## BOUNDARY COUNTY PARKS \& RECREATION

## SOCCER PROGRAM

Divisions are as follows for 2023 (entering into):
Pre-K/K: U6- $1^{\text {st }} / 2^{\text {nd }}$ grade: U8 - $3^{\text {rd }} / 4^{\text {th }}$ grade: U10- $5^{\text {th }} / 6^{\text {th }}$ grade: U12- $7^{\text {th }} / 8^{\text {th }}$ grade: U14

## Equipment:

- Parks and Rec will provide necessary field equipment and soccer balls to coaches.
- A team t-shirt will be provided (ideally prior to the first game depending on shipping etc.) Coaches will pass out the shirts once they are ready. Shirts need to be worn on game days.
- Cleats, shin guards, socks, and shorts are NOT provided (we did have shin guards donated by Vinyl Expressions before change in ownership, contact Parks \& Rec office if you are in need of shin guards).
- If you have the appropriate size soccer ball (see sizes section), your child is welcome to bring to practices, but it is not the responsibility of your child's coach or Parks \& Rec to make sure this soccer ball makes it home with your child. We highly suggest writing at least your last name on all gear as we can easily return it to you if found.
- Please make sure your child has water at every practice and game.


## Weather:

- Lightening: if there is lightening within 6 miles of the fields, practices and games are cancelled. I check this via Weatherbug: https://www.weatherbug.com/alerts/spark/bonners-ferry-id-83805
- Heat: At $92^{\circ}$ practices/games are considered "optional". This means coaches will need to contact parents and see who is willing to have their child practice/play, if the coach is willing to proceed. If there are not enough kids to practice/play, then that practice/game is cancelled. All participation is technically optional so if you feel it is too hot for your child, please keep them home. PLEASE always send them with plenty of water, cooling towels are nice as well. There will be no practices/games beyond $95^{\circ}$. There are a lot of sites to check temperature, I will be using the following as it shows the time it was updated at and is very current: https://forecast.weather.gov/MapClick.php?textField1=48.7\&textField2=-116.31
- Air Quality: All practices/games will be cancelled if Air Quality Index is $>150$ (anything in the Red zone or higher at https://www.airnow.gov/?city=Bonners\ Ferry\&state=ID\&country=USA ). As with other weather conditions, if you feel that the air quality is not safe for your child, please keep them home from practices or games.

You can view the above links on our website under the sports tab for reference throughout the day.
WEATHER CANCELLATIONS WILL BE MADE BY THE SPORTS DIRECTOR BY 4PM. Once the call is made to cancel, there will be no further changes for that day.

## Team Pictures:

- The picture day schedule is not the same for all age groups. PLEASE REVIEW THE SCHEDULE!! The schedule is different for the age groups to accommodate the photographer as well as not running into games.
- Teams need to be at the photo location on time for their pictures. Teams will line up in the same order as their roster for the individual photos, and then take a team picture. All kids will get an individual photo taken but only those who have ordered/paid will be processed.
- If you forget to bring money, you can order photos from Photos Plus after picture day.
- If you forget to bring your form, there are extra forms at the picture location.
- All photo forms and cash/check are given to the photographer on picture day. Please make checks payable to: Photos Plus. Parks \& Rec does not handle any of the money for pictures.
- Please have your child in their team t-shirt for photo day.

