



SONS of NORWAY

Kristiania Lodge 1-047



KRISTIANIA POSTEN

Rochester, Minnesota

Phone: (507)206-6262;

Web page: www.Kristiania1-47.org

Facebook: @sonsofnorwaykristiania

MARCH 2021

Volume 2021 Number 3

HILSEN FRA PRESIDENTEN

Well, the cold weather is here, and hopefully everyone is staying warm. I am thankful that we have the infrastructure to handle the cold and snow, especially after hearing about problems people are facing further south due to extreme winter weather. On very cold days, it is also really nice to be remote for work so I don't have the winter commute. I also get to enjoy the view from my office window as well as company from our cat, Cali, who has taken up residence on my work laptop.



Our January board meeting was held virtually. Since we continue to be unable to hold an in-person meeting or social event, our board decided to hold another give-away in place of our March Social.

The lodge will be providing a loaf of Finnish Pulla bread for

each member household. The set-up will be similar to that of the lefse give-away last fall. Please see the article in the next column for specific details. Though we are excited to be able to provide for our members, we are really looking forward to being able to meet in-person once again.

Another exciting opportunity discussed was a lodge book club that is being started by our Co-Directors of Culture, Erling and Shelly Hansen. The first book, [Searching for Nora](#), sounds like an interesting read combined with the opportunity to hear from the author during the virtual meeting. Please see the article on page three for specific details.

If you have any suggestions for programs or other types of events we can hold virtually or in other modified ways during this time, please feel free to reach out to anyone of us on the board.

Stay warm and healthy. We look forward to visiting and seeing each other in our upcoming virtual events.

—Presidenten, **Erica Ward**

SCANDINAVIAN BREAD GIVE-AWAY

Kristiania Lodge will be holding another food give-away on Saturday, March 27! Come to Our Savors from 10



am to 12 pm to pick up Finnish Pulla Bread baked fresh by Great Harvest.

Pulla bread is a soft white braided bread; it is flavored with cardamom. Pulla is native to Finland, but cardamom-flavored bread is popular throughout Scandinavia.

Drive-up on Saturday, March 27 from 10 am-12pm. One loaf will be given per member household; extra loaves will be offered for sale for \$5 beginning at 11:30 am.

Delivery is offered for those who require it. Call Kristi at (507-287-0281).

In-Person Meetings Remain on Hold
The 2021 Kristiania Yearbook will be published and mailed when it is possible to plan to hold meetings at Our Savior's again.

You can join the lodge email list either through our website above or by emailing our Social Director **Lisa Fenton** at lj.fenton789@gmail.com. Changes and announcements are often sent via our email list, in particular between *Posten* issues.

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

WELCOME TO KRISTIANIA'S NEW MEMBERS!

Betty and Larry Danielson, Rochester
Ellen Jepson, Rochester
Deborah Larson, Racine, MN
Ethan Seys, Chesterfield, MO
We hope to be able to greet you in person soon!

TIL MINNE

Lyle Danielson (18 May 1929-10 Feb 2021)
Katharina (Kathy) Mellem (19 May 1937-
14 Feb 2021)
J. Gordon Christianson (12 Aug 1926-19 Feb
2021)
Former Kristiania members.

SUMMER CAMP SCHOLARSHIP UPDATE

Given that some Norwegian language camps will be held virtually, Kristiania will offer lodge scholarships for **virtual** and in-person camps.

Concordia's Skogfjorden of Bemidji is offering a one-week Virtual Language Village, while Masse Moro of Eau Claire is hosting a 2-week in-person camp experience. Norwegian Ridge Language Day Camp of Spring Grove has not announced its plans for 2021 yet.

To request virtual or in-person language camp scholarship, email info@kristiania1-47.com



KRISTIANIA COLLEGE SCHOLARSHIPS

Our Lodge will be granting \$500 scholarships to students enrolling in a college, university, community college, or technical school for the fall term beginning in September. To be eligible, you must be a graduating high school senior from a public high school in Olmsted County (Dover-Eyota, Chatfield, Stewartville, Byron, Century, Mayo, or John Marshall) or a son/daughter, grandchild or great-grandchild of a current Kristiania Lodge member, regardless of the school you attend or the county/state where you live.

The 2021 application form is available on our website kristiania1-47.org/scholarships. Applications must be postmarked or emailed by midnight March 31, 2021.

