



Kristiania Lodge 1-047

KRISTIANIA *POSTEN*

2124 Viola Road NE

Rochester, Minnesota

Web page: www.Kristiania1-47.org

Facebook: [@sonsofnorwaykristiania.org](https://www.facebook.com/sonsofnorwaykristiania.org)

2026 Number 8

SEPTEMBER 2026



COMING KRISTIANIA EVENTS

(All events held at Our Savior's Lutheran Church unless otherwise noted.)

Thursday, Sept. 10	Board meeting	5:15 pm
Thursday, Sept 10	Chapter meeting. Program: "The True Value of Lefse and How to Keep on Rolling." Speaker: Gary Legwold , the Lefse King	6:30 pm
Thursday, Oct. 8	Board meeting	5:15 pm
Thursday, Oct. 8	Chapter meeting. Program: History of East and West St. Olaf Lutheran Churches (Rock Dell Twp., Olmsted County) and restoration of parsonage	6:30 pm

Join us for our September 10th Program -

Gary Legwold: "The True Value of Lefse & How to Keep on Rolling"

Gary enjoys speaking to groups who have "a thing" for lefse and lutefisk. Gary believes lefse is an essential part in preserving our heritage and has a humorous streak throughout the process. Throughout his presentation, he will be rolling lefse and asking for volunteers to join him in making a round. Gary will share his recipe, give 4 essential tips, and talk about the union of humor, lefse, and lutefisk. His books and lefse-related products will be available for sale.

Hilsen fra Presidenten—

In June, my husband and I traveled to Norway with my children, their spouses, and our grandchildren. What a thrill it was to sail the fjords, visit the stave churches, and experience Vigeland Sculpture Park with them! From my first trip to Norway fifty years ago, I remembered the country was beautiful, but I had forgotten just how breathtaking it is. I'm grateful that we have Sons of Norway to keep memories of this heritage alive.

—**Carol Lucido**, President

The mission of Sons of Norway is to provide quality insurance and financial products to our members, promote and preserve the heritage and culture of Norway, and celebrate our relationship with other Nordic countries. (Updated mission statement, 2025).

Highlights from the August 13 meeting: Camp reports and Norwegian immigration history



Leah and Laina Fenton described their two weeks at Masse Moro camp in Wisconsin, where the emphasis is on everything Norwegian. This was their 5th year at the camp, sponsored by scholarships from Kristiania lodge,.

Call for snacks---

We're nearly set for the September meeting treats—just one more volunteer needed. With the Lefse King presentation expected to draw a great crowd, your help would be appreciated. Please reach out at lj.fenton789@gmail.com or call 507-202-1811.



Jennifer Kovarik, representing Vesterheim Museum, gave an interesting illustrated talk on the history of Norwegian immigration, reviewing the reasons, transportation used, and the first settlements in the US. Many of her slides showed items from the museum collection that the immigrants brought along, and naturally the often elaborately-decorated trunks used to transport the items.

LIBRARY NEWS

Thank you to **Barb and John Ross**, members, and **Marvin G. Slind**, retired faculty member at Luther College, for donations of many new books to our library for us to check out. Please visit our library in the board room and see what's new!

—**Sharon Barsness**, Librarian



Postage stamps—We are still collecting cancelled postage stamps, which are collected on the district level and sent to Norway to help raise funds for humanitarian causes. Look for a box for depositing them at a meeting, or bring them to the board room/library. —**Ann Romo**, trustee

Kristiania Posten is the newsletter of Kristiania Lodge 1-47 in Rochester, MN, and is published eleven times a year. Redaktør: VJ Anderson, 507-254-0454, verlajearna@aol.com

NOTE—Please notify **Kristi Simmons** (ssimmons10@aol.com) or **Lisa Fenton** (lj.fenton789@gmail.com) if you know of a Kristiania member who should receive a get-well or sympathy card with greetings from the lodge.

Tusen Takk

This is the last article I will be writing for the *Posten* as Hospitality Director. It has been a fun position, but after over 20 years, it is time to give someone else the opportunity to do it. It is not very time-consuming and a great opportunity to be connected with our members. Please consider letting a board member know if you would like to accept this opportunity.

It requires lining up servers for the chapter meetings and fellowship time following the monthly programs in January, February, April, June, August, September, and October.

In March, May, July, November, and December, your services are usually not required.

A special *Tusen Takk* to **Dean Vigeland**, **Renee Thoreson**, and **Sharon Kingsley** for providing treats for the August 13 chapter meeting.

Farewell!

—**Kathy Rosedahl**

Retiring Hospitality Nisse



Looking ahead to October—



The October 8 chapter meeting will feature the history of East and West St. Olaf Lutheran Churches, established in 1856 in Rock

Dell Township near Byron. The congregation is a prime example of how the church served as a vital religious and cultural center for the early Norwegian-American settlers. Norman B. Senjem of the St. Olaf Heritage Association will describe how the church began and soon grew into two parishes. Today dwindling attendance and financial difficulties threaten the survival of the churches. The fate of the stately parsonage, built in 1877, is now under discussion as the churches struggle to meet the costs of maintenance.

Dugnad: Unique Societal Ritual

In Norwegian culture there are several unwritten social laws that guide the way people conduct themselves and act towards each other. To paint a few examples: one should always greet strangers with “*hei*” when hiking and one should never show up to someone’s house unannounced.

There is another unique social norm in Norway that gets its own name and is practiced by many. It is known as “*dugnad*.” This term does not translate to any English word but can be summarized as a “volunteer day.” ...Norwegians who live in the same area, are part of the same church, or participate in the same sports group, will participate in a voluntary contribution to the community, usually in the form of manual labor.

The funny thing is, though, it’s not really that voluntary. It’s an unspoken rule that you must attend if you get invited, for fear of being socially “shunned” by your community if you do not. It’s not necessarily something that people actively want to partake in, but they do so anyway for the benefit of their community and environment. Some examples of *dugnad* include reorganizing office space at work, participating in a school bake sale, or painting a neighborhood building.

Although *dugnad* is not always looked forward to, it is the perfect place for socialization to occur. It provides participants with a more comfortable setting to converse with those they not normally go out of their way to meet. According to thesocialguidebook.no, “It can be seen as a way to flatten social classes both at work and in society,” So the next time you’re asked to volunteer, live like a Norwegian and “do the *dugnad*.” You may gain far more than you give.

—from Sons of Norway August E-Post



Pop Tabs—

Kristiania lodge will continue to collect aluminum can tabs for our local Ronald McDonald House. A marked collection box will be available at each lodge meeting on the table located on the side wall.—

Monica VanKirk

Sons of Norway
2124 Viola Road NE
Rochester, MN 55906



RETURN SERVICE REQUESTED



Til Minne

HARALD V

February 21, 1937—August 28, 2026

ALT FOR NORGE