



SONS of NORWAY

Kristiania Lodge 1-047



KRISTIANIA POSTEN

2124 Viola Road NE

Rochester, Minnesota

Web page: www.Kristiania1-47.org

Facebook: [@sonsofnorwaykristiania.org](https://www.facebook.com/sonsofnorwaykristiania.org)

MARCH 2023

Volume 2023 Number 3

COMING KRISTIANIA EVENTS

(All events held at Our Savior's Lutheran Church unless otherwise noted.)

Thursday, March 9	Board meeting via Zoom	6 pm
Saturday, March 18	Chili / Pie Lunch. Program: Birkebeiner Royalty Lunch is free for members, \$5 for non-members. Pie will be furnished by board members. See p. 2.	12 pm
Friday, March 31	Scholarship application submission deadline.	
Thursday, April 13	Board meeting in the board room	6 pm
Thursday, April 13	Chapter meeting. Speaker: Eric Dregni , author of <i>For the Love of Cod.</i>	7 pm

I am the bearer of exciting news! Member **Sharon Kingsley** has come forward and volunteered to take on the role of *Presidenten* of our Kristiania Lodge. Sharon's commitment, enthusiasm and experience will make her a perfect fit as our President. We are tremendously thankful for Sharon and her willingness to step into this role.

Congratulations to our new lodge president Sharon Kingsley!

-**Lisa Fenton** on behalf of the Kristiania Board

*Hello members of Sons of Norway. My name is **Sharon Kingsley** and I have accepted the position of President for the current year. I had attended meetings years past and enjoyed the activities so much I decided to become a member.*

I recently retired from Olmsted County working with Family Services. I am the President of the Rochester Unit #92 American Legion Auxiliary. I enjoy cooking, outdoors, reading, cards, and travel. I have Scandinavian roots on both sides of my family and was fortunate to have their traditions passed down through holidays and celebrations.

I look forward to a year of learning, sharing, and "traditions". I appreciate this opportunity and look forward to a new adventure serving this group.

Takk - Sharon

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

CHILI/PIE LUNCH ON MARCH 18 TO FEATURE BIRKEBEINER SKI RACE ROYALTY

Our speakers for the March 18 meeting were the winners of the “Birkie Warriors and Inga” contest as part of the 2020 Birkebeiner ski race in Hayward, WI. The Pinckney family from Rochester will share their experience surrounding the race and the Norwegian roots of the race. The Birkebeiner cross country ski race is the largest ski race in North America and one of the longest. Ten thousand skiers participate! This race and the Norwegian *Birkebeinerrennet* commemorate the Birkebeiner Party soldiers who smuggled the infant child of King Hakon Sverreson overland on skis from Lillehammer to the safety of Trondheim.



Before the Birkebeiner presentation begins on Saturday, March 18, we will be serving lunch! It will include a warm bowl of beef chili served with bread, carrots, celery, and lemonade. Soup toppings like hot sauce, cheese, sour cream and crackers will be available, too. After lunch you will be treated to a slice of pie provided by the Kristiania board members. Lunch is free for members and just \$5

for non-members. Make plans to come for lunch, dessert, and a fantastic presentation. Bring a guest! See you at noon on Saturday, March 18th!

—Lisa Fenton, former Social Director

Chapter Meeting Minutes, February 9, 2023

Kristiania Lodge gathered in the sanctuary of Our Savior's with **Lisa Fenton** presiding. **Betty Danielson** played piano for the three national anthems, and the Pledge of Allegiance was recited. Tonight's treats were provided by **Kathy Rosedahl**, **Kristi Simmons**, and **Dahlia Ward**. Guests were recognized. Lisa remembered **Byron Stadvold**, former president and long-time member, who passed away on January 15, and a moment of silence was held for him, Roger Watson, and Lauren LaVoi.

The Chili and Pie Luncheon will take place at noon on Saturday, March 18. The meal will be free for members; \$5 for non-members. The Pickney Family will share their 2020 experience as winners of the Birkie Warriors and Inge contest (part of the Birkebeiner race in Hayward, WI).

The evening's entertainment was provided by Triple Berry Pie. The trio of singers (Anjanette Bandel, Ruth Casper, and Karen Masbruch), accompanied on piano by Susan Shepherd, performed a diverse repertoire. They engaged the audience with some oldies and some newer songs, but all with well-balanced harmony and with a good sense of humor.

Respectfully submitted, **Kristi Simmons**, Secretary

NOTE—Please notify **Kristi Simmons** (ssimmons10@aol.com) or **Lisa Fenton** (lj.fenton789@gmail.com) if you know of a Kristiania member who should receive a get-well or sympathy card with greetings from the lodge.

Welcome to new members!

Three new members have recently joined Kristiania lodge:

Casey Condos, Rochester

Olaf Hendrickson, Rochester

Kathryn Mellem Mann, Trempealeau, WI

We met Casey at the February meeting, and hope to see all three of the new members very soon.

