



**SONS of
NORWAY**

Kristiania Lodge 1-047



KRISTIANIA *POSTEN*

Rochester, Minnesota

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NOVEMBER 2019

Volume 2019, Number 10

KRISTIANIA NOVEMBER and DECEMBER 2019 EVENTS

(All events are held at Our Savior's Lutheran Church, 2124 Viola Road NE, unless otherwise indicated.)

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|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| Nov. 9 | Bake and Craft Sale. Soup and sandwich lunch available. | 10 a.m.-1 p.m. |
| Nov. 14 | Board meeting | 6:00 p.m. |
| Nov. 14 | Chapter meeting. Speaker: Marilyn McGriff aka Viktoria Borgessen. "Swedish Nyckelharpa and Comedy" See page 3. | 7:00 p.m. |
| Nov. 28 | Thanksgiving Day | |
| Dec. 7 | Julefest. Catered Dinner. Speaker: Chris Falteisek. "Nordic Christmas Customs and Traditions with Music" Dinner reservations through Erica Ward: emaie@gmail.com ; 507-884-0392. Deadline: <u>Dec. 1.</u> Details on page 3. | 12:00 p.m. |
| Dec. 12 | Board meeting only. No chapter meeting. | 6:00 p.m. |
| Dec. 24 | <i>Julaften God Jul!</i> | |
| Dec. 25 | <i>1. Juledag</i> | |

HILSEN FRA PRESIDENTEN—Byron Stadsvold

A look into the coming years for Kristiania. This past year **Kristi Simmons** stepped into the Secretary position and is doing a great job. **Bob Ronningen** has been part of the trustees and makes good contributions. **Erica Ward** will be our new President with leadership skills for growth and exciting program ideas. **Lisa Fenton** will be our Social Director and has very good enthusiasm toward new ideas. **Carol Rogelstad** has started doing Volunteer Coordinator with bell ringing coming up and many signed up.

All of the lodge officers are doing great work, but we will need a volunteer to be Publicity Director. Please volunteer. Thank you for your service.

Craft & Bake Sale and Soup & Sandwich Luncheon



Saturday, Nov 9
10 a.m.—1 p.m.

Kringla Rosettes
Krumkake Lefse
Flatbread

Sandbakkels Spritz **Almond Cake**

Members: Baked goods needed!

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

Tusen takk ... To those who hosted the lunch on Thursday, Oct. 10. The monthly chapter meeting found *nisser* **Lars** and **Ann Romo**, **Carol Volstad**, and **Doris Sneve** busy in the kitchen. Sandwiches were being created, yummy brownies, apple bars, almond bars, and lemon bars were creatively arranged, all waiting to be enjoyed by those in attendance. Your willingness for this task is very much appreciated!—**Kathy Rosedahl**, Hospitality Director

Kultur —Library Committee The Library Committee will not meet in November or December.

— **Singing for Julefest** If anyone has interest in singing a few Norwegian songs for Julefest, please email me. Jnjdavis2002@yahoo.com or call 507-259-9806

—**Judy Davis**, Cultural Director

KRISTIANIA HAS NEW FINANCIAL BENEFITS COUNSELOR, LEN CARLSON

Hello, members,

My name is Len Carlson, and I am the new Financial Benefits Counselor for the Rochester lodge. By now you will have received a letter from me. I have been in the insurance business for over 45 years and with Sons of Norway for 25 years. Here are some of the things I can help you with:

- 1) A complimentary financial checkup—no cost to you.
- 2) Final Expense planning—no medical exam.
- 3) Required Minimum Distribution (RMD) ideas on how to leverage that money.
- 4) A new bonus annuity—earn 4-8% in the first year, depending on the amount of your contribution.

Please give me a call at 651-253-1943 or email me at: Len.carlson253@gmail.com.



Are you a SNOWBIRD? Are you MOVING? Please notify the *Posten* editor (see p. 4) of your change of address, even if only temporary. Otherwise newsletters are returned for postage due and are not forwarded.

Minutes of Kristiania Chapter Meeting, October 10, 2019

Byron Stadvold welcomed those in attendance to an evening of fellowship. **Beth Haaland** played piano for the three national anthems, and the Pledge of Allegiance was recited. A poem was read in memory of **Gary Olson**.

Announcements

Ann Romo presented **Renee Thoreson** with a Cultural Skills pin for Traditional Norwegian Cooking. Ann also announced that a children's language class is being offered on Saturdays; the library committee will meet on Tuesday, Oct. 15; and there will be a *sandbakkel* baking class on October 24. Please check the newsletter for details.

Carol Rogelstad, our new Volunteer Coordinator, passed around sign-up sheets for meeting set-up and bell ringing. Those willing to help prepare the hall for meetings will receive a reminder.

Bob Rosedahl reminded the group about Membership Night on October 26. A successful event requires three things: 1) come to the event yourself; 2) bring a non-member with you; and 3) bring a snack to share. Names of members who bring a guest will be entered into a prize drawing.

Sue Hanson needs volunteers to run the luncheon at the Craft and Bake Sale on November 9, and is looking for donations of soup and other lunch items. **Kathy Rosedahl** said baked goods for the sale can be dropped off at the church on Friday, Nov. 8 from 4-6 p.m. and on Saturday Nov. 9 from 8-10 a.m.

