



# SONS of NORWAY

Kristiania Lodge 1-047



# KRISTIANIA POSTEN

Rochester, Minnesota

Phone: (507)206-6262;

Web page: [www.Kristiania1-47.org](http://www.Kristiania1-47.org)

Facebook: @sonsofnorwaykristiania

**NOVEMBER 2021**

Volume 2021 Number 10

## COMING KRISTIANIA EVENTS

- Nov. 11 **Board meeting.** Board room. 6:00 p.m.
- Nov. 11 **Chapter meeting** at Our Saviors 7:00 p.m.  
Speaker: David Heine. Apple Orchards in Norway  
Masks required. No food or drink served.
- Nov. 13 **Lefse Drive-thru** giveaway to member households.  
See page 2.
- Dec. 5 **Julefest at Eagles.** 917 15th Ave SE, Rochester.  
Noon dinner. Members are free, non-members  
pay \$19 per meal. Make reservations by phone:  
(507)202-1811, or through email at  
[Info@kristiania1-47](mailto:Info@kristiania1-47) See page 2.

### In-person events at Our Savior's

In-person Sons of Norway events have resumed at Our Savior's! The lodge meetings will look a bit different than when we last met in February of 2020. To meet again, the lodge must comply with Our Savior's COVID 19 Plan. The plan requires attendees to **clean their hands** and to wear appropriate **face coverings**. **No food or beverage** service is allowed. The plan also restricts Saturday gatherings.

At this time, we will resume the monthly Thursday evening chapter meetings, but Saturday social gatherings will remain on hold.

I know what you are thinking: you are overjoyed at the idea of meeting again but wonder...Is it really possible that a group of Norwegians can have a get-together without coffee and "a little lunch?" I'm no expert, but I think we can try.

—Lisa Fenton, Social Director

### HILSEN FRA PRESIDENTEN —Erica Ward, *Presidenten*

We finally got to hold an in-person meeting. I hope you enjoyed the speaker but more importantly, the chance to see each other and socialize. I was not able to make the meeting since my husband and I took our family to California to visit family. It was wonderful to see everyone in-person after more than two years away.

Another piece of good news from this last month. **Pam Captain** has agreed to be our Publicity/Marketing Director. Pam will bring her vast experience from volunteering in other community groups. If you have any questions or suggestions for Pam, please reach out to her. (Her email address is: [pixiec41@gmail.co](mailto:pixiec41@gmail.co).) Thank you Pam!

As we begin to get back to our in-person meetings, please keep in mind we have several board positions available. If you are interested in any of the positions or in volunteering in general, please reach out to any of us on the board. The current open positions, which have varying duties and time commitments, are Vice President, Trustee, Librarian, and Foundation Director. In order to keep our lodge strong and healthy, we need to ensure continual leadership and volunteers.

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

## PROGRAM NOTES

Nov. 11—**Apple Orchards in Norway** by David Heine. David will speak about traditions surrounding the Apple harvest in Norway. His family has generations of experience in the trade. **MASK-WEARING IS REQUIRED by all in attendance. NO FOOD OR DRINKS per Our Savior's COVID plan.**

**Dec. 5—Julefest.** Julefest dinner and entertainment will be at the Eagles Club in SE Rochester on Sunday, Dec. 5 at noon. We will have Norwegian musical entertainment provided by Andrea Een and her Hardanger fiddle. Andrea is a hardanger fiddle music composer, an award-winning musician and a Master Teacher of Folk Music.

The menu being served is a stuffed chicken breast, parsley buttered baby red potatoes, baby carrots in butter glaze, green lettuce salad, dinner roll, coffee and punch. As is tradition, we ask you to **bring Norwegian sweets to share** for dessert.

