18

This passage is the perfect text for the concept of a spiritual warrior, encouraging believers to "be strong in the Lord and in the strength of his might".

It instructs believers to "put on the whole armor of God, that you may be able to stand against the schemes of the devil".



This armor includes the "belt of truth," the "breastplate of righteousness," the "shoes of the gospel of peace," the "shield of faith," the "helmet of salvation," and the "sword of the Spirit" (the Word of God).

It concludes with a call to "pray in the Spirit on all occasions with all kinds of prayers and requests" and to be "alert and always keep on praying for all the Lord's people".

James 5:16 (KJV)

16 Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.

This verse emphasizes the power of intercessory prayer, stating, "The fervent (hot, intense, from the heart) prayer of a righteous man can accomplish much".

It also connects this powerful prayer to a life of righteousness and confession, stating, "Therefore, confess your sins to each other and pray for each other so that you may be healed".

Examples of intercessory prayer

The Bible provides examples of intercessory prayer, where individuals pray on behalf of others. Ezekiel describes God looking for someone to "stand in the breach" for the land. In Numbers, Moses intercedes for the Israelites during a plague. Paul also encourages prayer for all people, including those in authority.

The Bible is full of scriptures about intercessory prayer, which is the act of praying on behalf of others. From the Old Testament prophets to Jesus and the apostles, the practice is a consistent biblical theme. These scriptures emphasize the power of prayer and the importance of supporting one another.