



**SONS of  
NORWAY**

*Kristiania Lodge 1-047*

# KRISTIANIA *POSTEN*

2124 Viola Road NE

Rochester, Minnesota

Web page: [www.Kristiania1-47.org](http://www.Kristiania1-47.org)

Facebook: [@sonsofnorwaykristiania.org](https://www.facebook.com/sonsofnorwaykristiania.org)

**NOVEMBER 2024**

Volume 2024 Number 10

## COMING KRISTIANIA EVENTS

(All events held at Our Savior's Lutheran Church unless otherwise noted.)

Saturday, Nov. 9	<b>Bake Sale, Craft Sale and Luncheon</b>	10 am– 1 pm
	Details below.	
Saturday, Dec. 7	<b>Julefest.</b> Dinner and program by Ross Sutter.	12 noon
	Catered pork roast dinner, free for members, \$20 for guests. RSVP by phone or text to <b>Sue Walch</b> at 507-273-4025 before <u>Nov. 29</u> . More details on page 2.	

### *Hilsen Fra Presidenten—*

Greetings to all. I had a wonderful time in Spring Grove during Uffda Fest. **Lucy Phelps** and I had a wonderful Harvest meal in Morristown. Now it's time for us to shine at our Craft and Bake Sale. Please come and enjoy. See you at the lodge.

—President **Sharon Kingsley**



## Sons of Norway Annual Bake Sale and Luncheon

November 9, 10 am—1 pm

We are asking members to bring baked items to sell. For the sale, we prefer Scandinavian treats like almond cakes, *kringle*, *sandbakkels*, *rosettes*, krumkake, flatbread, spritz, *pepperkaker*, fancy cookies, sweet breads. No cupcakes, muffins, or chocolate cookies, please.

Drop off your baked goods at Our Savior's from **4-6 pm on Friday**, November 8, or on Saturday, November 9 from **8-10 am**.

Please package your goodies in clear containers or on plates covered with clear plastic wrap or in baggies. Please package in ½ dozen increments. We will price the items.

Our luncheon menu has had an upgrade—a more Scandinavian flavor! You can expect *pølse med lompe* (frankfurter wrapped in *lefse*), chips, and carrot sticks. For dessert choose *rømmegrøt* or *lefse kling* (or both!)

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

## CHRISTMAS IS COMING!

Christmas is right around the corner, and that means it's time to sign up to ring bells for Salvation Army. The date we have scheduled is **Thursday, Nov. 21 from 10 am to 7 pm**. We will be located at the JC Penney's north door (inside the north entry). It's best to have two people for each 1-hour shift. The sign-up sheet was at the October meeting and will also be at the Bake/Craft Sale on Nov. 9. If you have any questions or want to sign up, please email me at [carolrogelstad@gmail.com](mailto:carolrogelstad@gmail.com) or call me at 507-398-9421. Thank you for considering the opportunity to help Salvation Army.

—**Carol Rogelstad**, Volunteer Coordinator.



**Tusen Takk!** The October chapter meeting treats were furnished by **Jean Mortenson, Betty Danielson, and Carol Volstad**. We thank them and say a big **Tusen Takk**. In November and December we do not need *nisser* as we have no chapter meetings. We hope many will provide Norwegian baked goods to fill our tables for the community folks who love to purchase them. In January and February we will again need *nisser* for our chapter meetings. Remember, if you don't care to bake, you can do cheese and crackers, fruit snacks, or other goodies. We need one more person for January and three for February. Please let **Kathy Rosedahl** know if you are available. Call 507-289-8621.

—**Kathy Rosedahl**, Hospitality Director

## Festival of Trees

Getting in the Christmas mood?

Once again, our lodge is supporting Hiawatha Homes by decorating a tree for the Festival of Trees. This year our tree theme is "A *Hygge* Christmas" and will be decorated with Scandinavian straw ornaments, red bead garland, and a Yule Goat under the tree!

This free festival will be at the Kahler Grand Hotel on  
Friday, Nov. 29 (10 am –7 pm)  
Saturday, Nov 30 (10 am–7 pm) and  
Sunday, Dec. 1 (10 am–2 pm)

Come and see what your Sons of Norway *nisser* have done!  
—**Renee Thoreson**, chief decorating *nisse*

## Yulefest at Kristiania

Please join us for Yulefest on Dec. 7 at noon at Our Savior's Lutheran church. We will enjoy a catered dinner from Gleason's Catering: roast pork, au gratin potatoes, peas, seven-layer salad, cranberry fluff salad, rolls and of course, a table full of delectable Norwegian Christmas treats.

Members are welcome without charge, and the cost for guests is \$20 at the door. Please RSVP by Nov. 29 by phone or text to Sue Walch at (507)273-4025.

