

Parks & Recreation 7x7 Flag Football 2025

GOAL

1. The goal of flag football is to get kids active and interested in football! Flag football camp is a great fit for all skill levels!

EQUIPMENT PROVIDED BY PARKS & REC

1. Team t-shirts, flag belts, footballs, cones etc.

PLAYERS NEED THE FOLLOWING EQUIPMENT

1. Athletic clothing/shoes of choice. Cleats are highly recommended.
2. Players can bring their own football, but we recommend writing your name on it. If a player wants to bring/use their own equipment, keeping track of it is the responsibility of the parent(s), not the coach or Parks & Rec.
3. WATER!

WEATHER POLICIES (rain or shine—unless there's a bad storm and/or any of the below issues)

1. Lightning: If there is lightning within 6 miles of Bonners Ferry, all practices/games are cancelled. This is checked via WeatherBug:
<https://www.weatherbug.com/alerts/spark/bonners-ferry-id-83805>
2. Heat: 92F practices/games are considered "optional" to coaches. All participation is always *optional* so if you feel that the heat is too much for your child, you are welcome to keep them home. At 95F, all practices/games are cancelled. We will be using the following to monitor temperature:
<https://forecast.weather.gov/MapClick.php?textField1=48.7&textField2=-116.31>
3. Air Quality: All practices/games will be cancelled if Air Quality Index is >150 (anything in the red zone or higher). Checked at:
<https://www.airnow.gov/?city=Bonners%Ferry&state=ID&country=USA>
4. Cancellations will be posted to FB page, Team snap app, and coaches will be notified.

RULES

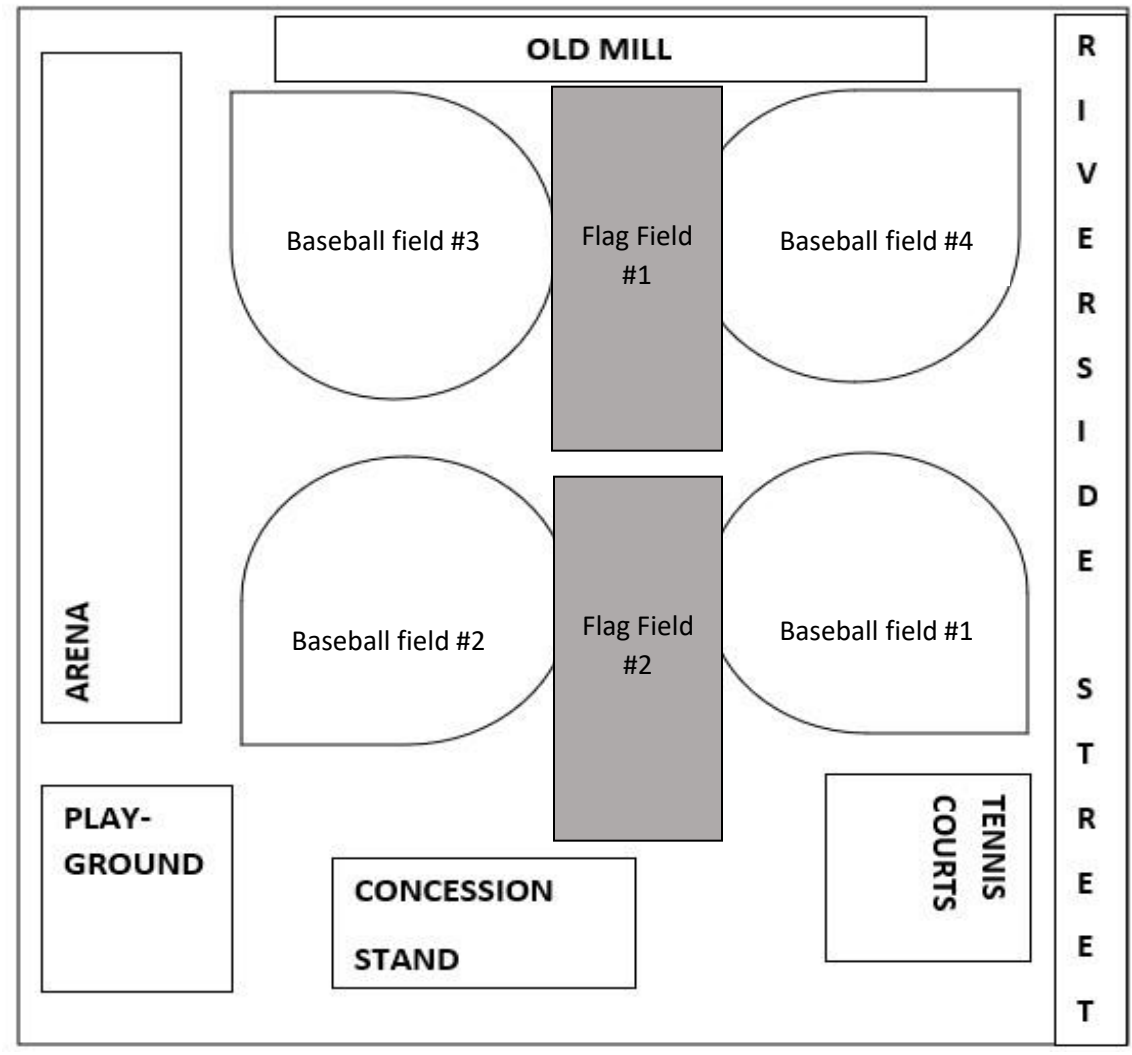
-The complete NFL Flag Football Rulebook is available for download on our website and was also sent via email to all participants parents (email that was used for registration). Hard copies will be provided for coaches only and printed copies are available at the Parks & Rec office (7171 Fifth St.)

