

# Feb 2024

| Sunday | Monday   | Tuesday   | Wednesday   | Thursday  | Friday | Saturday |
|--------|--|---|---|---|--------|----------|
|        |  |   |   | 1   | 2      | 3        |
| 4      | 5  | 6   | 7   | 8   | 9      | 10       |
| 11     | 12   | 13  | 14  | 15  | 16     | 17       |
| 18     | 19   | 20  | 21  | 22  | 23     | 24       |
|        | 5:30-6:30p<br>Abby Z.* (girls 3/4,<br>Tomi B., Star W.<br><br>6:30-7:30p<br>Tanja F., Chelsea B.,<br>Kim S.* (boys 5/6)  | 5:30-6:30p<br>Cory M.*, Roger N.,<br>Abby Z. (boys 5/6)<br><br>6:30-7:30p<br>Clint A.*, Jessica N.,<br>Leroy E. | 5:30-6:30p<br>Brandon R., Matt<br>P./Simon R.<br><br>6:30-7:30p<br>Josh H., Danny S.,<br>Kim S.* (boys 5/6) | 5:30-6:30p<br>Cory M.*, Roger N.,<br>Abby Z. (boys 5/6)<br><br>6:30-7:30p<br>Clint A.*, Jessica N.,<br>Leroy E. |        |          |
| 25     | 26   | 27  | 28  | 29  |        |          |
|        | 5:30-6:30p<br>Abby Z. (girls 3/4),<br>Tomi B.*, Star W.<br><br>6:30-7:30p<br>Tanja F.*, Chelsea<br>B., Kim S. (boys 5/6) | 5:30-6:30p<br>Cory M., Roger N.*,<br>Abby Z. (boys 5/6)<br><br>6:30-7:30p<br>Clint A., Jessica N.*,<br>Leroy E. | 5:30-6:30p<br>Brandon R., Matt<br>P./Simon R.<br><br>6:30-7:30p<br>Josh H*, Danny S.,<br>Kim S. (boys 5/6)  | 5:30-6:30p<br>Cory M., Roger N.*,<br>Abby Z. (boys 5/6)<br><br>6:30-7:30p<br>Clint A., Jessica N.*,<br>Leroy E. |        |          |

\*Indicates that this coach is designated the full (half) court during practice time this week. Please be respectful and share the courts. We are working with limited space using only VV Elementary as middle and high school sports are using their gyms.

# March 2024

| Sunday  | Monday  | Tuesday   | Wednesday  | Thursday  | Friday | Saturday |
|---|---|---|--|---|--------|----------|
|   |   |   |  |   | 1      | 2        |
| 3   | 4   | 5   | 6  | 7   | 8      | 9        |
|   | 5:30-6:30p<br>Abby Z. (girls 3/4),<br>Tomi B., Star W.*   | 5:30-6:30p<br>Cory M., Roger N.,<br>Abby Z.*            | 5:30-6:30p<br>Brandon R., Matt<br>P./Simon R.          | 5:30-6:30p<br>Cory M., Roger N.,<br>Abby Z.*            |        |          |
|   | 6:30-7:30p<br>Tanja F., Chelsea<br>B.*, Kim S. (boys 5/6) | 6:30-7:30p<br>Clint A., Jessica N.,<br>Leroy E.*        | 6:30-7:30p<br>Josh H., Danny S.*,<br>Kim S. (boys 5/6) | 6:30-7:30p<br>Clint A., Jessica N.,<br>Leroy E.*        |        |          |
| 10  | 11  | 12  | 13   | 14  | 15     | 16       |
| <b><u>Picture Day Week</u></b><br><b><u>during regularly</u></b><br><b><u>scheduled practices</u></b><br><b><u>Monday-</u></b><br><b><u>Wednesday</u></b> | 5:30-6:30p<br>Abby Z.* (girls 3/4),<br>Tomi B., Star W.   | 5:30-6:30p<br>Cory M.*, Roger N.,<br>Abby Z. (boys 5/6) | 5:30-6:30p<br>Brandon R., Matt<br>P./Simon R.          | 5:30-6:30p<br>Cory M.*, Roger N.,<br>Abby Z. (boys 5/6) |        |          |
|   | 6:30-7:30p<br>Tanja F., Chelsea B.,<br>Kim S.* (boys 5/6) | 6:30-7:30p<br>Clint A.*, Jessica N.,<br>Leroy E.        | 6:30-7:30p<br>Josh H., Danny S.,<br>Kim S.* (boys 5/6) | 6:30-7:30p<br>Clint A.*, Jessica N.,<br>Leroy E.        |        |          |
| 17  | 18  | 19  | 20   | 21  | 22     | 23       |
|   | 5:30-6:30p<br>Abby Z. (girls 3/4),<br>Tomi B.*, Star W.   | 5:30-6:30p<br>Cory M., Roger N.,*<br>Abby Z. (boys 5/6) | 5:30-6:30p<br>Brandon R., Matt<br>P./Simon R.          | 5:30-6:30p<br>Cory M., Roger N.,*<br>Abby Z. (boys 5/6) |        |          |
|   | 6:30-7:30p<br>Tanja F.*, Chelsea<br>B., Kim S. (boys 5/6) | 6:30-7:30p<br>Clint A., Jessica N.*,<br>Leroy E.        | 6:30-7:30p<br>Josh H.*, Danny S.,<br>Kim S. (boys 5/6) | 6:30-7:30p<br>Clint A., Jessica N.*,<br>Leroy E.        |        |          |
| 24  | 25  | 26  | 27   | 28  | 29     | 30       |
|   | -NO BASKETBALL-   | -SPRING BREAK-  | -NO BASKETBALL-  | -SPRING BREAK-  |        | 31       |