Arona Schuck will resign as chair of the Publicity Committee at the end of the year. The board is looking for someone to fill this important position; Arona will train her replacement.

Lars and Lars traded stories about Ole and fishing, and Sven and haunted cars.

Byron put out a call for delegates to the 2020 District #1 Convention. The dates are set for June 4-7 at Cragun's Resort on Gull Lake near Brainerd, MN.

Tonight's program was titled "Norwegian Folk Costumes: A Living Tradition," and was presented by Laurann Gilbertson, Chief Curator at Vesterheim Museum in Decorah, Iowa. She described the *bunad* movement as a 20th century invention, born from an interest in reviving, reconstructing, and sometimes creating traditional folk costumes. The evolution of different

regional costume traditions was illustrated.

Respectfully submitted, **Kristi Simmons**, Secretary

(Photo: **Lisa Fenton**)



INSURANCE AND FINANCIAL BENEFITS COUNSELOR—Our Financial Benefits Counselor with Sons of Norway is Len Carlson, 1-651-253-1943, len.carlson253@gmail.com

Social— November 14

“Viktoria Borgessen”

An evening of comedy and music will be presented at our November 14 meeting. A woman calling herself Viktoria Borgessen will entertain with her *nyckelharpa*, a traditional Swedish instrument. While playing Scandinavian folk tunes and relating the history and mechanics of the *nyckelharpa*, she will occasionally lapse into stories and jokes. Any similarity to the late Danish performer, Victor Borge, is purely intentional.

Viktoria, aka Marilyn McGriff, is a local historian and performer now living in Minneapolis. Formerly from the Cambridge, MN, area, she documented numerous facets of Swedish immigration, including the story of a Swedish-American settlement in Cuba in the early days of the 20th century. While living in Cambridge, she also organized an east central Minnesota *spelmanslag* called the Spirit River Scandiband.

Marilyn plays regularly with the Twin Cities Nyckelharpalag. Her participation in musical groups, her presentation of Viktoria, and her illustrated talks on topics of Swedish immigration are efforts to both celebrate Scandinavian heritage and maintain folk music traditions. You'll listen, learn and laugh at Marilyn's persona as Viktoria with her *nyckelharpa*.

Julefest—December 7 — Noon

Menu:

Pork roast

Julepølse (pork sausages)

Boiled new potatoes, gravy

Green beans

Tossed green salad, vinaigrette or ranch dressing

White bread and butter

Various Norwegian cookies

Caramel pudding

Caterer: Regal Catering

Cost: free for members. \$12 for non-member adult, \$6 for non-member child.

Members' meals are mostly covered by the rebates the lodge receives from the new membership fees. (If you would like to join/renew in time for Julefest, please submit your membership application at the following address at least **a week prior** to the reservation deadline (**Dec. 1**), allowing for the national office processing time.)

https://members.sofn.com/sign_up/getLodgeDues.do?district=1&lodge=047&lodgeName=Kristiania

Erica Ward, emaie44@gmail.com, 507-884-0392

From one of our *Unge Venner*, Dahlia Ward

Hi, I am Dahlia and have been a member of the Kristiania lodge since we moved to Rochester. As I member, I have enjoyed the lodge events and lodge support to attend the Norwegian language camp, Masse Moro. I am also a cadette in Girl Scouts, and with my troop have enjoyed helping set up, serve, and clean up at our lodge's special events.



This year I started my Girl Scout silver project to earn my Silver Award. This award is focused on Girl Scouts learning how to provide active leadership and management on a project that provides an outcome that benefits a group within the community or the whole community. My partner and I decided to hold an event for the children living in a neighborhood without access to a safe space to play, like a playground. We partnered with Rochester Parks and Rec, RPS American Indian liaison, Hy-Vee, and an anonymous donor to provide the following: mobile playground, games, popsicles, and school supplies. The location we chose was a trailer park with the majority of the kids attending Jefferson, Kellogg, and Century.

The event was a lot of fun, and we had many games and participants, more than 30 people. We handed out lots of school supplies to kids who needed them and played games with them. We also learned that despite the kids attending Rochester schools, generally, they are not eligible to receive services from Rochester community programs. We discovered this fact when we were unable to get the Rochester Police Department's Cops and Kids program to attend the event. The reason given was that the trailer park was located just outside the city boundary.. It is patrolled by the County Sheriff's Department, and unfortunately the county does not provide a program like the Cops and Kids, which focuses on bike safety for kids.

Overall, my partner and I learned about differences and access for families and children based on a geographic location even though the locations belong to the same community. We also learned active leadership and project management, building relationships between the community, people, and community resources.

(One of the requirements for Dahlia's Girl Scout project was that she share the experience with a wider audience. We thank her for choosing to share with her Sons of Norway Kristiania friends through this essay.—Editor)





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<p>Kristiania <i>Posten</i> is the newsletter of Kristiania 1-47 in Rochester, MN, and is published eleven times a year. Redaktør: VJ Anderson, 44 County 16 Road SE, Rochester, MN 55904; 507-289-3794; verlajeana@aol.com.</p>	 <p>507-288-3772 pepsirochester.com 3393 Commercial Drive SW Rochester, MN 55902</p>	 <p>SONS of NORWAY District 1</p>