



**SONS of
NORWAY**

Kristiania Lodge 1-047



KRISTIANIA *POSTEN*

Rochester, Minnesota

Phone: (507)206-6262;

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MARCH 2019

Volume 2019, Number 3

KRISTIANIA MARCH and APRIL 2019 EVENTS

(All events are held at Our Savior's Lutheran Church, 2124 Viola Road NE, unless otherwise indicated.)

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| March 14 | Chili/Pie Supper. Program: Public Television Documentary on the Stavig Letters. Chili and toppings. Pies furnished by board members. Cost: \$5.00. | 6:00 p.m. |
| March 21 | Library committee. Join us in the board room. | 1:00 p.m. |
| March 23 | Ethnic Dinner. Greek Dinner. Entertainment by Greek dancers
Please make reservations before <u>March 17</u> through Erica Ward
(emaie@gmail.com or 507-884-0392) Cost: \$11 per person | 6:00 p.m. |
| April 11 | Board meeting | 6:00 p.m. |
| April 11 | Chapter meeting. Program: Nancy Ellison , weaver and Kristiania member | 7:00 p.m. |
| April 27 | Meatball Dinner. Entertainment: Renee Vaughan, Swedish Nyckelharpa and Accordion. Reservations through Erica Ward
(emaie@gmail.com or 507-884-0392) | 6:00 p.m. |

HILSEN FRA PRESIDENTEN—

Greetings on a snowy afternoon that is being made very bright by listening to Grieg's music, "Improvisations on Norwegian Folk Songs," on old-fashioned CDs. It is also an interest of mine to read a little history of Norway. A carving on an old rock depicts a human figure on skis and is believed to be 4,000 years old. Imagine out gliding on this nice white stuff. Enjoy it whether you can glide or view its beauty.

I was impressed with how we all seemed to enjoy the last (Jan. 19) meeting even though the speaker could not make it due to the weather. The food was great as usual, and so were the stories contributed by members, the group singing, and best of all, the fellowship. For me, it was grand and helped process another day with good friends. Keep it up; you all have good to share with each other. —**Byron Stadvold**

Board Retirements

We want to acknowledge and thank two board members who have retired from the board after years of dedicated service as Trustees. **Don Olson** and **Dean Vigeland** have served faithfully in the capacity of Trustee for many years. We welcome **Bob Ronningen**, who has agreed to fill Dean's position, and **Ann Romo**, who will replace Don. Please thank Don and Dean for their dedication and pledge our support to Bob and Ann as they serve as our new Trustees.

—**Bob Rosedahl**, Trustee

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

HELP WANTED !!

We need help before each meeting to set up chairs and tables according to a diagram I have available in advance. Two people can do this in about a half hour. I would like you to sign up in advance, possibly by the month. Mark down in your new 2019 yearbook when you will be able to help, and at the next meeting a sign-up sheet will be sent around for you to enter your name on the list. If you could help, please give me a call at 288-1409. Thanks!
Byron Stadsvold



Members **Bob Rosedahl** and **Judy Davis** entertained as substitute story-tellers at the January potluck. Photo: **Barry Dahl**

Tusen takk!



Many *nisser* have been up to doing amazing tricks once again in 2019. In January great sandwiches and sweet treats appeared and were served by **Ray and Mary Beard, Dave and VJ Anderson, Monica Van Kirk, and Sonja Galstad.**

On February 14, *nisser* were once again up to good tricks as great sandwiches and sweet treats were waiting to be enjoyed by appreciative Norwegians. These *nisser* were **Dale and Andrea Phillipson, Monica Van Kirk, and Lois Wilkes.** *Nisser* and their good tricks are very much appreciated by Kristiania Lodge!

—**Kathy Rosedahl**, Hospitality Director



SNOWBIRDS AND WINTER TRAVELERS!

Keep the *Posten* editor advised of your winter address and the effective dates! Bulk mail is not forwarded, and Kristiania is required to pay postage on the returned copies. *Takk!* verlajjeana@aol.com or 289-3794

Reminders

March 9—DNA & Family History Workshop, 2300 Viola Heights Drive NE, 10:00 a.m.—12:30 p.m. and 1:15—3:45 p.m., two classes, free. More info and registration at: dnaworkshop9@gmail.com or 801-263-1837.

March 12—Start of Beginning Norwegian Class. Register with Hanne Lucier by March 5. hannelucier@gmail.com See February *Posten*, p. 3, for details.

March 31—Postmark deadline for scholarship applications. Forms available on our website: www.kristiania1-47.org. Other details in February *Posten*, p. 2.

Oslo Ranked 2nd Healthiest City in the World

Oslo was recently named the world's second healthiest city. Using key metrics like life expectancy at birth and work-life balance, the online home rental company, Spotahome, created a healthy index to rank 89 global cities. Of the global cities analyzed, Oslo and Helsinki were the only two Scandinavian countries to make the top 10.

While it's no secret that Norway continues to top lists for work-life balance and happiness, Oslo also scored particularly high in green space, life expectancy and air/water quality. Since the city has already unveiled plans to go green by 2025, it's easy to see why it ranked so high. The initiative includes making the city center car-free, and adding more pedestrian and bike friendly areas.