# April 2024

| Sunday | Monday   | Tuesday   | Wednesday   | Thursday  | Friday | Saturday |
|--------|--|---|---|---|--------|----------|
|        | 1  | 2   | 3   | 4   | 5      | 6        |
|        | 5:30-6:30p<br>Abby Z. (girls 3/4),<br>Tomi B., Star W.*<br><br>6:30-7:30p<br>Tanja F., Chelsea<br>B. *, Kim S. (boys 5/6). | 5:30-6:30p<br>Cory M., Roger N.,<br>Abby Z.* (boys 5/6)<br><br>6:30-7:30p<br>Clint A., Jessica N.,<br>Leroy E.* | 5:30-6:30p<br>Brandon R., Matt<br>P./Simon R.<br><br>6:30-7:30p<br>Josh H., Danny S.*,<br>Kim S. (boys 5/6) | 5:30-6:30p<br>Cory M., Roger N.,<br>Abby Z.* (boys 5/6)<br><br>6:30-7:30p<br>Clint A., Jessica N.,<br>Leroy E.* |        |          |
|        |  |   |   |   |        |          |

**Coaches by division-**

Girls 3/4: Abby Z., Tomi B., Star W., Tanja F., Chelsea B.

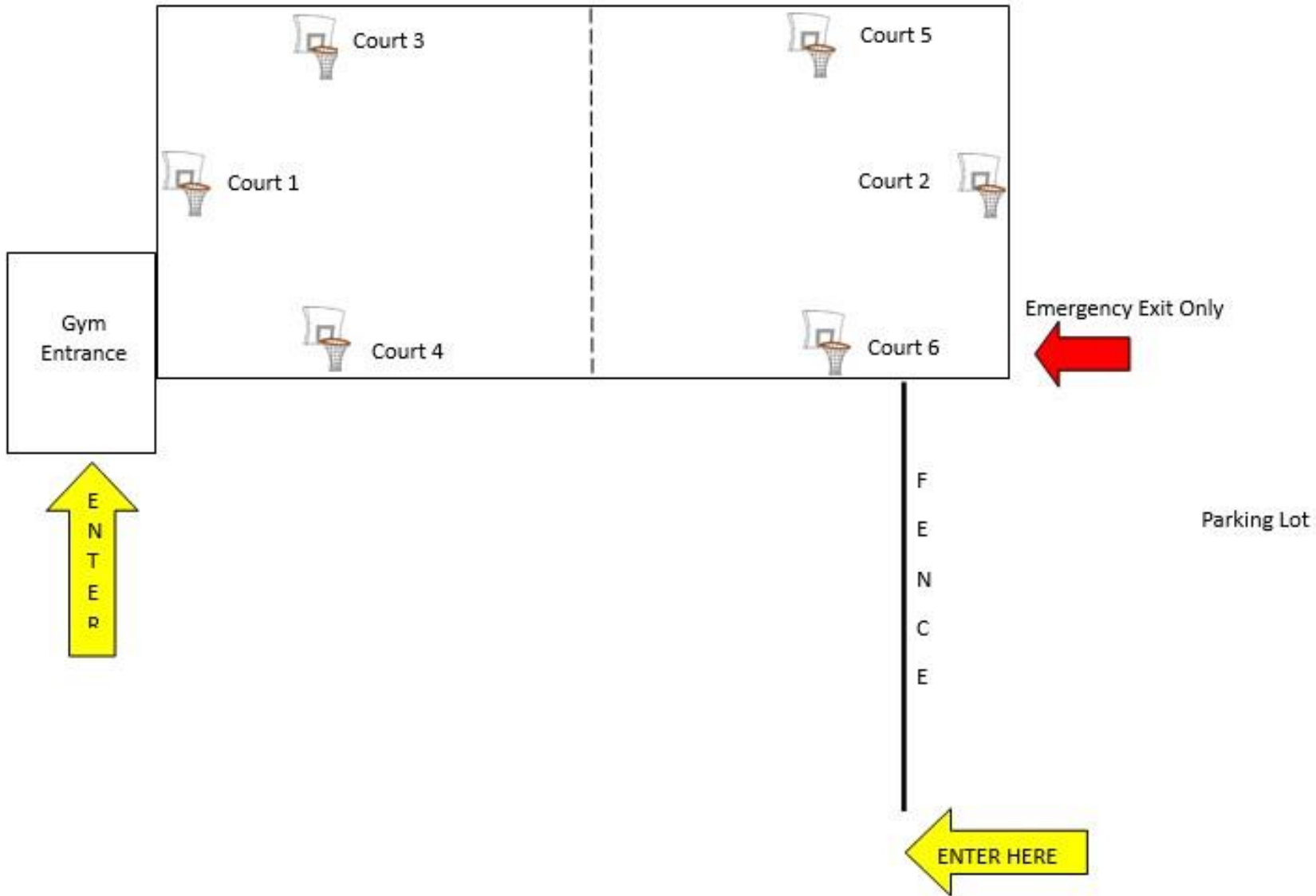
Boys 3/4: Brandon R., Matt P./Simon R., Josh H., Danny S.

Girls 5/6: Clint A., Jessica N., Leroy E.

Boys 5/6: Cory M., Roger N., Kim S., Abby Z.

\*Indicates that this coach is designated the full (half) court during practice time this week. Please be respectful and share the courts. We are working with limited space using only VV Elementary.

# Valley View Elementary



# 2024 PARKS & REC FUTURE BADGER BASKETBALL

## Schedule, Location, Etc.

- All practices and games are held at Valley View Elementary School Gym: 6750 August Street Bonners Ferry, ID 83805.
- Clean tennis shoes, appropriate athletic clothing and water are required for practices/games. Bleachers will not be available during practices but parents are welcome to watch from sidelines.
- All schedules are published on our website: [www.boundarycountyparksandrec.org](http://www.boundarycountyparksandrec.org) and available in the Team Snap app.
- **If there is no school (weather, holiday, breaks, or other) there will be no practice that day.**

## Coaches

You are required to contact the parents on your roster and introduce yourself, make sure parents have the necessary information for practices etc. If you need help in accomplishing this, please let Kylie know so she can assist you. Background check form is required to be completed.

## Picture Day

- Photos Plus is our photographer again for 2024, their photo form is available on our website: [www.boundarycountyparksandrec.org/basketball](http://www.boundarycountyparksandrec.org/basketball)
- Cash or check payable to: Photos Plus; Parks & Rec does not handle payments for pictures. Photos are distributed to coaches once processed.
- Please have your child on time and in their team t-shirt for picture day

Schedule:

- Picture day is tentatively planned for the week of March 11-14 during your child's scheduled practice for that week (dependent on t-shirts being finished by then). A notification will be sent out when the dates are finalized.

