



*Kristiania Lodge 1-047*



Happy Spring!

# KRISTIANIA *POSTEN*

Rochester, Minnesota

Phone: (507)206-6262;

Web page: [www.Kristiania1-47.org](http://www.Kristiania1-47.org)

Facebook: [@sonsofnorwaykristiania](https://www.facebook.com/sonsofnorwaykristiania)

**APRIL 2021**

Volume 2021 Number 4

## Hilsen fra Presidenten

As I write this article, we are in the midst of warmer, sunny weather. I am seeing people out for walks, just enjoying the nice weather. We also have seen some restrictions, due to COVID, relaxed or lifted. Though we are not able to meet in person yet, I hope you will be able to enjoy activities that have been restricted due to the pandemic. As we move forward, hopefully our in-person activities will resume soon.

For our March board meeting, we gathered virtually. We discussed the book club meetings and upcoming bread give-away. The plans for both are well-organized and ready for the events. We also discussed plans for the scholarship program. As of this article, we have received applications and look forward to the review process.

One of the topics at the board meeting was the need for continuous leadership on our board and various committees. During the pandemic, most of the officers have had little to do other than to attend the board meetings virtually, but that involvement is also important. When we have our board and committee roles filled, we are able to ensure a variety of different experiences, knowledge, and ideas as we make decisions for the lodge. This helps us offer a higher quality of programming to our membership. Another concern with having leadership roles unfilled is ensuring our compliance with our by-laws and non-profit status requirements. In order to preserve the health of our lodge for the present and future, it is vital that we ensure continuous leadership. A goal of our two-year terms is to allow for leadership to be refreshed with new leaders as needed and to allow people more flexibility as they volunteer. If you are interested in volunteering, please check out our list of open positions on the right, and contact me.

Happy Easter!

—Erica Ward, Presidenten

### Open Board Positions:

Vice-President

Publicity/Marketing Director

Librarian

Trustee



**Finnish Pulla Bread Giveaway** was deemed a success despite cool, wet weather.

In photo at left **Dale and Andrea Phillipson** receive their loaf from **Ann Romo**.

The bread was baked at Great Harvest Bakery. Others involved in the distribution

were: **Shelly Spallees Hansen, Kristi Simmons, Erica Ward, Wayne and Carol**

**Rogelstad, and Dave and VJ Anderson. Lisa Fenton, Social Director, organized..**

### In-Person Meetings Remain on Hold

**The 2021 Kristiania Yearbook will be published and mailed when it is possible to plan to hold meetings at Our Savior's again.**

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

## UPCOMING DATES AT KRISTIANIA

March 31—Scholarship application deadline

April 10—Book club discussion with author  
(see article on next page)

## TIL MINNE

**Elizabeth Ann Gallanis**

26 July 1938—20 February 2021

### From our Financial Benefits Counselor, Len Carlson

.LAZY MONEY!!! WHAT IS LAZY MONEY??

It's money sitting in your savings account, checking account or in a bank CD. What do these have in common? You are earning hardly any interest. LAZY MONEY is also money that you aren't going to spend and are going to pass on to your children.

ENTER A SOLUTION FOR OLE:

Ole, age 65, has \$30,000 in a savings account earning hardly any interest plus he's never planning to spend the money, therefore wanting to pass it along to his children. What's a solution?

Ole purchases a SINGLE PREMIUM WHOLE LIFE policy where \$30,000 buys a \$50,000 policy. What's been accomplished:

- Ole's children split \$50,000 instead of \$30,000.
- The \$50,000 is paid out directly to them—no probate—income tax-free.
- All Ole did was transfer the money from the bank to a \*Sons of Norway Single Premium Whole Life Policy. Ole didn't spend any money!

This is an example of how to pass along more wealth to your children, income-tax-free. Please give me a call to see how this concept can dramatically increase the amount of money that you can transfer to your heirs. It doesn't cost you anything to learn more. I will be happy to meet with you.

\*You need to qualify medically to get the SINGLE PREMIUM WHOLE LIFE POLICY.

Len.carlson254@gmail.com 651-253-1943

### DIRECT REPORT FROM NORWAY— EASTER IN NORWAY: SKIING, CRIME AND LAMB!

The last ski trip of the season, reading crime novels, and eating lamb on Easter eve are some of the strongest traditions in Norway.