Tusen Takk! Perhaps at coffee time following the awesome musical program by the trio Triple Berry Pie, we should all have been served a piece of triple berry pie. This was suggested by one of our members in attendance, and would have been a great idea. What a fitting treat that would have been! Equally great were the bars and cookies created and served by Norwegian *Nisser* **Kristi Simmons**, **Dahlia Ward**, and **Kathy Rosedahl**. We thank them for adding special treats for the fellowship time. Baking *Nisser* are needed for April 13th. It's easy to become one—just call **Kathy Rosedahl** at 507-289-8621. —Hospitality Director

Kristiania to grant scholarships in 2023

Our lodge will be granting \$1,000 Post-High School Scholarships for 2023. To be eligible, a student must be a graduating high school senior from a public high school in Olmsted County or a son/daughter, grandchild, or great-grandchild of a current Kristiania Lodge member—regardless of the school location. The application and information may be downloaded from our website:



www.kristiania1-47.org

—**Carol Lucido**, Scholarship Chair

Most Recent Additions to the

Kristiania Library

The following books have been added to the Kristiania Library in the Board Room. Most have been donated by members in the last year or so. Check them out during coffee time at a meeting!

Fiction:

The Thirst, by Jo Nesbø

Blood on Snow, by Jo Nesbø

Phantom, by Jo Nesbø

Only the Dead by Vidar Sundstøl

The Ravens, by Vidar Sundstøl

The Land of Dreams, by Vidar Sundstøl

Out Stealing Horses, by Per Petterson

A Time for Trolls by Asbjørnsen and Moe

Underway, by Sjur Lothe, trans. By member **Barry Henke**

Non-fiction:

The Lutefisk Ghetto by Art Lee

Everything Nordic Cookbook by Kari S. Diehl

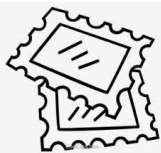
Vikings! by Magnus Magnusson

Scandinavians: In Search of the Soul of the North, by Robert Ferguson

We signed Away our Lives, by Kari Torjesen Malcom

Tubfrim and **Pop Tabs**—save your stamps and pop can tabs!

Kristiania lodge will continue to collect aluminum can tabs for our local Ronald McDonald House. A marked collection box will be available at each lodge meeting on the table located on the side wall.—**Monica VanKirk**



We are still collecting stamps for **Tubfrim** to send to Norway to help children and young people with disabilities and handicaps as well as those with serious illnesses. Please bring used stamps with ¼—½ inch border on them to one of our meetings. We will store them in our board room until we take them to the District One office or to a district convention—**Ann Romo**

From our Financial Benefits Counselor:

This month's article is about Simplified Issue Whole Life and why you need it. Many people face unanticipated expenses after the loss of a loved one. Dealing with these expenses along with the emotions of a loss can be very stressful. I can help you prepare for these expenses with the right amount of insurance.

Without life insurance families may struggle to come up with the funds they need to provide the service they know their loved one would want. Life insurance can help with these expenses and minimize the stress of this phase of life.

While talking about end-of-life is uncomfortable, planning for these expenses is important to do. I can show you how final expense life insurance can help keep your loved one from paying these types of expenses out-of-pocket.

Here are some features of Sons of Norway's Simplified Issue Whole Life"

*Face Amounts

\$25,000-50,000 Issue ages 0-59

\$10,000-50,000 Issues ages 60-85

*Mode of Payment

Annual, semi-annual, quarterly, or bank draft

*Simplified Underwriting

Simplified issue application medical questions are used along with these items to underwrite the risk:

telephone interview, MVR check, MIB check and prescription database check.

Please contact me for all the details!

—**Len Carlson** len.carlson253@gmail.com, 651-253-1943

Mange tusen takk!

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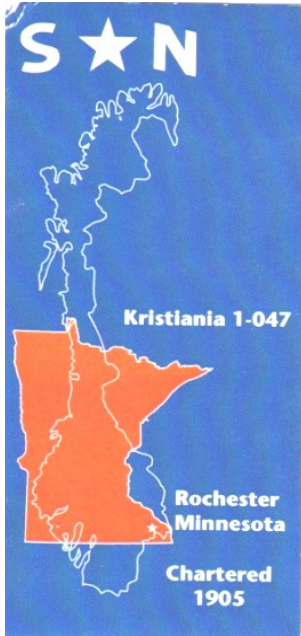
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<p>Kristiania <i>Posten</i> is the newsletter of Kristiania 1-47 in Rochester, MN, and is published eleven times a year. Redaktør: VJ Anderson, 44 County 16 Road SE, Rochester, MN 55904; 507-289-3794; verlajeana@aol.com.</p>	 <p>507-288-3772 pepsirochester.com 3393 Commercial Drive SW Rochester, MN 55902</p>	 <p>SONS of NORWAY District 1</p>