## **Sportsmanship Pledge**

**Boundary County Parks & Rec asks everyone to make this a great time for all. Please be a good sport in the stands and on the court. Respect your opponents; no talking back to players, coaches or officials. By showing good sportsmanship, you honor our kids, the game and our community.**

## **Game Day**

- All participants need to be on time or early for games with clean athletic shoes and water.
- **Please do not dribble/play with or shoot basketballs on/off the court if it is not your time to be playing. Basketballs rolling onto the court during a game are a hazard to players and referees and you will be asked to put it away.**
- Teams from the last game are asked to help put away chairs, etc.
- Please remove your garbage from the bleachers after games.
- Set up/break down of equipment and courts is greatly appreciated.

## **Volunteers**

- Our coaches are volunteer, please thank them and offer help when needed.
- If you are able to volunteer as a ref or scorekeeper for any games, please contact Kylie@ (208)304-3603 or sign up at: <https://signup.com/go/bqJnHsU>
- Background checks are required for all volunteers.
- Snacks/drinks are a great way to help our kids stay fueled for practices and/or games. If a parent or parents from each team could help their child's coach coordinate snacks, that is one less thing for them to think about.

## **Skills Objectives**

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Primary Goal: Provide a safe and positive activity that adds value to young minds while teaching or building upon the fundamentals of basketball, teamwork and sportsmanship. Have fun!

## **Fun & Fundamentals**

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- Equal opportunities: There will be fair playing time for all, regardless of skill level. All players should be given the opportunity to start throughout the season.
- There are no try outs; teams are built at random, using skills listed at registration in an attempt to keep teams even in skill level.
- Coaches are to work together to create a fun, learning experience for all participants.

## **3<sup>rd</sup> & 4<sup>th</sup> Grade Level Skill Objectives**

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- Dribble, head up with either hand
- Jump stop
- Understand traveling violations
- Pivot with either foot and practice triple threat position (ready to pass, dribble or shoot)
- Pass types: chest, bounce, overhead, side-step around
- Shooting form, follow through & release
- Defense (man-to-man)
- Offense: motion, pass and screen away, pick and roll, give and go, setting good screens
- Throwing the ball in from out of bounds
- Rotate through all different positions to help find their strengths and improve on their weaknesses

## **5<sup>th</sup> & 6<sup>th</sup> Grade Level Skill Objectives**

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- Continue building on skills from 3<sup>rd</sup> & 4<sup>th</sup> grade level
- Rebound positioning, block-out, outlet, get the ball to point guard
- Offense: set up plays, incorporate more options from motion to set, pump-fake, dribble-drive, jab-step, point guard penetrate zone then dish, passing to beat a zone defense
- Defense: continue working on man-to-man, understand and practice zone defense
- Three in the key
- Press during second half of games at coaches' discretion

## Game Regulations

- Warm up clock for games will start when coach and enough players to play are present. Teams will be given 10 minutes to warm up. Immediately following the warm up time, the game will begin. Coaches need to have their starting players prepped for their plays, etc. You will not be given additional time after the warm up time is out.
- Games will be (4) seven-minute quarters, with one minute between quarters and a five-minute half-time.
- Official basketball rules will be used, with some exceptions for 3<sup>rd</sup>/4<sup>th</sup> grade teams.
- Each team is allowed 3 time outs per game.
- A running clock will be used; only stopping for free throws, time outs, injuries and instructions. The clock will be stopped for all infractions during the last minute of the game.
- Equal playing time, ball-handling, starting positions for all players.
- There will be no over time.
- Fouls: Fouls will be called for all games, but only counted for 5<sup>th</sup>/6<sup>th</sup> grade teams. Players foul out at 5 individual fouls.
- Primary defense will be man-to-man. There will be no press for 3<sup>rd</sup>/4<sup>th</sup> grade teams. 5<sup>th</sup>/6<sup>th</sup> grade teams can play zone defense and/or full court press AFTER half-time and ONLY IF both coaches are in agreeance; otherwise, no press and man-to-man defense only.
- The referee has the final say in all calls/problems, if they arise.
- During a game coaches need to work together to help the game proceed in a timely, efficient, and LEARNING manner. Please keep things civil and help the kids learn something from their games rather than focusing on winning or losing.