



Kristiania Lodge 1-047



# KRISTIANIA *POSTEN*

Rochester, Minnesota

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**April 2019**

Volume 2019, Number 4

## KRISTIANIA APRIL and May 2019 EVENTS

(All events are held at Our Savior's Lutheran Church, 2124 Viola Road NE, unless otherwise indicated.)

April 11	Board meeting	6:00 p.m.
April 11	<b>Chapter meeting.</b> Program: <b>Nancy Ellison</b> , weaver and Kristiania member "Weaving your own wool."	7:00 p.m.
April 18	Library committee. Kristiania Board Room	1:00 p.m.
April 21	<i>God Påske!</i>	
April 27	<b>Meatball Dinner.</b> Entertainment: Renee Vaughan, <b>Swedish Nyckelharpa and Accordion.</b> Cost: \$11 per person. Reservations through <b>Erica Ward</b> (emaiein@gmail.com or 507-884-0392) by <u>April 20</u> .	6:00 p.m. 6:00 p.m.
May 9	Board meeting	6:00 p.m.
May 9	<b>Chapter meeting and Syttende Mai celebration.</b> Program: Janet Martin "Hot dishes, hot pads, hot flashes—the Norwegian way!" Norwegian desserts!	7:00 p.m.
May 18	<b>Social meeting.</b> Potluck. Bring your own tableware and a dish to pass. Program: Piano music performed by Kristiania Sons of Norway Piano Award recipients.	6:00 p.m.

**HILSEN FRA PRESIDENTEN**—We can be proud of the involvement we have had in the Rochester community. It is important that we all get involved in some way, and to make it happen, we need leaders who oversee the tasks. This is how I feel it will work best:

**Overall coordinator** who communicates with the task leaders, and may think of new areas of involvement:

No one has volunteered yet.

**Honk/Squeak/Scratch/Boom:** Thank you, **Dick Norman**, for signing up.

**Festival of Trees:** No one has signed up. It is a great event.

**Salvation Army Bell-Ringing:** Thank you, **Sue Walch**. I can hear the bells!

**Tubfrim Stamp Program:** No one yet. It is not difficult.

**Boxtops for Education (Jefferson School):** Thank you, **Carol Rogelstad**.

**Pop tabs for Ronald McDonald House:** Thank you, **Carol Rogelstad** and **Monica VanKirk**. Good team!

**Delivering leftover food from chapter events:** We need your help.

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.



## Tusen takk!

Thanks to the *nisser* of the Kristiania board who furnished the pies, served, and cleaned up at the Chili/Pie supper on March 14. It was another enjoyable event.

—Kathy Rosedahl, Hospitality Director

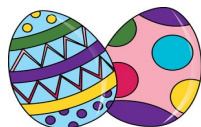
## “Weaving your own Wool”

Nancy Ellison, Program presenter on April 11

Nancy took her first weaving class in Norway in 1968 while attending summer school at the University of Oslo. She returned to Norway in 2005 for a textile study tour. Her aunt and mentor, Marie Nodland, was an accomplished weaver who was a great inspiration. Nancy stays close to her Scandinavian roots—raising sheep, shearing them, then using their fibers to craft traditional Norwegian designs.

Ellison Sheep Farm is an authorized dealer for Ashford, Kromski, Louet, and Schacht spinning wheels, carders, and looms. There are also many handmade, used, or antique wheels and looms for sale. Nancy has one of the largest selections of looms and wheels on display in the Midwest.

*(Some Kristiania members may remember visiting Nancy’s farm near Zumbrota some years ago after our summer picnic.)*



## Kultur

### DO YOU LOVE TO READ?

Please join us! We are making great progress in reorganizing the Kristiania library! The next Library Committee meeting is Thursday, April 18, from 1-3:00 p.m. in our Sons of Norway board room at Our Savior’s Lutheran Church.

### DO YOU LIKE TO SING?

The Nordic Singers will practice after the April 11 evening meeting and before the May 9 meeting at 5:30 p.m. Hopefully we can sing to celebrate *Syttende Mai!*

—Judy Davis, Cultural Director



## Renee Vaughan, program on April 27 at meatball dinner



Renee Vaughan of Woodbury, MN, plays new and traditional Nordic folk music on the *nyckelharpa*, an instrument that has been around in one form or another since the

1300’s. The sound is rustic, earthy, and spiritual all at once. She enjoys high energy *slängpolska*, contemplative *gånglåt*, and beautiful waltzes. Renee performs throughout the Midwest with many different musical constellations, and is a regular at the American Swedish Institute, Høstfest, and Nisswa-Stämmän Scandinavian music festivals.