Additionally, the life expectancy in Norway is 84 years for women and 81 years for men, which is among the highest in the world. In total, Oslo scored an average of 6.61 points out of 10. Amsterdam took the number one spot on the list with an average of 6.97 points. To view the full list, visit spotahome.com/healthiest-cities-world. —Sons of Norway Newsletter Service

INSURANCE AND FINANCIAL BENEFITS COUNSELOR—Our Financial Benefits Counselor with Sons of Norway is Michael J. Follese, phone 612-850-6192; mike@greyfoxfinancial.com. His address is 15512 Logarto Ln., Burnsville, MN 55306-5134

Kristiania Chapter Meeting — February 14, 2019

Byron Stadvold welcomed those in attendance to an evening of fellowship. **Judy Davis** played piano for the three national anthems, and the Pledge of Allegiance was recited. Members willing to coordinate one or more of the lodge's outreach activities (e.g., Festival of Trees, Salvation Army bell-ringing) are asked to consider volunteering, and help is requested to set up before chapter meetings and social events.

Maxine Thoreson has had surgery and is recuperating at Charter House.

David Anderson, Treasurer, presented the 2018 Financial Report. **VJ Anderson** passed out a flyer for a genealogy workshop on March 9 at the nearby Church of Latter-Day Saints.

Judy Davis invited members to join her, **Sarabeth Watson**, and **Ann Romo** in the board room on the 3rd Thursday of each month from 1:00—3:00 p.m. to get acquainted with the library and possibly to work on the Norwegian Literature Cultural Skills program. The next meeting is scheduled for February 21, 2019.

Sessions of the intermediate Norwegian language class have begun, but students are still welcome to join. The beginner class will start on March 12.

Guests: Sharon Peterson is visiting at the invitation of **Carol Rogelstad**. **Kathy Rosedahl** thanked tonight's servers: **Monica Van Kirk**, **Dale** and **Andrea Phillipson**, and **Lois Wilkes**. **Lars** and **Lars** showed up for a brief chat.

Erling Hansen, whose family recently joined Kristiania Lodge, gave an overview of Trønderlag of America Norway Tour 2019, which he will be leading this summer. More information can be found at:

<http://amerikabussen.no/reiser/tronderlag-norway-tour>.

Members were then treated to a delightful program by **Jasper Bond**, an artist and potter from Sauk Rapids, MN. Jasper spent 24 seasons volunteering at checkpoints along the Iditarod Dog Sled Race in Alaska. He provided a viewpoint of the race known only by those who have experienced it in person, and his friendly manner and well-honed presentation skills engaged the room. Well worth hearing again, if you get the chance.

Respectfully submitted, **Kristi Simmons**, Secretary



Jasper Bond, his parka, and his "dogs"



Photos:
Barry Dahl

Kultur

Library Committee Meets

Our Kristiania Library Committee is open to SON members interested in Norwegian literature and/or earning a SON Cultural Skills pin. We meet monthly, the third



Thursday, from 1-3 p.m. . Please join our group on Thursday, March 21 at 1:00 in the board room. Questions may be directed to Cultural Director **Judy Davis**, jndavis2002@yahoo.com.

Stitching Group

Any members interested in the Stitching Group, please contact **Renee Thoreson**, lostfjord@gmail.com

— **Judy Davis**, Cultural Director

March Programs

March 14 at 6:00 p.m.: Chili and Pie Dinner. We will watch the Stavig Letters documentary, based on a little-known treasure collected by the descendants of a Norwegian immigrant to South Dakota. Over more than half a century, between 1881 and 1938, immigrant Lars Stavig, who settled near Sisseton, and his brother, Knut, a farmer/fisherman in Norway, and family members exchanged dozens of letters. Both families kept their letters, and these treasures finally came together in the late 20th century to provide a first-hand look at the immigrant experience.

March 23 at 6:00 p.m.: Ethnic Dinner. Greek dancers and food! Join us for a night filled with Greek food and Greek dancers performing. Meal: gyro meat, tzatziki sauce, pita bread, rice pilaf, Greek salad, baklava. Cost: \$11 per person. —**Erica Ward**, Social Director

From the Lodge Historian:

I depend on members to supply me with information for the lodge scrap book, such as newspaper clippings of lodge events, member highlights, etc. Also if you have photos you want in our photo album, please send those. We do have a **Lodge Pedigree Project**, and if you haven't submitted your (genealogical) pedigree or need help, you can contact me at dahl.barry1@gmail.com

Regards, **Barry Dahl**, Lodge Historian



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<p>Kristiania <i>Posten</i> is the newsletter of Kristiania 1-47 in Rochester, MN, and is published eleven times a year. Redaktør: VJ Anderson, 44 County 16 Road SE, Rochester, MN 55904; 507-289-3794; verlajeana@aol.com.</p>	 <p>507-288-3772 pepsirochester.com 3393 Commercial Drive SW Rochester, MN 55902</p>	 <p>SONS of NORWAY District 1</p>