The meal is free for Kristiania members and \$19 for non-members. RSVP before November 28 via phone: (507)202-1811 or email [info@kristiania1-47.org](mailto:info@kristiania1-47.org)

— Lisa Fenton, Social Director

## Curbside Lefse November 13, 10 am—12 pm

Pick up your FREE lefse on Saturday, Nov. 13 at the Our Savior's parking lot. Two packages per member household will be distributed to you while you wait in your car.



Lefse can be picked up on behalf of another member. At the time of pickup, let us know the name of the member you are picking up for, and we will cross them off the list.

If you are unable to drive to the pick-up, we can deliver it to you. Call Lisa Fenton to be placed on the delivery list (507)202-1811.

We may have leftover lefse. We will offer extra lefse for sale at \$3 per package from 12-12:30. Please note: Use exact change or personal check made out to Sons of Norway for purchase. Lefse will be sold on a "first-come first-served" basis.

—Lisa Fenton, Social Director

**Open Board Positions:** Vice-President, Librarian, Trustee, and Foundation Director. To volunteer, contact **Erica** or another current board member. Your help is needed!

## FESTIVAL OF TREES—Nov. 22-28



Again, not even a pandemic can stop this annual fundraiser for Hiawatha Homes! Our lodge participates to support differently-abled individuals so they may live fulfilling lives in a community that values and includes them. That's why nothing is going to stop two *nisser* named **Sue Blood** and **Renee Thoreson** from making sure our Sons of Norway tree is represented at this event! This year our theme is: Merry Nisse-mas! (A *nisse* is a Norwegian elf), and we wonder how many *nisser* you will be able to count on the tree. All trees will be on display in downtown storefront windows and possibly at other venues. As soon as we know our tree location, there will be an email sent out. So stay tuned, be kind to the *nisse* who lives on your property, and have a Merry Nisse-mas! —**Renee Thoreson**

## SALVATION ARMY BELL-RINGING

We have an opportunity to ring bells for Salvation Army. If you are interested in ringing bells, please give me a call. Check next month's newsletter for more information.

—**Carol Rogelstad**, Volunteer Coordinator

398-2780

## Zil Minne

**Violet B. Helland**, a Golden Member  
(November 6, 1933– September 20, 2021)

## MORE COLORFUL NORWEGIAN PHRASES

*Bjørnetjeneste* = bear service

Meaning well-intended but awkward help; doing someone a favor with negative consequences; disservice

*Å kjøpe katta i sekken* = to buy a cat in a bag

Meaning being taken for a ride; you meant to buy one thing but it turned out to be something else.

*Du store alpukka!* = You big alpaca!

Meaning: an expression of considerable surprise.

## CHAPTER MEETING MINUTES

Kristiania Chapter Meeting, October 14, 2021

Twenty-five people attended our first chapter meeting since February 2020. **Kristi Simmons** called the meeting to order. **VJ Anderson** played piano for the three national anthems, and the Pledge of Allegiance was recited. There was a moment of silence in honor of the departed.

Two sign-up sheets were passed around—one for the Julefest on December 5 and one to gauge interest in bell-ringing for Salvation Army. Upcoming events in November include the chapter meeting on November 11 and the lefse giveaway on November 13. The Bake and Craft Sale will not be held this year due to ongoing COVID restrictions.

Laurann Gilbertson, chief curator of the Vesterheim Museum, gave a presentation titled “All Tradition is Change.” Her vibrant PowerPoint highlighted how Norwegian immigrants updated their textile traditions to adapt to new conditions and new fashions in the United States while still incorporating old world patterns, such as the 8-pointed star.

It was a pleasure to see members gather in person, and the lodge thanks everyone for coming.

Respectfully submitted,

**Kristi Simmons**, Secretary

### Lodge’s Liability Insurance

Kristiania lodge is covered by a liability insurance policy from Aon Risk Services Central through Sons of Norway International.



