



**SONS of
NORWAY**

Kristiania Lodge 1-047



KRISTIANIA *POSTEN*

Rochester, Minnesota

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AUGUST 2019

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KRISTIANIA AUGUST AND SEPTEMBER 2019 EVENTS

(All events are held at Our Savior's Lutheran Church, 2124 Viola Road NE, unless otherwise indicated.)

August 8	Picnic potluck. Oxbow Park, Byron, MN (Between the Nature Center parking lot and the playground. In case of rain, possibly in the Nature Center. Stay tuned!) Bring a dish for the potluck as well as your own table service and beverage.	5:30 p.m.
Sept. 12	Board meeting	6:00 p.m.
Sept. 12	Chapter meeting. Speaker: Dr. Beverly Nagel. "Courtship and Marriage Customs in 1850's Norway"	7:00 p.m.
Sept. 28	Potluck. Bring your own tableware and a dish to share. Family-friendly movie viewing: "Magic Silver"	6:00 p.m.

HILSEN FRA PRESIDENTEN

I rang the bell this morning in the waiting room at Mayo Clinic, and a bunch of strangers with big smiles on their faces gave me a big round of applause. It was very heart-warming and reminded me of our Sons of Norway get-togethers when sandwiches, desserts, and coffee are served with visiting and lots of laughter. A big part of our chapter is the support we offer to each other.

The picnic at Oxbow Park on August 8 begins the 50-year celebration of the park, which officially starts the following Saturday, August 10.

Our very interesting Sons of Norway programs this fall will be fun to share with some of your friends who do not belong to our chapter. They can witness our friendship like ringing the bell.

—Byron Stadvold

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

Minutes of Kristiania Chapter Meeting— June 13, 2019

Byron Stadvold welcomed those in attendance to an evening of fellowship. **Beth Haaland** played piano for the three national anthems, and the Pledge of Allegiance was recited. Tonight's guests included a friend of the **Rogelstads** and **Eric** (member), Tracy, Adam, Jacob, and David **Barsness**. David Barsness is one of this year's scholarship winners; **Bob Rosedahl** introduced him to the lodge, and Byron presented him with his scholarship certificate.

Kathy Rosedahl introduced tonight's servers, and **Judy Davis** presented **VJ Anderson** with a cultural pin for Norwegian Literature, Level II. **Ann Romo** reminded those going on the Norskedalen bus trip about where to park and when the bus would be leaving.

Lars and Lars each told a story about some of our favorite characters, Lena and Sven. Byron reminded everyone of the potluck picnic in Oxbow Park at 5:30 p.m. on August 8. The group sang "Happy Birthday" to **Sarabeth Watson**. The business meeting then adjourned in preparation for the evening's program.

Tonight's program was presented by David Glomstad on the 15th Wisconsin Volunteer Infantry, also known as "The Scandinavian Regiment." The only fully Scandinavian regiment of the Civil War, it is estimated that 90% of its members were born in Norway, with the remainder being immigrants from Sweden and Denmark. David, who participates in American Civil War reenactments, walked us through the major battles in which the 15th took part before they mustered out late in 1864. For more information on this interesting topic, David suggested the websites www.wisconsinhistory.org and www.nagcni.org, and books such as [Colonel Heg and His Boys: A Norwegian Regiment in the American Civil War](#); [The Civil War Letters of Colonel H.C.Heg](#); and [Ole goes to war: Men from Norway who fought in American's Civil War](#).

Respectfully submitted, **Kristi Simmons**, Secretary



July 29 is Flag Day in Norway.

It is also *Olsok*, or St. Olaf's Day.

New in the Kristiania Library—

In addition to the books by Janet Martin listed in the June *Posten*, the following books and DVD are also available for check-out from our library:

[Lutheran Church Basement Women: Lutefisk, lefse, lunch and Jell-O](#). Recipes, pictures, and commentaries on church cooking, including essays on "Why Lutherans call their desserts 'bars'"; "Twenty statements heard by proper, cheerful Lutheran Women (Christian)," and "Types of Lutheran Church Basement Women (Mary Types and Martha Types)"

[Our Beloved Sweden. "Food, Faith, Flowers and Festivals."](#) "A book of wonderful old recipes, courageous and heart-warming faith stories and memories of how Swedish traditions have been celebrated, preserved and promoted in the United States."