-We will be playing 7x7 flag football.

PICTURE DAY- photos are being taken by the flag football fields this year!

1. June 3rd, see page 6 for order form & scheduled time for each team.

FIELD MAP



COACHES

1. Be the example of **GOOD SPORTSMANSHIP** for all players and spectators
2. Prior to the start of the game, coaches need to review the ground rules/discuss questions
3. Injuries need attended to **IMMEDIATELY**. The concession stand has an AED and first aid kit as well as ice.
4. Coaches are responsible for informing parents of practices, games, events, cancellations, etc. in a timely manner
5. We also have a Facebook group "Boundary County Parks & Rec" where all updates are posted. Rosters, photo form, schedule, field map is posted to this group as well as our website: www.boundarycountyparksandrec.org
6. Keep it simple, focus on the players learning rather than winning vs. losing. Provide encouragement and enthusiasm to your team/players!
7. The coach is responsible for all primary "coaching" duties. Parent helpers/volunteer's opinions, game calls etc. are secondary to the head coach.

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S	M	Tues	W	Thurs	Fri	Sat
June 1	2	3 <u>PRACTICES & PICTURE DAY! (see pg. 6)</u> 5:30-6:30p Field 1 7-9yrs Fulton Precision & KG&T ----- 5:30-6:30p Field 2 10-12yrs Boundary Consignments & Badger's Den	4	5 PRACTICES 5:30-6:30p Field 1 7-9yrs Fulton Precision & KG&T ----- 5:30-6:30p Field 2 10-12yrs Boundary Consignments & Badger's Den	6	7
8	9	10 PRACTICES 5:30-6:30p Field 1 7-9yrs Fulton Precision & KG&T ----- 5:30-6:30p Field 2 10-12yrs Boundary Consignments & Badger's Den	11	12 GAMES 5:30-6:30p Field 1 7-9yrs Fulton Precision v KG&T ----- 5:30-6:30p Field 2 10-12yrs Boundary Consignments v Badger's Den	13	14
15	16	17 GAMES 5:30-6:30p Field 1 7-9yrs Fulton Precision v KG&T ----- 5:30-6:30p Field 2 10-12yrs Boundary Consignments v Badger's Den	18	19 PRACTICES 5:30-6:30p Field 1 7-9yrs Fulton Precision & KG&T ----- 5:30-6:30p Field 2 10-12yrs Boundary Consignments & Badger's Den	20	21

7-9yrs GREEN Sponsor: KG&T Septic, Inc. Coaches: Kaprice Frederickson & Josh Mutter
 7-9 yrs BLUE Sponsor: Fulton Precision Construction Coach: Dakota Hinrichs

 10-12yrs BLUE Sponsor: Boundary Consignments Coach: Kira Romero
 10-12yrs RED Sponsor: Badger's Den Coach: Jason Warner

***practices are on a half football field PER team**

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22	23	24 GAMES 5:30-6:30p Field 1 7-9yrs Fulton Precision v KG&T ----- 5:30-6:30p Field 2 10-12yrs Boundary Consignments v Badger's Den	25	26 PRACTICES 5:30-6:30p Field 1 7-9yrs Fulton Precision & KG&T ----- 5:30-6:30p Field 2 10-12yrs Boundary Consignments & Badger's Den	27	28
29	30	July 1 GAMES 5:30-6:30p Field 1 7-9yrs Fulton Precision v KG&T ----- 5:30-6:30p Field 2 10-12yrs Boundary Consignments v Badger's Den	2	3 GAMES 5:30-6:30p Field 1 7-9yrs Fulton Precision v KG&T ----- 5:30-6:30p Field 2 10-12yrs Boundary Consignments v Badger's Den	4	5
6	7	8 PRACTICES 5:30-6:30p Field 1 7-9yrs Fulton Precision & KG&T ----- 5:30-6:30p Field 2 10-12yrs Boundary Consignments & Badger's Den	9	10 GAMES 5:30-6:30p Field 1 7-9yrs Fulton Precision v KG&T ----- 5:30-6:30p Field 2 10-12yrs Boundary Consignments v Badger's Den	11	12

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Sports Photo Package

Order Form

Parent Name _____

Phone Number _____

Youth Name _____

Team Color _____

Coach _____

Item	Price	Quantity	Subtotal
Sports Package -One Team Photo -Two Individual Photos 3.5x5 -Four Individual Wallet Photos	\$10	x _____	= _____
Buttons 3 in	\$5	x _____	= _____
Stickers 3 in, 5 pack	\$5	x _____	= _____
Poster 12x18 ____ Individual or ____ Team	\$10	x _____	= _____
Total			\$ _____

For Window Clings, Large
Photo Prints, Canvas Prints,
or other products, contact:

LINE POINT Printing

Monday-Friday, 9am-5pm

208-267-5115

7219 Main St.
Bonners Ferry, ID 83805

Schedule (June 3rd) photos will be taken by the flag football fields!!

7-9yrs Fulton Precision @5:30pm

7-9yrs KG&T @5:50pm

10-12yrs Boundary Consignments @6:10pm

10-12yrs Badger's Den @6:30pm