Picture schedule on next 2 pages

| Date/Time | (TEAM) Age Group-Color-Coach | Time |
| :---: | :---: | :---: |
| Tuesday August 15th |  |  |
|  | PreK/K-Red-Traynor | 5:45p |
|  | PreK/K-Blue-Johnson | 6:00p |
|  | PreK/K-Purple-Skinner | 6:15p |
|  | PreK/K-Orange-Nagel | 6:30p |
|  | PreK/K-Yellow-Verzier | 6:45p |
|  | PreK/K-Pink-Fields | 7:00p |
| Thursday August 17th |  |  |
|  | $3^{\text {rd }} / 4^{\text {th }}$-Green-Matthews | 4:30p |
|  | $3{ }^{\text {rd }} / 4^{\text {th }}$-Yellow-Riek | 4:45p |
|  | $3{ }^{\text {rd }} / 4^{\text {th }}$-Gray-Pluid/Pauls | 5:00p |
|  | $3{ }^{\text {rd }} / 4^{\text {th }}$-Orange-Purdom | 5:15p |
|  | $3{ }^{\text {rd }} / 4^{\text {th }}$-Blue-Murphy | 5:45p |
|  | $3{ }^{\text {rd }} / 4^{\text {th }}$-Red-Traynor | 6:00p |
|  | $3{ }^{\text {rd }} / 4^{\text {th }}$-Purple-Marshall | 6:15p |
| Tuesday August 22 ${ }^{\text {nd }}$ |  |  |
|  | $5^{\text {th }} / 6^{\text {th }}$-Red-Ruby | 4:30p |
|  | $5^{\text {th }} / 6^{\text {th }}$-Purple-Lummus | 4:45p |
|  | $5^{\text {th }} / 6^{\text {th }}$-Yellow-Mierke/Nordheim | 5:00p |
|  | $5^{\text {th }}-6^{\text {th }}$-Blue-Naylor | 5:15p |
|  | $7{ }^{\text {th }} / 8^{\text {th }}$-Green-Solum/Wages | 5:45p |
|  | $77^{\text {th }} / 8^{\text {th }}$-Yellow-Ellie Rutherford | 6:00p |
|  | $5^{\text {th }} / 6^{\text {th }}$-Green-Payne | 6:15p |
|  | $77^{\text {th }} / 8^{\text {th }}$-Blue-Aaron Rutherford | 6:30p |


| Date/Time | (TEAM) Age Group-Color-Coach | Time |
| :---: | :---: | :---: |
| Thursday August 24 |  |  |
|  |  |  |
|  | $1^{\text {st }} / 2^{\text {nd }}-$ Gray-Padilla | $5: 30 \mathrm{p}$ |
|  | $1^{\text {st }} / 2^{\text {nd }}-$ Orange-Workman | $5: 45 \mathrm{p}$ |
|  | $1^{\text {st }} / 2^{\text {nd }}-$ Yellow-Warner | $6: 00 \mathrm{p}$ |
|  | $1^{\text {st }} / 2^{\text {nd }}-$ Red-Wold | $6: 15 \mathrm{p}$ |
|  | $1^{\text {st }} / 2^{\text {nd }}-$ Green-Navia | $6: 30 \mathrm{p}$ |
|  | $1^{\text {st }} / 2^{\text {nd }}-$ Purple-Porter | $6: 45 \mathrm{p}$ |
|  | $1^{\text {st }} / 2^{\text {nd }}-$ Blue-Deines | $7: 00 \mathrm{p}$ |

## Field Information

- U6: There are no U6 fields running the opposite direction on the U10 fields this year. You will notice this change on the map. This was done in an effort to eliminate confusion as well as accommodate the growth of the U10 age group this year. Fields added: \#12- between the playground and the fence to the Fairgrounds Outdoor Arena, \#13- on the other side of the covered pavilion behind the Fairgrounds Office.
- All age groups: Your child's team will not always get to practice or play games on the same field, but it was attempted to keep them on the same field as often as possible.
- All age groups: There are also going to be times where your child's team may be practicing on a field that is not specific to their age group, but it is as little as possible and only done due to fields being occupied by other age groups.
- Practices will typically be on half fields but games will always be played on a full field that is the correct size for their age group.
- Coaches are welcome to organize a scrimmage during ANY practices during their designated practice time/on their designated field, organized games are scheduled. If another team is not occupying the other half of your practice field, you are welcome to use the whole field.