"Everybody" goes to their cabin in the mountains to celebrate Easter. All schools are off the whole Easter week and resume Tuesday after Easter. We have as many as four public holidays: Thursday, Friday (Good Friday) Easter Sunday and second day of Easter (Monday). No stores are open those days, so why not go to the cabin in the mountains instead? This is usually the last chance of the season for skiing. The sun is usually warm, and the light is bright with all the snow. In a "normal" year a lot of Norwegians travel to a southern destination, but with this year's travel restrictions, international travel is out of the question. Last year, most peoples' Easter at the cabin was ruined because of the travel ban between communities in Norway.

Another tradition is to read one or more crime novels. Almost every TV channel has some kind of crime series over Easter. "Påskekrim" (Easter crime novel) is a well-known expression in the Norwegian language.

The tradition of eating lamb on Easter eve has to do with the Christian Easter story: The lamb of God that was slaughtered. All stores have sales on a leg of lamb in the weeks before Easter.

A lot fewer people go regularly to church in Norway compared to the US, so also over Easter. But many churches follow the skiers to the mountains and offer outdoor services where the skiers are. That way the churches can reach people that almost never go to church.

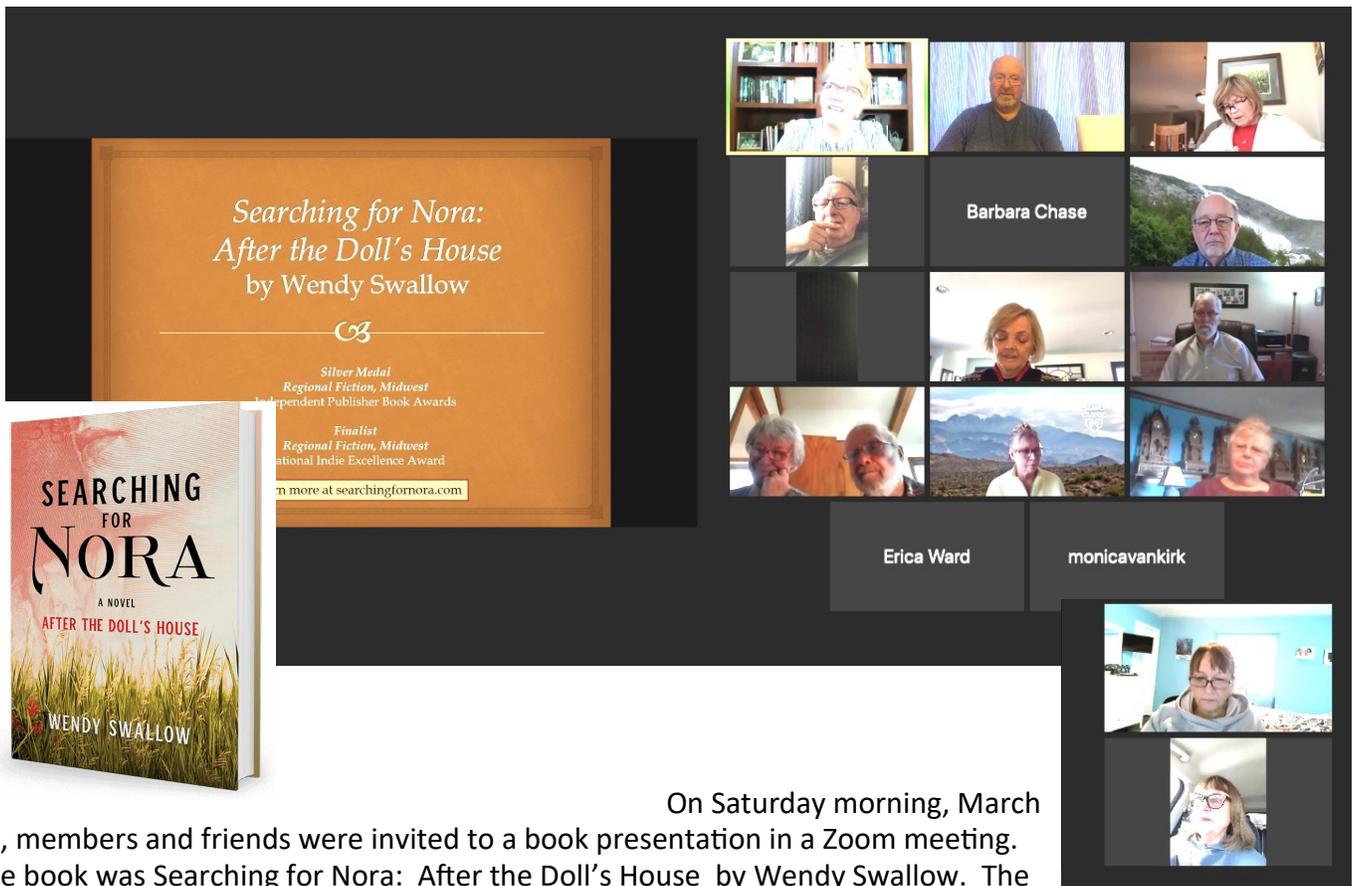


**Påskegudstjeneste**  
(Easter church service at ski area.)

—Erling Hansen,  
writing from  
Rennebu,  
Norway

Please continue to watch for updates in lodge emails, on the website ([www.kristiania1-47.org](http://www.kristiania1-47.org)), or on the Facebook page (@sonsofnorwaykristiania). If you know fellow members who do not have access to electronic media, please pass information to them by phone. You may phone any of the lodge officers if you have questions. Their contact information can be found on pages 3-5 of your 2020 Kristiania yearbook.

**VIRTUAL BOOK CLUB MET WITH AUTHOR; DISCUSSION WILL TAKE PLACE  
APRIL 10 FOR KRISTIANIA MEMBERS AND FRIENDS**



