

Parks & Recreation Flag Football 2024

GOALS

1. The goal of flag football camp is to get kids active and interested in football! Flag football camp is a great fit for all skill levels!

EQUIPMENT PROVIDED BY PARKS & REC

1. Shirts
2. Flag belts, footballs, cones etc.

PLAYERS NEED THE FOLLOWING EQUIPMENT

1. Athletic clothing/shoes of choice. Cleats recommended.
2. Players can bring their own ball, but we HIGHLY recommend writing your name on it.
3. If a player wants to bring/use their own equipment, keeping track of it is the responsibility of the parent(s), not the coach or Parks & Rec.
4. WATER!

DETAILS

1. The first 3 weeks of flag football camp will be clinic-style. This means that the kids are broken down into groups and run through drills together. They may scrimmage each other during this time as well.
2. Those who are interested in coaching a team the last 3 weeks of camp, please contact Karl Green or Kylie White and let them know you are interested! There will be a draft meeting on June 28th @5:30pm Parks & Rec office to draft the kids into teams. These rosters and a practice/game schedule for the last 3 weeks of camp will be published the day after the draft meeting.
3. Kids will then practice and play games with their assigned team for the remainder of the season. The schedules for practices/games will be posted to our Facebook group, our website, and available in the Team Snap app. (The app is optional, but helpful for staying up to date.)

WEATHER POLICIES

1. Lightning: If there is lightning within 6 miles of Bonners Ferry, all practices/games are cancelled. This is checked via WeatherBug:
<https://www.weatherbug.com/alerts/spark/bonners-ferry-id-83805>
2. Heat: 92F practices/games are considered "optional" to coaches. All participation is always *optional* so if you feel that the heat is too much for your child, you are welcome

to keep them home. At 95F, all practices/games are cancelled. We will be using the following to monitor temperature:

<https://forecast.weather.gov/MapClick.php?textField1=48.7&textField2=-116.31>

3. Air Quality: All practices/games will be cancelled if Air Quality Index is >150 (anything in the red zone or higher). Checked at:

<https://www.airnow.gov/?city=Bonnors%Ferry&state=ID&country=USA>

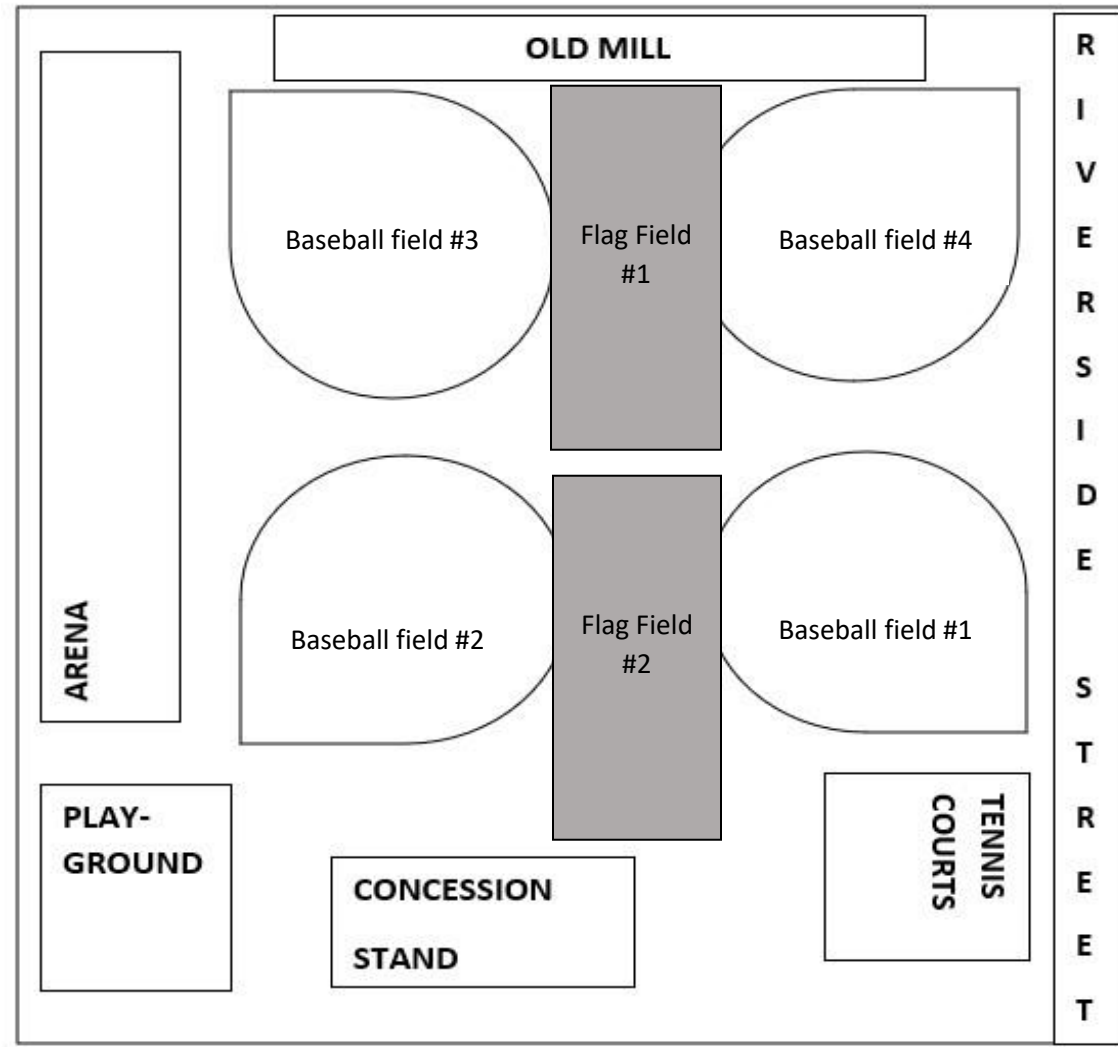
4. Cancellations will be posted to FB page, Team snap app, and coaches will be notified.

RULES

The complete NFL Flag Football Rulebook is available for download on our website. Hard copies will be provided to coaches.

<https://boundarycountyparksandrec.org/flag-football>

FIELD MAP



COACHES

1. Be the example of **GOOD SPORTSMANSHIP** for all players and spectators
2. Prior to the start of the game, coaches need to review the ground rules/discuss questions
3. Injuries need attended to **IMMEDIATELY.**
4. Coaches are responsible for informing parents of practices, games, events, cancellations, etc. in a timely manner
5. We also have a Facebook group "Boundary County Parks & Rec" where all updates are posted. Rosters, photo form, schedule, field map is posted to this group as well as our website: www.boundarycountyparksandrec.org
6. Keep it simple, focus on the players learning rather than winning vs. losing. Provide encouragement and enthusiasm to your team/players!
7. The coach is responsible for all primary "coaching" duties. Parent helpers/volunteer's opinions, game calls etc. are secondary to the head coach.

Flag Football

	Mon	Tues	Wed	Thurs	Fri	Sat
Week 1: Clinic	June 10 5:30-6:45pm	11	12 5:30-6:45pm	13	14	15
Week 2: Clinic	17 5:30-6:45pm	18	19 5:30-6:45pm	20	21	22
Week 3: Clinic	24 5:30-6:45pm	25	26 5:30-6:45pm	27	28 Draft meeting @5:30pm P&R office	29
Week 4: Team practices	July 1 PRACTICES	2	3 PRACTICES	4 NO FLAG	5 NO FLAG	6
Week 5: Team practices, games	8 PRACTICES	9	10 GAMES	11	12	13
Week 6: Team practices, games (FINAL WEEK)	15 PRACTICES	16	17 GAMES	18	19 POSSIBLE GAMES	20