Program: Ross Sutter will share a selection of songs from his Swedish heritage as well as from Norway, Finland, and Denmark. He accompanies himself on the guitar, dulcimer, button accordion, and bodhran (Irish goatskin drum). He has performed at numerous venues throughout the region and beyond, from concert halls to libraries and schools, from outdoor festivals to senior centers, and has appeared on "A Prairie Home Companion."

—*God jul!* Sue Walch, co-social director

## Library News

Christmas is coming. Are you ready to try some Norwegian traditions? Our Sons of Nor-



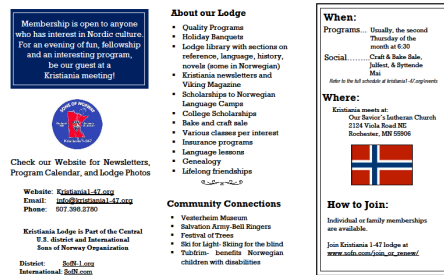
way library can help you get started.

—**Sharon Barsness**, Librarian

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NOTE—Please notify **Kristi Simmons** ([ssimmons10@aol.com](mailto:ssimmons10@aol.com)) or **Lisa Fenton** ([lj.fenton789@gmail.com](mailto:lj.fenton789@gmail.com)) if you know of a Kristiania member who should receive a get-well or sympathy card with greetings from the lodge.

## New recruiting brochure



Several Kristiania board members have recently revised our tri-fold brochure, a tool for recruiting new members. Copies will be available for visitors at the Bake and Craft Sale. Also, members who know of prospective members may take copies to share.

## Til Minne

Lila Eileen Hamre (1926-18 Oct, 2024), widow of former member **Larry Hamre**.



## Cranberries vs. Lingonberries

If you were asked to name a tangy red berry that grows in cool climates, what springs to mind? If you are thinking ahead to Thanksgiving, your first choice may be “cranberry.” But if you’ve recently had lunch at IKEA, you might default to answering “lingonberry.” Are there differences, and if so, what are they?

Let’s start with their similarities. Both berries are tart and have a dark red exterior color. They also both are highly nutritious in vitamins and antioxidants. Cranberries and lingonberries both belong to the same family of berries, which would explain why they overlap in quite a few areas. This makes them versatile in cuisine and you can often substitute one for the other in recipes.

However, they also differ in some ways. In appearance, the lingonberry (also called the cowberry), is smaller in size compared to its close relative. Cranberries are often lighter on the inside, with the flesh being almost white, whereas the lingonberry is more pink or red. Also, while both berries are in high demand, cranberries are more commonly cultivated and farmed, whereas lingonberries are more likely to be harvested from nature. Lastly, lingonberries are just a little bit naturally sweeter than cranberries.

Both berries make an excellent choice in tasty fall dishes, so go ahead and experiment with both this coming season.

—Sons of Norway Newsletter Service

## From our Financial Benefits Counselor:

### CHRISTMAS GIFTS FOR YOUR CHILDREN, GRANDCHILDREN and GREAT-GRANDCHILDREN

I am referring to Sons of Norway's unique policy called **VIKING VOYAGER**, a term policy that can be converted to a permanent policy at age 26, regardless of their health. Here are the policy features:

Issue: ages 0-17

Face amounts: \$10,000, \$15,000, \$25,000

Mode of payment: Annual or Single Payment

Conversion option: To age 25. Convert to three times the face amount.

Sample Single Payment:

Age 0—\$504

Age 10—\$475

Please call me for more details!

—Len Carlson, 651-253-1943



## Tubfrim and Pop Tabs—save your stamps and pop can tabs!

Kristiania lodge will continue to collect aluminum can tabs for our local Ronald McDonald House. A marked collection box will be available at each lodge meeting on the table located on the side wall.—**Monica VanKirk**


We are still collecting stamps for **Tubfrim** to send to Norway to help children and young people with disabilities and handicaps as well as those with serious illnesses. Please bring used stamps with ¼—½ inch border on them to one of our meetings. We will store them in our board room until we take them to the District One office or to a district convention—**Ann Romo**





Sons of Norway  
2124 Viola Road NE  
Rochester, MN 55906


RETURN SERVICE REQUESTED



 Saturday, Nov 9

 10 am-1 pm

 Our Saviors Lutheran Church  
2124 Viola Rd NE, Rochester, MN

 Join us for Lunch!  
Pølse og Lompe, Chips,  
Veggie, Rømmegrøt

# Sons of Norway **BAKE & CRAFT SALE**



Unique Handcrafted items,  
rosemaling, hardanger  
embroidery, knitting,  
woodcarving



Scandinavian sweets: kringla,  
lefse, sandbakkels, rosettes,  
krumkake, almond cake,  
kranscake, pepperkaker,  
cardamom bread, rømmegrøt

See [Kristiania1-47.org](http://Kristiania1-47.org) for event schedule and newsletters!

*Visitors are always welcome*