On Saturday morning, March 13, members and friends were invited to a book presentation in a Zoom meeting. The book was Searching for Nora: After the Doll's House by Wendy Swallow. The author herself did the presentation from her home in Nevada. She is shown on the screenshot (*skjermbilde* in Norsk) in the upper left corner. Around 16 or 17 members and friends participated from three different states and two countries! After the presentation the members are going to read the book and then have another Zoom gathering to discuss the book. The novel is based on Nora, the main character in Ibsen's play A Doll's House. At the end of the play, Nora walks out of the house and leaves her husband and children. Wendy Swallow has written a novel about what might have happened to Nora afterwards. In her story she ends up emigrating to America, and we find her on the prairie in Minnesota!

Join the group on Saturday, April 10 at 10 a.m. to discuss the novel. Send an email to :

**hansens@uwstout.edu** or **erling@noramtours.com** to receive the Zoom link.

The book can be ordered from Itasca Publishers in Minneapolis, from Amazon or on ebooks.

—Erling Hansen, Co-Director of Culture



**Check us out on Facebook**

Lodge event photos, interesting articles, and meeting reminders are on Facebook! Our lodge page is public, which means **you don't have to have a Facebook account** to view our posts. Go to:

<https://www.facebook.com/sonsofnorwaykristiania/>

Weather-related announcements will be communicated through Facebook. —Lisa Fenton, Webmaster

**You Have Mail!**

Send us an Email!

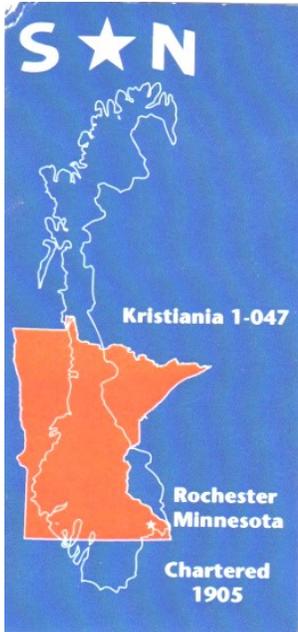


We would like to update the Lodge Email and telephone contact list. **Please send us an email** at : [info@kristiania1-47.org](mailto:info@kristiania1-47.org) and include your name and phone number. Please tell us if we can send text messages to that number. *Takk!*

Sons of Norway Dist Lodge 1  
 2124 Viola Road NE  
 Rochester, MN 55906

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<p>Kristiania <i>Posten</i> is the newsletter of Kristiania 1-47 in Rochester, MN, and is published eleven times a year.        Redaktør: VJ Anderson, 44 County 16 Road SE, Rochester, MN 55904; 507-289-3794; verlajeana@aol.com.</p>	 <p>507-288-3772 <a href="http://pepsirochester.com">pepsirochester.com</a>        3393 Commercial Drive SW        Rochester, MN 55902</p>	 <p><b>SONS of NORWAY</b>        District 1</p>