From our Financial Benefits Counselor, Len Carlson

Guaranteed Issue life Insurance is fast, easy, and affordable; Sons of Norway offers a life insurance policy that is permanent and guaranteed. We know it is important to you that the coverage is in place. With this coverage you are guaranteed to be accepted; you don't need to wait to hear about acceptance. We can also help you determine how much coverage is best for you, and can help you select your beneficiaries. This type of final expense life insurance is a good option for those who:

- *Do not want to answer health questions or take a medical examination
- *Would like between \$5,000 - \$25,000 coverage to help cover expenses.
- *This policy may be in addition to the coverage you currently have.
- *Final expense insurance is available for ages 0-85.

Follow-up on last month's annuity article: Sons of Norway's interest rates on the Flexible Premium Deferred Annuity range from:

\$10,000-\$24,999	3.65%	\$50,000-\$99,999	4.00%
\$25,000-49,999	3.90%	\$100,000 and over	4.10%

These interest rates include a 1.25% first year bonus. Give me a call.

Len.carlson254@gmail.com 651-253-1943

OFFICERS NEEDED!

Please refer to the article on page 1 of the February *Posten* about open board positions. The following refers to the terms of Vice-President:

The position would entail serving as Vice-President for the remainder of the current term (2021) and a full two-year term from 2022-2023. In 2024 this individual would become President.

—Erica Ward, President



SNOWBIRDS AND WINTER TRAVELERS! Keep the *Posten* editor advised of your winter address and the effective dates! Bulk mail is not forwarded, and Kristiania is required to pay postage on the returned copies. *Takk!*
verlajana@aol.com or 289-3794.

Please continue to watch for updates in lodge emails, on the website (www.kristiania1-47.org), or on the Facebook page (@sonsofnorwaykristiania). If you know fellow members who do not have access to electronic media, please pass information to them by phone. You may phone any of the lodge officers if you have questions. Their contact information can be found on pages 3-5 of your 2020 Kristiania yearbook.

VIRTUAL BOOK CLUB SCHEDULED FOR KRISTIANIA MEMBERS AND FRIENDS

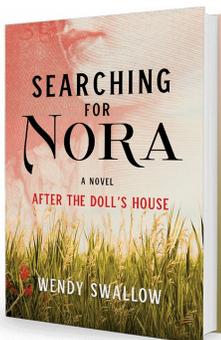
Join us for a book presentation! **Saturday, March 13 at 10 am CST**, author Wendy Swallow will give a Zoom presentation for Kristiania Lodge on her novel Searching for Nora: After the Doll's House. We hope many will join us, and later read the book. Then on **April 10** Ms. Swallow will return by Zoom to lead a book club discussion with those who have read the book, touching on character, plot, and the choices she made in shaping this award-winning book.

The book presentation is, of course, open to anyone who is interested; you don't have to be a member of the lodge. If you are interested in joining the discussion, send an email to erling@noramtours.com or hansens@uwstout.edu and we will send you a link to the Zoom meeting.

Here is a little background for the novel: Whatever happened to Nora Helmer?

At the end of Henrik Ibsen's play A Doll's House, Nora walks away from her unhappy marriage and comfortable life. It's 1879, late on a winter's night in Norway. She's alone, with little money and few legal rights. So, what might have become of her? In Searching for Nora, author Wendy Swallow sends her on a journey that impoverishes and challenges her, then strands her on the harsh Minnesota prairie. In a secondary tale, a young university student in Kristiania is determined to escape her family's bourgeois conformity and unravel the secret of a shadowy feminist who vanished years earlier. Read more about the book here: <https://searchingfornora.com>. Information for purchasing the book can be found here as well. You will have from

now until the second Saturday in April to finish the book. For those interested, you can purchase the book through ITASCA Publishers in Minneapolis and receive a 15% discount with the code DON15, or you can also purchase the book through Amazon. Ebooks are also available.
—Shelly Hansen, Cultural Co-



Check us out on Facebook

Lodge event photos, interesting articles, and meeting reminders are on Facebook! Our lodge page is public, which means **you don't have to have a Facebook account** to view our posts. Go to:

<https://www.facebook.com/sonsofnorwaykristiania/>

Weather-related announcements will be communicated through Facebook. —Lisa Fenton, Webmaster

SPECIAL DIRECT REPORT

FROM NORWAY

(Erling Hansen, our new Co-Director of Culture, splits his time between his native Norway and Rochester. He is now in Norway and sends this special report directly to Kristiania members.)