The catered dinner menu will be Swedish meatballs, brown gravy, mashed potatoes, green beans, tossed salad with dressing, white bread slices, and dessert. Cost: \$11 per person. Please RSVP to **Erica Ward** by email at [emaen44@gmail.com](mailto:emaen44@gmail.com) or by phone at 507-884-0392 by April 20.—Erica Ward, Social Director

**INSURANCE AND FINANCIAL BENEFITS COUNSELOR**—Our Financial Benefits Counselor with Sons of Norway is Michael J. Follese, phone 612-850-6192; [mike@greyfoxfinancial.com](mailto:mike@greyfoxfinancial.com). His address is 15512 Logarto Ln., Burnsville, MN 55306-5134

## Mark your calendars! Kristiania Bus Tour on June 15, 2019

Join us for the annual bus tour on Saturday, June 15. We will leave from Our Savior's Lutheran Church at 8:45 a.m. on June 15 and arrive at about 10:45 a.m. at Norskedalen's Thrunegaarden just west of Coon Valley, WI. The group will be treated to a 90-minute guided tour of Thrunegaarden, satellite property of Norskedalen. This tour is accessible to all, with shuttles available as needed. At the end



of the tour, the group will board the bus for a meal at Brogan's Café in Westby, WI. The buffet meal will include homemade meatballs, potato, vegetable, salad bar, roll with butter, beverage, and dessert. The tour will return to Rochester at about 4:30 p.m. The cost is \$45 per person, and we only have 45 seats available. Please RSVP to **Erica Ward** by email at [emaie44@gmail.com](mailto:emaie44@gmail.com) or by phone at [507-884-0392](tel:507-884-0392). Seats will fill up fast!

—Erica Ward, Social Director

## Archaeologists Find Over 9,000-Year-Old Nut in Sykkylven

Archaeologists in More og Romsdal are very pleased with a discovery they made in Sykkylven this summer—a 9,100-year-old hazelnut.

"The nut was partially burned. So either there was a fire in the area, or someone roasted nuts here about 9,000 years ago," county curator Bjørn Ringstad told Sunnmørsposten.

The nut was found during archaeological surveys on the Bakke Islands in Sykkylven this summer on a site where a new school will be built.

"We also found nutshells in one of the fire pits at the excavations in Auremarka. Then we found a whole pit full of burnt hazelnut shells. But we have not determined their age yet," he says.

The nutshell found in the Bakke Islands was analyzed by a laboratory in the United States. Ringstad says it is a fun find, which proves that hazelnuts have grown on the discovery site for several thousand years—all the way back to the Stone Age.

—Sons of Norway Newsletter Service

## Fish Waste to Power Cruise Ships

A new initiative will use green energy to power ships in Norway. Norwegian company Hurtigruten plans to convert at least six of its cruise liners to use biogas made from fish waste by 2021. Converting the ships to use this fossil-free fuel will reduce greenhouse gas emissions and help efforts to eliminate pollutants.

The reason for using fish waste is due to Norway's high number of fishery sectors and access to high volumes of organic waste, placing Norway in a great position for the biogas market. The ships will also use large battery packs capable of storing energy produced from renewable sources.

In addition to using biogas, Hurtigruten will be banning single-use plastics to create environmental sustainability. Hurtigruten's numerous efforts will help decrease the ships' negative impact on the environment and will be a solid step toward environmental preservation. To learn more about Hurtigruten's efforts in going green, visit <https://www.hurtigruten.com/us/press-releases>.

—Sons of Norway Newsletter Service

## Looking Back with Byron

*I was looking back at some articles I had written in the past, and here is one for 2006:*

"I was doing a little research on the great Norwegian artists. Henrik Ibsen was born in 1828 and died in 1906, and during those years contributed to the world drama and poetry. Bjørnstjerne Bjørnson, a renowned author, was born 1821 and died 1910. Then came along Edvard Grieg, who gave the world great music. Hardly a day goes by that you don't hear some of it on classic radio. He was born in 1843 and died in 1907, and during that time communicated a lot with the previous two artists. Edvard Munch, painter with growing world wide appreciation, was born in 1863 and died in 1944.

Many of our ancestors came to the US from Norway during the same time frame (when) these great artists made contributions to the world."

—Byron Stadvold



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<p>Kristiania <i>Posten</i> is the newsletter of Kristiania 1-47 in Rochester, MN, and is published eleven times a year.        Redaktør: VJ Anderson, 44 County 16 Road SE, Rochester, MN 55904; 507-289-3794; verlajeana@aol.com.</p>	 <p>507-288-3772 <a href="http://pepsirochester.com">pepsirochester.com</a>        3393 Commercial Drive SW        Rochester, MN 55902</p>	 <p><b>SONS of NORWAY</b>        District 1</p>