



Kristiania Lodge 1-047

# KRISTIANIA POSTEN

2124 Viola Road NE

Rochester, Minnesota

Web page: [www.Kristiania1-47.org](http://www.Kristiania1-47.org)

Facebook: [@sonsofnorwaykristiania.org](https://www.facebook.com/sonsofnorwaykristiania.org)

**APRIL 2026**

Volume 2026 Number 4



## COMING KRISTIANIA EVENTS

(All events held at Our Savior’s Lutheran Church unless otherwise noted.)

Thurs., April 9	Board meeting	5:15 pm
Thurs., April 9	Chapter meeting Program: <b>Kransekake: The Crown of Norwegian Desserts</b> . Speaker: <b>Darlene Fossum Martin</b> .	6:30 pm
Sat., May 9	<b>Syttende Mai celebration</b> , Catered Lunch, Scholarship Awards PLUS musical entertainment by <b>Heidi and Phil Dybing</b> , featuring Norwegian folk songs, music by Edvard Grieg, and sing-alongs. Details in May <i>Posten</i> .	12 noon

### **Hilsen fra Presidenten**

Spring is around the corner! Hopefully by the time you read this, we will be enjoying warmer weather and looking for signs of new growth and returning birds. I guess in Minnesota it’s hard to predict when that will happen. Regardless, we have some fun events coming up during which we can celebrate being together and our common heritage. Hope to see you then!

—**Carol Lucido**, President



### **Kransekake: The Crown of Norwegian Desserts**

Program on Thursday, April 9, 6:30 pm

We’re excited to host **Darlene Fossum Martin** for a delicious program on *Kransekake*, Norway’s iconic almond ring cake. Darlene brings deep knowledge of traditional Norwegian and Norwegian immigrant cooking, and has taught several classes including “*syv slags kaker*”—the cherished “seven kinds of cookies” served during the holidays. With spring graduations, weddings, and of course, *Syttende Mai*, it’s the perfect time to learn about *kransekake*, the Crown of Cakes. Darlene will share tips on preparing and assembling *kransekake*, along with a bit of its history. Best of all, she’s bringing samples to enjoy!

The mission of Sons of Norway is to provide quality insurance and financial products to our members, promote and preserve the heritage and culture of Norway, and celebrate our relationship with other Nordic countries. (Updated mission statement, 2025).

## Sons of Norway District One Convention

The 2026 District One Sons of Norway Convention will be held in Willmar, Minnesota, on June 25-27. Our lodge will send **Steve Milburn** and **Carol Lucido** as delegates. We will also be represented by **Betty Danielson** in the role of Zone Director. The main task of delegates will be to vote on suggested By-law changes and Resolutions, and to elect District officers and Zone Directors to serve from 2026-2028.

Along with District 1 business, the convention will offer workshops on lodge opportunities, classes on cultural activities, sight-seeing trips, and special programs. Stay tuned for news from the convention.

—**Carol Lucido**

One of the activities at the district convention is a silent auction. The silent auction funds raised promote the mission goals of the convention. The opportunities for strengthening understanding of our Scandinavian culture and history bring joy to our members. This is also a great place for donations of family heirlooms where they will be treasured by future generations. Bring any donations to our lodge meeting, and we will transport and display them at the June Sons of Norway convention.

—**Betty Ann Danielson**, Zone 5 Director

## Til Minne

+**Lois J. (Blexrud) Christianson** (25 Nov 1930-8 March 2026) a Golden Member, and widow of deceased member "**Chris**" Christianson.

+**Vernon Maynard Foss** (12 Aug 1927-19 March 2026), a Golden Member, member since 1971.



## Fra Bibliotheket:

Library News

We have cookbooks to help you make your own *Kransekake*. Come check them out!

—**Sharon Barsness**,  
Librarian

## Festival of Trees Update:

**Renee Thoreson** has been decorating trees for this event since 2000! Sometimes she decorated two or three trees a season! For several of these years, she has represented our Sons of Norway Lodge with a Norwegian-themed tree. We thank her for her dedication and hard work on our behalf, and also for the support she has provided for Hiawatha Homes.

This year the baton is being passed to new volunteers. **Betty** and **Larry Danielson** and **Steve** and **Barb Milburn** will be creating a tree for our lodge. A big thanks to them for helping to continue this effort!

—**Carol Lucido**



**Postage stamps**—We are still collecting cancelled postage stamps, which are collected on the district level and sent to Norway to help raise funds for humanitarian causes. Look for a box for depositing or bring to the board room/library.—**Ann Romo**, trustee

*Kristiania Posten* is the newsletter of Kristiania Lodge 1-47 in Rochester, MN, and is published eleven times a year.  
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NOTE—Please notify **Kristi Simmons** (ssimmons10@aol.com) or **Lisa Fenton** (lj.fenton789@gmail.com) if you know of a Kristiania member who should receive a get-well or sympathy card with greetings from the lodge.

## Sons of Norway Lodge Meeting, March 21, 2026

### Soup and Pie Buffet and Finnish Music Group

The Lodge met on Saturday the 21st. Vice-president **Judy Davis** opened the meeting with the anthems, announcements, and a memorial for longtime member **Lois Christianson**. After the table prayer, our guests were invited to go first through the soup line. Members brought nearly 20 varieties of soup, including unique favorites such as meatball and Finnish salmon. Members of the board provided dessert, offering a nice assortment of pie and ice cream.

Lauluika, a Finnish music group from the Twin Cities, performed as a seven-piece ensemble, featuring mandolin, bass, violin, guitar, and viola. Their music—much of it sung in Finnish—had a lively cadence that made it easy to listen to and easy to tap along with. Both the musicians and the membership clearly enjoyed the 45-minute performance.

Members assisted with table clearing and cleanup to close out a successful and enjoyable gathering.—**Lisa Fenton**, co-program director



*Tusen takk* to these members who provided soup: **Ann Romo, Kari and Dave Richards, Judy Stevens, Monica VanKirk, Julie Tiedeman, Luke Fenton, Sharon Kingsley, Sharon Barsness, Kaye Johnson, and Barry Dahl.**



### Pop Tabs—

Kristiania lodge will continue to collect aluminum can tabs for our local Ronald McDonald House. A marked collection box will be available at each lodge meeting on the table located on the side wall.—**Monica VanKirk**

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**RETURN SERVICE REQUESTED**



### **From our Financial Benefits Counselor, Len Carlson**

In my last month's article, I ended with, "ask me about LEGACY SURE." Here are some highlights. Legacy Sure is a life insurance policy that is permanent and guaranteed. With this coverage you will have guaranteed level premiums for life. I can help you determine how much coverage is best for you. You will appreciate the quick and easy approval process where you only need to answer a few basic questions and will not be asked for a medical examination. This type of final expense life insurance is a good option for those who:

- ◆ don't have life insurance through their employer or would like additional coverage.
- ◆ want coverage for funeral expenses so your loved ones will not be burdened with these expenses.
- ◆ need additional coverage to handle other expenses such as bills and credit balances.

There are three plans available, with varying face amounts. Here are a few examples:

- ◆ Female age 60, for \$10,000 of coverage, premiums are \$46.52, \$49.01, or \$56.20 per month
- ◆ Male age 60, for \$10,000 of coverage, premiums are \$46.52, \$58.55, or \$72.36 per month,

The three different amounts depend on how your health is. We issue policies up to age 85.

Please contact me to see what your premium amount would be!

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