As some of you know, I live between Norway and Rochester. I work for a Norwegian tour company; we do bus tours in America for Norwegians (besides doing tours to Norway for Americans through our own company, Nor-

-Am Tours). In 2020 the tour business was more or less totally shut down, and I was furloughed from my Norwegian employer at the end of March 2020. I have had the "privilege" of traveling between Norway and the USA several times over the past 12 months.

Just after the pandemic hit, Norway closed down. It was the strictest restrictions in Norway since WWII, and most people respected it and complied. After a month we saw the results: the R-number (reproduction number) dropped to less than one, and Norway slowly started reopening in May and June. When I came back to Norway in July, I was stunned to see that nobody used face masks! (Simply because we had relatively very few people with Covid 19.) As people started to travel more, the numbers grew, followed by more restrictions, but not as dramatic as those we saw in March. As I am writing this at the end of February 2021, the numbers are again down after a peak in December. Vaccinations have started, but Norway is quite far behind, for example the USA, when it comes to vaccinations. The goal is that vaccinations will be done for those who want them, in June or July.

One of the things I miss the most when I am in America, is to enjoy the outdoors. Approximately 96% of Norway is forests, mountains, and lakes, and with *Allemannsretten* ("All Men's Right" or "Freedom to Roam") all those areas are open for anyone to hike. In the mountains behind my home, I can often walk for a whole day without seeing anyone else. It is very Corona-friendly. Especially do I enjoy staying at my cabin, without electricity or plumbing. I was finally able to get to my cabin on a cold Sunday in February, after a 1.5-hour ski trip. Because the closest road is several miles away, it is totally silent. That is my happy place.

The picture is the view from my cabin in Rennebu, Norway, February 7, 2021. Temperature: -5 F.

—Erling Hansen, via Email

You Have Mail!

Send us an Email!



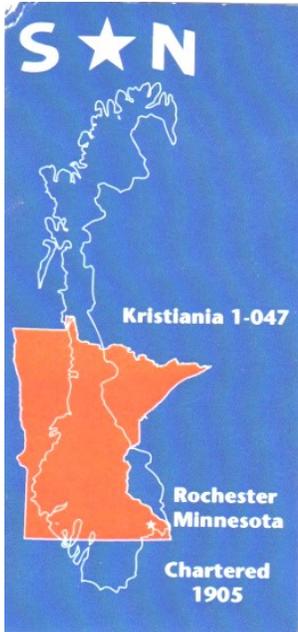
We would like to update the Lodge Email and telephone contact list. **Please send us an email at**

info@kristiania1-47.org and include your name and phone number. Please tell us if we can send text messages to that number. *Takk!*

Sons of Norway Dist Lodge 1
 2124 Viola Road NE
 Rochester, MN 55906

NON-PROFIT ORG
 U.S. POSTAGE PAID
 Rochester, MN
 PERMIT NO. 144

RETURN SERVICE REQUESTED



 <p>The Nordic Shop Shops at University Square, Skyway Level, Rochester, MN 55904 (507-285-9143 www.thenordicshop.net Largest selection of Norwegian sweaters</p>	 <p>JOHNSON PRINTING Common name. Uncommon service. 1416 Valley High Drive NW Rochester, MN 55901 (507) 288-7788</p>	<p>STIFEL NICOLAUS 102 S. Broadway, Suite 300 Rochester, MN 55904 (507) 288-9622</p>
<p>Hunt's Silver Lake Drug & Gift 1510 N. Broadway—289-3901 Rochester, MN 55906 Card & Gift 289-1543; Photo 289-0749 Open 7 days a week</p>	 <p>JIM MINER, BROKER-REALTOR® MN LICENSE #711263 www.jimminer.com • email: jimminbtr@aol.com SUITE 300 • 604 11TH AVE. N.W. • ROCHESTER, MN 55901 Cell1: 507/254-8071 Res: 507/288-9343 Bus: 507/282-4624 Cell2: 507/269-1644 Fax: 507/282-7980</p>	<p>Look online at: www.discoverytoys.com For a catalog or order, contact Independent Consultant: Kari Christen Richards 507-585-0088 KarisToys@gmail.com Sons of Norway member!</p> 
<p>Kristiania <i>Posten</i> is the newsletter of Kristiania 1-47 in Rochester, MN, and is published eleven times a year. Redaktør: VJ Anderson, 44 County 16 Road SE, Rochester, MN 55904; 507-289-3794; verlajeana@aol.com.</p>	 <p>507-288-3772 pepsirochester.com 3393 Commercial Drive SW Rochester, MN 55902</p>	 <p>SONS of NORWAY District 1</p>