Example of field (there will not be penalty areas painted on the U6/U8 fields)


## Ball Size:

- U6 (Pre-K/K), U8 ( $\left.1^{\text {st }} / 2^{\text {nd }}\right)$ : size 3
- $\quad \operatorname{U10}\left(3^{\text {rd }} / 4^{\text {th }}\right)$, U12 $\left(5^{\text {th }} / 6^{\text {th }}\right)$ : size 4
- $\quad \mathrm{U} 14\left(7^{\text {th }} / 8^{\text {th }}\right)$ : size 5


## Players on the Field:

- U6: 3 players, no goalie
- U8: 4 players
- U10: 7 players
- U12: 7 players
- U14: 8 players
***Sample formations- You do not have to use these formations, they are just examples that fit the above guidelines for each age group!***



7v7


8v8

## Game Length:

- U6: Two 15 minute halves, 7 minute half time
- U8: Two 20 minute halves, 7 minute half time
- U10: Two 25 minute halves, 7 minute half time
- U12: Two 25 minute halves, 7 minute half time
- U14: Two 25 minute halves, 7 minute half time
- RUNNING CLOCK once the game has started
- WARM UPS are 10 minutes and start from the time listed on the schedule
- There are no referees, parents and coaches are welcome to help referee the game, but please keep things fair and civil
- There is no overtime
***Parents and coaches please help keep games starting on time as there is typically two games scheduled on a field in one night
***If you have a game that is scheduled at 6:45p, likely your actual time will be 6:50p because the other team needs time to clear off the field etc. Please be understanding of this. We only have so many fields that have to be shared. If it is a continual problem, contact Kylie and let's find a way to help the teams of the first game clear off the field(s) quicker.
***Teams can warm up on another open field but please make sure balls do not interrupt the ongoing game.


## Rules

## The following apply to ALL age groups:

- Games will start with: rock, paper, scissors between one kid of each team (1 ROUND, unless they tie) to determine who kicks off. The game will start at center field.
- There are NO REFS--- be good spectators and role models for the kids. Do not "backseat coach", and if you are willing to help referee the game or help, ask your child's coach before stepping in.
- Coaches have the final say in a "call" made. Please no arguing, this is supposed to be FUN for the kids.
- No hands, except goalie.
- As long as the ball is on the field the game is in play. The only exception is for an infraction or offside.
- The ball must cross the goal line to be considered a goal.


## In addition to the rules above, the following rules apply to U8, U10, U12, U14:

- If the ball leaves the field (SIDE LINE): the team that did not touch the ball last gets a throw in.
- If the ball leaves the field (END LINE by the GOAL): if the team that is defending that line touches it, it is a corner kick; if the team attacking that end kicks it out, it is a goal kick.
- When the ball leaves the field from the side or touch line it is a throw in. There are no offsides on throw ins, and you can't score directly from a throw in. A proper throw in is bother feet need to have contact with the ground at the time of throw. Also, arms need to move from back of the head to the front over the head. No side throws allowed.
- A goal kick is given when the attacking team touches the ball last before it leaves the end goal line. The goal keeper (or any player on his/her team) places the ball anywhere in the goal area to restart play. The opposing team is not allowed inside the penalty box when the kick is taken. U6, U8 fields will not have a penalty box painted, help line the kids up in these instances.


## In addition to the rules above, the following rules apply to U10, U12, U14:

- Goalie cannot use hands if a teammate intentionally kicks the ball back to them.
- A penalty is awarded when the defending team commits an infraction or foul inside the penalty box. The ball is placed on the penalty spot and the shooter must kick the ball in one forward motion without touching the ball twice. The goalkeeper must remain on the goal line until the shooter strikes the ball.


## In addition to the rules above, the following rules apply to U12, U14:

- There are two types of free kicks. Indirect kicks are awarded for less violent or interruptions to the game. It is awarded at the spot the ball was last. The direct kick can be directly kicked to goal.

There are many variations of youth soccer rules, please respect those that have been chosen and you may find additional basic soccer rules/guidelines online. Some that can be used for reference are listed below:
https://www.kids-play-soccer.com/basic-soccer-rules.html
https://yoursoccerhome.com/youth-soccer-rules-for-every-age-group/

## Resources for coaches and parents who want to practice at home:

https://www.soccerdrive.com/soccer-skills-videos
https://www.coachingsoccer101.com/ (click on "drills" at the top of the page)
https://www.mojo.sport/coachs-corner/10-best-soccer-drills-for-kids
https://www.soccerxpert.com/drills/fun-soccer-drills
https://www.weareteachers.com/soccer-drills/

