

BrightGuide Care Coordinator

At BrightGuide, we believe that strategic planning is the key to helping seniors live safely and independently in the place they call home. Many older adults wish to remain in a familiar environment—close to family, friends, and community. This choice has proven to support health, happiness, and peace of mind.

As a nurse-led care coordination service, we specialize in helping seniors age-in-place with confidence. We provide personalized outreach, thorough assessments, and compassionate care navigation designed around your specific needs and goals.

Our Services

- **Wellness Check-Ins & Health Monitoring** – Regular care visits to track health and address concerns.
- **Emergency & Crisis Support** – Guidance and advocacy during urgent situations, hospital stays, or transitions of care.
- **Healthcare & Appointments** – Scheduling assistance, in-person advocacy, and follow-ups when needed.
- **Home Care Planning & Coordination** – Selecting, organizing, and overseeing in-home care services.
- **Program & Benefits** – Guidance in applying to available programs for funding care or other services that are accessible to seniors to help them remain independent at home.
- **Safety & Technology** – Integrating smart devices and various technologies to support independence, reduce risks, and keep caregivers connected.
- **Household Care Management** – Coordination of several home services including housekeeping, lawn care, food services, personal care, and transportation.

Getting Started with BrightGuide

Initial Consultation

Every journey with BrightGuide begins with a Comprehensive Wellness Assessment—a detailed evaluation designed to provide a clear picture of current needs and the best path forward. From there, a personalized care plan is created.

What's Included:

- **Medical & Functional Review:** Evaluate current conditions, mobility, and daily living activities.
- **Fall Risk & Home Safety:** Identify hazards and fall risks with corresponding home safety modifications to prevent accidents.
- **Medication Check:** Review and provide help with prescriptions and over-the-counter medications/supplements for accuracy and safety.
- **Medical History & Care Team Coordination:** Collect medical information, surgical history, allergies, physician details, and emergency contacts to strengthen communication across the care team.

Personalized Care Planning

Following the wellness assessment, a customized care plan is developed outlining recommendations to address identified medical, health, and safety concerns. From there, a personalized service package is created to meet your needs, and the licensed BrightGuide nurse is ready to become your dedicated care partner.

Wellness Check-Ins & Health Monitoring

We provide ongoing support to keep seniors safe and thriving at home. Regular nurse visits catch small changes in health early, helping prevent emergencies and reduce hospital stays.

- **Routine Visits:** Daily, weekly, or monthly in-person care visits.
- **Symptom & Medication Monitoring:** Identify health changes, obtain vital signs, and ensure safe medication use.
- **Safety Evaluation:** Assess the home to identify potential hazards and develop practical safety improvements.
- **Collaborative Communication:** Regular updates and family meetings are provided to all members of the care team.

Emergency & Crisis Support

When critical health situations arise, it can feel overwhelming making quick decisions. With BrightGuide by your side, you don't have to face medical crisis alone. Our team will be there with calm, knowledgeable guidance.

Urgent Support

Prompt on-call nurse support during ER visits, sudden health declines, or hospital stays.

Hospital Advocacy

On-site nurse advocate support during hospital admission and assistance with providing accurate health & medication information.

After Hospital Visits

Routine check-ins for monitoring vital signs, detecting health changes, help with medications, and physician follow-ups as needed.

Decision Guidance

Help with navigating medical options, alleviating uncertainty, and supporting informed decision making.

Healthcare & Appointment Assistance

Compassionate Advocacy

BrightGuide provides trusted nurse care advocates to ensure nothing gets overlooked. You gain more than just an extra set of eyes and ears—you gain a registered nurse who understands the complex medical system and truly cares. We attend and help manage doctors' appointments, bridge communication gaps, safeguard important details, and address any medical concerns.

Continuing Support

Doctors trust BrightGuide to help ensure current treatment plans and discharge instructions are carried out correctly after returning home. This follow-through helps reduce complications and prevents hospital readmissions.

Home Care Planning & Coordination

We assist in selecting and managing the right services for our clients. These include home health aides, therapy, or other specialized care. Our team provides warm handoffs to trusted agencies and professionals, ensuring services are started smoothly. We also perform check-ins with providers to confirm care is meeting expectations.

Program & Benefit Guidance

If you feel unsure about where to begin when it comes to funding care or determining program eligibility, BrightGuide is here to make the process easier. We help you explore options through Medicare, Medicaid, and Veterans programs—including PACE, MI Choice Waiver, Veterans Home Based Primary Care (HBPC), and Meals on Wheels. We provide hands-on assistance with the paperwork and applications, saving you time.

Safety & Technology Integration

BrightGuide assists in incorporating user-friendly tools and home adaptations to make life easier. A home safety assessment is performed, using our home safety checklist. Solutions are identified to improve safety and accessibility, then an action plan with suggested modifications is developed. This greatly helps reduce the risk of falls and injuries. Every recommendation is personalized to the individual's abilities, home setup, and budget. Solutions may include smart lighting, video monitoring, fall detection devices, health monitors, and medication dispensers.

Household Care Management

A home that is safe and comfortable is essential to supporting independence and well-being. BrightGuide care coordinators help ease daily life by arranging trusted support for everyday tasks such as housekeeping, laundry, meal planning, lawn care, grooming, and transportation.

Bright Guide By Your Side

Contact us today for your free consultation to learn how our nurse coordinators can bring comfort and confidence to your life. With BrightGuide by your side, you'll never navigate the healthcare journey alone!

Myrna Quednau RN, BSN

Nurse Care Coordinator

Contact us today for a free consultation



www.BrightGuideNurse.com

Call 734-652-7099

Brightguidenurse@gmail.com