### Check us out on Facebook

Lodge event photos, interesting articles, and meeting reminders are on Facebook! Our lodge page is public, which means **you don’t have to have a Facebook account** to view our posts. Go to:

<https://www.facebook.com/sonsofnorwaykristiania/>

Weather-related announcements will be communicated through Facebook. —**Lisa Fenton**, Webmaster

## FROM OUR FINANCIAL BENEFITS

### COUNSELOR

As you read this article about life insurance, focus your thoughts on your adult kids, grandkids, and great-grandkids, as they all have needs that life insurance can take care of. Plus, if you think of what I am saying pertains to you, awesome!

You have worked hard to build financial security for your loved ones like your children, and your children are doing the same for your grandchildren. That financial security is worth protecting with life insurance.

There are two types of life insurance—term and permanent. What’s the difference? Term life insurance lasts for a number of years, such as 10, 15, 20, and 30 years. Premiums are locked in for this term period, but at the end of the period, the premiums are much higher.

With either term or permanent, when you pass away while coverage is in place, your policy will pay the death benefit. The problem is that only about 1% of all term insurance that people buy results in a death claim because it’s too expensive at the end of the term period.

Permanent insurance, on the other hand, provides for coverage your entire life, has guaranteed growth, and premiums are locked in. Permanent insurance allows you to build cash values that can be used for own use, like to supplement retirement income, pay off debts, etc.

Let me leave you with this thought: A majority of people who own life insurance say that one of the main reasons that they own it is to transfer wealth across generations.

**YOU DON’T BUY LIFE INSURANCE FOR YOU, YOU BUY IT FOR THE ONES YOU LOVE.**

As always, I am available to visit.

—Len Carlson, 1-651-253-1943,

[Len.carlson253@gmail.com](mailto:Len.carlson253@gmail.com)

### You Have Mail!

Send us an Email!

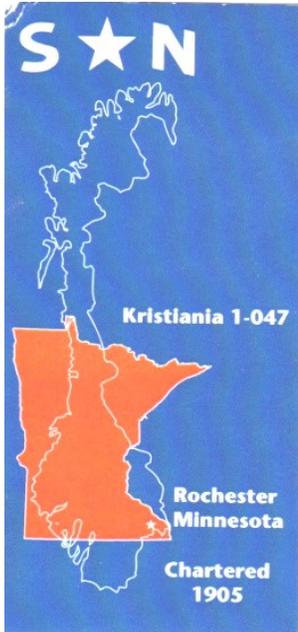
We would like to update the Lodge Email and telephone contact list. **Please send us an email** at: [info@kristiania1-47.org](mailto:info@kristiania1-47.org) and include your name and phone number. Please tell us if we can send text messages to that number. *Takk!*



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<p><b>Hunt's Silver Lake Drug        &amp; Gift</b>        1510 N. Broadway—289-3901        Rochester, MN 55906        Card &amp; Gift 289-1543; Photo 289-0749        Open 7 days a week</p>	 <p><b>JIM MINER, BROKER-REALTOR®</b>        MN LICENSE #711263        www.jimminer.com • email: jimminbtr@aol.com        SUITE 300 • 604 11TH AVE. N.W. • ROCHESTER, MN 55901        Cell1: 507/254-8071 Res: 507/288-9343 Bus: 507/282-4624        Cell2: 507/269-1644 Fax: 507/282-7980</p>	<p>Look online at: <a href="http://www.discoverytoys.com">www.discoverytoys.com</a>        For a catalog or order, contact Independent Consultant:  <b>Kari Christen Richards</b>        507-585-0088        KarisToys@gmail.com        Sons of Norway member!</p> 
<p>Kristiania <i>Posten</i> is the newsletter of Kristiania 1-47 in Rochester, MN, and is published eleven times a year.        Redaktør: VJ Anderson, 44 County 16 Road SE, Rochester, MN 55904; 507-289-3794; verlajeana@aol.com.</p>	 <p>507-288-3772 <a href="http://pepsirochester.com">pepsirochester.com</a>        3393 Commercial Drive SW        Rochester, MN 55902</p>	 <p><b>SONS of        NORWAY</b>        District 1</p>