



**SONS of  
NORWAY**

*Kristiania Lodge 1-047*



# KRISTIANIA *POSTEN*

Rochester, Minnesota

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## HILSEN FRA PRESIDENTEN

I hope this *Posten* finds you feeling healthy and safe and able to enjoy the summer, especially less humid days. Though some of the days have recently been very humid and hot, I am thankful that they have not reached the very high temperatures the southwest US has been experiencing.

As I was looking for things to mention in my article, it took time to find topics outside of the recent coronavirus efforts and health counts. I noticed that in the last three weeks I have been reading up on and saving more information about places I would like to travel to when this pandemic is over. My parents instilled a sense and love of travel in me through our yearly family trips, mostly US-based with a couple of international trips. My husband Victor and I have continued this tradition with our kids. Hopefully, we will be able to travel again soon and continue experiencing the differences the world has to offer.

In the meantime, while we wait (at times impatiently) for this pandemic to end, I hope you are able to enjoy the two articles noted below, from two travelers on very different trips. Since we recently heard from a speaker who volunteers at the Iditarod Trail Sled Dog Race, I thought this article "Historic plane to transport Thomas Waerner home to Norway..." from June 2, 2020, was timely. Thomas Waerner from Norway won the 2020 Iditarod race. As he finished the race in March, things began to close down in the US due to the coronavirus pandemic. Between the flight cancellations and travel restrictions, Thomas was stuck in Alaska. The article talks about Thomas' journey to find a way home for his sled dog team and himself and the unique way they finally took. <https://edition.cnn.com/2020/sport/lditarod-thomas-waerner-norway-stranded-spt-intl/ind>.

The second article describes a very different type of trip. Terry Ward, a freelance travel writer and scuba diver, took a trip on a sailboat with four other crew to the Arctic archipelago of Svalbard for her biggest adventure before settling down to have a family. Terry writes about her adventure, which took place several years prior, in "One woman, four men and several weeks in Norway's Arctic ice." <https://edition.cnn.com/travel/article/svalbard-norway-arctic-ice.index...>

Until our next meeting, I hope you are able to connect with others online, through email, on the phone, while remaining safe and socially distant.

If you know someone from the lodge who is not receiving the *Posten* by email, please let them know about the option. They can join the mailing list either through the option on our website, [www.kristiania1-47.org](http://www.kristiania1-47.org) or by emailing our Social Director **Lisa Fenton** at [lj.fenton789@gmail.com](mailto:lj.fenton789@gmail.com). Please let any of the board members know if you would like to join the board or volunteer to help our.

—Erica Ward, President

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

## Til minne

In memory of the following Kristiania members who have died since our last meeting in February and for whom no moment of silence has been observed:

**Kenneth R. Williamson**, died March 14, 2020

**Elva C. Steffenson**, died May 2, 2020

**Ardis J. Witte**, died July 21, 2020

## Lars and Lars reporting in.....

Sven has a new job. He has been hired by the Rochester Police Department to protect the residents of our city. He is very proud of the first arrest he made on his first day on the job. He arrested a quack in downtown Rochester who was selling an elixir that he claimed would extend your life for an unlimited number of years. Sven was particularly proud when he learned that this wasn't the first time he had been arrested for selling the same product. He had been arrested three times before, first in 1749, again in 1823, and again in 1972. Sven thinks he must be really dumb to think he can get by with it again in 2020.

Lars' other brother Lars says: Fast forward to 2053. Lena was just getting up to a beautiful morning. She had to go to the bathroom. When she gets there, she finds she's out of toilet paper. She goes to the closet and gets the last roll....the last roll she bought in 2020.

(Takk to Kristiania's two Lars brothers, **Bob Rosedahl** and **Lars Romo**, for providing us with their own brand of Scandinavian humor.)

Please continue to watch for updates in lodge emails, on the website ([www.kristiania1-47.org](http://www.kristiania1-47.org)), or on the Facebook page (@sonsofnorwaykristiania). If you know fellow members who do not have access to electronic media, please pass information to them by phone. You may phone any of the lodge officers if you have questions. Their contact information can be found on pages 3-5 of your 2020 Kristiania yearbook.

## From our Financial Benefits Counselor, Len Carlson

Sons of Norway has many great products to provide peace of mind to you and your family. One of those products is a Simplified Issue Whole Life product that requires no physical or blood draw, instead just a few medical questions. For example, a 70-year-old male can purchase a \$10,000 life insurance policy for \$7,500; this could be used to pay for final expense. You would name a beneficiary, who would receive the proceeds to pay the final expenses to the funeral home. Whatever is left over, the beneficiary would keep.

For those who have medical issues and would not qualify for life insurance, we have a Guaranteed Issue Whole Life, where there are no medical questions; you are guaranteed coverage, and once you have the policy, the premiums never increase. Issue ages are up to age 85.