[Return to the Future](#) by Sigrid Undset. Translated from the Norwegian by Henriette C. K. Naeseth. This book details the author's personal account of her perilous flight from Norway to Sweden, across Russia to Japan, and finally to the United States and includes her vision for an unknown future.

[Jiggle Your Jell-O](#) "Fun with Fitness...Fun with Those Lutheran Ladies. (DVD) Watch those Lutheran Ladies work out with instructor Anson. Bewildered and "REMEMBER: Really Stir Stuff Up or—just like Jell-O—your brain, your body and your life will get all rubbery!"

—**Sarabeth Watson**, Librarian

Today's Tech Reveals Viking Burial Ship

One can only imagine what the Vikings of old would think if they knew the burial ship of their long-entombed brethren was discovered millennia later by technology known as ground penetrating radar (GPR).

That is exactly what happened in March 2019 in the well-known Borre National Park in Vestfold County, south of Oslo, where a team of experts discovered the outline of the Viking vessel by using GPR. The exciting find complements an array of other Viking graves and burial mounds in the park, the most anywhere in Northern Europe. Some of the graves are estimated to date back to the 7th century. The "boat graves" are believed to be the final resting place of Vikings belonging to the upper-echelon, including kings.

GPR uses radar pulses to image the subsurface and detect objects via reflected signals. This method...does not disturb objects revealed by the technology.

—Sons of Norway Newsletter Service

INSURANCE AND FINANCIAL BENEFITS COUNSELOR—Our new Financial Benefits Counselor with Sons of Norway will be announced in the near future.

Bus tour to Norsekedalen's Thrunegaarden



Kristiania members tour Thrunegaarden. The white building is the original log house built in 1853.



One of the log buildings from immigration times brought to Thrunegaarden from a farm in the vicinity.

On June 15 approximately 40 members of Kristiania Lodge boarded the bus for a trip to Thrunegaarden, the Norsekedalen Heritage Site just outside of Coon Valley, WI. The 43-acre property has 13 restored pioneer log buildings, including a school house, and is operated as an open-air museum. While some of the buildings have been brought onto the site from other locations, the original log house, built by Nels Skumsrud in 1853, is considered to be the oldest surviving house in the area. There is also a museum onsite which features the exceptional wood carvings of Lloyd Thrune, the last person to live on the property, and rosemaling done by his wife Agnes and his sister Ruth.

After the tour of Thrunegaarden, the group ate lunch buffet-style at Borgen's Café in Westby, WI. The main feature was their well-known homemade meatballs with mashed potatoes and gravy, and to finish things off, there was lots of pie. Before heading home, many made their way to Dregne's Scandinavian Gifts just across the street, which carries almost everything that a Scandinavian would want!

—by Kristi Simmons
—Photos by VJ Anderson

Tusen takk...

...to the *nisser* Sarabeth Watson, Joan and Roger Olson, and Gary and Alice Blom, who so willingly and graciously performed lunch duty at the chapter meeting on Thursday, June 13, when a great program was followed by great fellowship time and a great lunch.

—Kathy Rosedahl, Hospitality Director

From the Social Director, Erica



Ward

Summer is well underway with fall rapidly approaching. I hope you have had a chance to get out and enjoy the summer thus far. Thinking of fall, we will be starting our program planning committee meetings in a few months to plan for the 2020 programs. If you would like to participate in this committee, please let Erica Ward know either by email (emaie44@gmail.com) or phone (507-884-0392). Also, if you have any suggestions for programs, please send the idea/information to Erica Ward.



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<p>Kristiania <i>Posten</i> is the newsletter of Kristiania 1-47 in Rochester, MN, and is published eleven times a year. Redaktør: VJ Anderson, 44 County 16 Road SE, Rochester, MN 55904; 507-289-3794; verlajeana@aol.com.</p>	 <p>507-288-3772 pepsirochester.com 3393 Commercial Drive SW Rochester, MN 55902</p>	 <p>SONS of NORWAY District 1</p>