How about coverage for younger people who have families, a mortgage, debts, etc.? Term insurance may be the answer. Sons of Norway has 10-, 15-, 20-, and 30-year term products. Perhaps you have children and grandchildren who should be looking at this type of coverage.

My cell phone is always available to take your call, and my laptop is eager to accept your emails. 651-253-1943 or

Len.carlson253@gmail.com

## From Cultural Director Judy Davis



Congratulations to VJ, **Verla Jean Anderson**, for completing Part 3 of the Literature Unit of Cultural Skills.

Her featured report was on the book Two Homelands by Odd S. Lovell. Jana Velo, SON International Cultural Director, states that VJ made good points in this report: Norwegians place high value on education, on preserving tradition, and also show great perseverance in the face of hardship.

Cultural Skills@SofN.com

—Kristiania SoN Cultural Director **Judy Davis**

## The Royal Palace Buried Treasure

During World War II, the Norwegian royal family hastily abandoned the royal palace as Hitler's army began its invasion of Norway. Although the family managed to flee to safety, they left behind many precious belongings, including the royal jewels.

Two years later, a Nazi collaborator named Vidkun Quisling took great interest in the royal palace and the abandoned treasures inside. However, upon entering the castle, he discovered the valuables were missing.

Fortunately, Carl Otto Løvenskiold, head of the royal court, had decided to safeguard the royal jewelry when the monarchs fled. In the middle of an April night, he went to the palace and packed the jewels into five large suitcases. He took them to his family's cabin, deep in the forest near Oslo, and buried them under the woodshed. The jewels remained hidden there for five years.

When the war ended in 1945, Løvenskiold returned the royal jewelry back to the palace. His efforts earned him The Royal St. Olav's Order and a personal thank-you letter from the king. —SON Newsletter Service

## Norway's Booming Surf Scene

Surfing is classically associated with tropical islands and sunny California, but recently an unlikely new hotspot has emerged: the frigid waters of northern Norway. As wetsuit insulation technology has advanced over the past decade, it has opened up new possibilities for thrill-seeking surfers to revel in the icy waves and rugged beauty of the Norwegian Sea.



In years past, early Nordic surfers improvised their own protection from the cold by soaking wool sweaters in oil and duct-taping rain gear and dishwashing gloves to their bodies. They also coated their skin in petroleum jelly for added insulation from the cold water. By contrast, today's modern wet suits are warm, flexible and lightweight, offering a completely different experience—some even include battery-powered heaters.

More than 100 miles above the Arctic Circle, Norway's Lofoten Islands are home to the world's northernmost surf competition. Elsewhere in Norway, a growing number of enthusiasts—including Norway's royal family—are braving the chill to catch waves beneath the northern lights or midnight sun.

—SON Newsletter Service

## TUBFRIM Stamps

A reminder to all to cut off your used postage stamps to send to Norway for the TUBFRIM program. Leave a ¼ to ½ -inch border around all sides. Please bring to a chapter meeting to deposit in our TUBFRIM container. The stamps are sold (to collectors), and the profits are used to help children and youth with disabilities, and children and youth with handicaps, in Norway and to finance the efforts to eradicate tuberculosis.

—Ann Romo, Volunteer for TUBFRIM

How's your Norwegian?

( Matching)

Hva heter du?

What time is it?

Hvor bor du?

Where do you live?

Hvor mange er klokka?

Thanks for the food.

Takk for maten.

What's your name?



## Check us out on Facebook

Lodge event photos, interesting articles, and meeting reminders are on Facebook! Our lodge page is public, which means **you don't have to have a Facebook account** to view our posts. Go to:

<https://www.facebook.com/sonsofnorwaykristiania/>

Weather-related announcements will be communicated through Facebook. —Lisa Fenton, Webmaster

## You Have Mail!

Send us an Email!

We would like to update the Lodge Email and telephone contact list. **Please send us an email at**

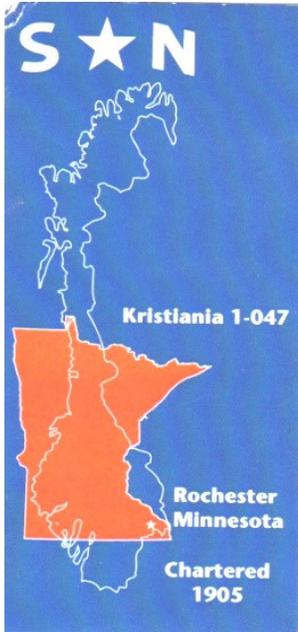
[info@kristiania1-47.org](mailto:info@kristiania1-47.org) and include your name and phone number. Please tell us if we can send text messages to that number. *Takk!*



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 Sons of Norway member!



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