



**SONS of  
NORWAY**

*Kristiania Lodge 1-047*



# KRISTIANIA *POSTEN*

Rochester, Minnesota

Phone: (507)206-6262;

Web page: [www.Kristiania1-47.org](http://www.Kristiania1-47.org)

Facebook: [@sonsofnorwaykristiania](https://www.facebook.com/sonsofnorwaykristiania)

**OCTOBER 2021**

Volume 2021 Number 9

## COMING KRISTIANIA EVENTS

- Oct 7 Board meeting (Zoom or Board Room) 6:00 p.m.
- Oct. 9 Leif Erickson Day
- Oct. 14 Chapter meeting at Our Saviors 7:00 p.m.  
Speaker: Laurann Gilbertson, Vesterheim Museum Curator "All Tradition is Change"  
Masks required. No food or drink served.
- Nov. 11 Chapter meeting at Our Saviors 7:00 p.m.  
Speaker: David Heine. Apple Orchards in Norway  
Masks required. No food or drink served.
- Nov. 13 Lefse Drive-thru giveaway to member households.  
See page 2.
- Dec. 5 Julefest at Eagles. Details in November *Posten*.

## In-person events at Our Savior's

In-person Sons of Norway events will resume at Our Savior's! The lodge meetings will look a bit different than when we last met in February of 2020. To meet again, the lodge must comply with Our Savior's COVID 19 Plan. The plan requires attendees to **clean their hands** and to wear appropriate **face coverings**. **No food or beverage** service is allowed. The plan also restricts Saturday gatherings.

At this time, we will resume the monthly Thursday evening chapter meetings, but Saturday social gatherings will remain on hold.

I know what you are thinking: you are overjoyed at the idea of meeting again but wonder...Is it really possible that a group of Norwegians can have a get-together without coffee and "a little lunch?" I'm no expert, but I think we can try.

—Lisa Fenton, Social Director

## HILSEN FRA PRESIDENTEN

At our last board meeting, we discussed different ideas about how we, as a Lodge, could start holding meetings in person. Other articles in this *Posten* contain the details of the events. Though we are very excited to start meeting in person, the decision was made to not hold the bake sale this year. This was based on the still-evolving requirements due to COVID. Our goal instead was to focus on our monthly meetings and on our membership.

As we begin to get back to our in-person meetings, please keep in mind we have several board positions available. If you are interested in any of the positions or in volunteering in general, please reach out to any of us on the board. The current open positions are Vice President, Trustee, Publicity/Marketing, Librarian, and Foundation. In order to keep our lodge strong and healthy, we need to ensure continual leadership and volunteers.

If you would like to attend a board meeting, please send us an email at [info@kristiania1-47.org](mailto:info@kristiania1-47.org) or [president@kristiania1-47.org](mailto:president@kristiania1-47.org) so we can send you the log-in information.

—Erica Ward, *Presidenten*

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

## PROGRAM NOTES

Oct. 14--**"All Tradition is Change"** by Laurann Gilbertson, Vesterheim Museum Curator. Explore and expand your ideas of what is "tradition" and "traditional" While looking at historical objects and pieces made today by artists working "within the tradition." Examples are textiles from Norway and Norwegian-America: weaving, quilting, embroidery, baptismal garments, and knitting.

Nov. 13—**Apple Orchards in Norway** by David Heine. David will speak about traditions surrounding the Apple harvest in Norway. His family has generations of experience in the trade.

**MASK-WEARING IS REQUIRED by all in attendance.**

**NO FOOD OR DRINKS per Our Savior's COVID plan.**

## Curbside Lefse November 13, 10 am—12 pm

Pick up your FREE Lefse on Saturday, Nov. 13 at the Our Savior's parking lot. Two packages per member household will be distributed to you while you wait in your car.

Lefse can be picked up on behalf of another member. At the time of pickup, let us know the name of the member you are picking up for, and we will cross them off the list.



If you are unable to drive to the pick-up, we can deliver it to you. Call Lisa Fenton to be placed on the delivery list (507)202-1811.

We may have leftover lefse. We will offer extra lefse for sale at \$3 per package from 12-12:30. Please note: Use exact change or personal check made out to Sons of Norway for purchase. Lefse will be sold on a "first-come first-served" basis.

### Lodge's Liability Insurance

Kristiania lodge is covered by a liability insurance policy from Aon Risk Services Central through Sons of Norway International.

**Open Board Positions:** Vice-President, Librarian, Trustee, Publicity / Marketing Director and Foundation Director. To volunteer, contact **Erica** or another current board member. Your help is needed!

## Storyteller entertains via Zoom

On September 18 twenty-three computers or phones were tuned in to a Zoom presentation by storyteller JoAnn Lower of Northwood, IA. Since there were multiple members listening at most devices, we know that many more enjoyed JoAnn's stories about an unusual angel food cake, as well as vignettes from life on a Norwegian-American farm and about her strong grandmother. Thanks, JoAnn!

## From our Financial Benefits Counselor

I have outlined in my previous articles what products Sons of Norway offers. The following is some basic information about annuities.

Annuities can enhance your retirement. An annuity can be a good way to safeguard a portion of our retirement income plans with guaranteed returns. Fixed annuities offer tax-deferred growth and principle protection from market volatility.

### Deferred or Immediate Annuity

When you purchase a deferred annuity, you are buying a contract that will provide a predictable stream of income for your future retirement needs. You choose the payment start date, the payment type, and how long you will need the income.

If you want to have the income stream right away an immediate annuity could be right for you. This may be a good choice if you have a 401K or other retirement money you want to use as the basis for creating your retirement income.

### Flexible or Single Premium Annuity

With a flexible premium deferred annuity, you have the option of adding additional premium to your annuity while you are still accumulating funds for retirement. The money you have in your annuity account will grow tax-deferred. It will never be lower than the guaranteed rate.

If you have money you would like to use later in life and want to take advantage of tax-deferred growth, a single premium deferred annuity might be the right choice for you. This most often involves moving a lump sum of money from another account from a 401K with a previous employer.

If you would like more information, please contact me.

—Len Carlson

Len.carlson253@gmail.com

651-253-1943

## COLORFUL NORWEGIAN PHRASES

*Ta for god fisk*=Take for a good fish.

Meaning: Accepting someone's words at face value.

*Å være født bak en brunost* =To be born behind a brown cheese. Meaning: To be a fool.

*Å være på bærtur* = Be out picking berries.

Meaning: To have no clue about something; to be way off base.

## Learning is ForEver (LIFE) program features Eric Dregni at Harvest Dinner 2021

Harvest Dinner 2021: "For the Love of Cod: A Father and Son's Search for Norwegian Happiness" with Eric Dregni, author and Concordia University professor.

A journey to find Norway's supposed bliss makes for a comic travelogue that asks, seriously, what makes Norwegians so happy—and does it translate? Eric Dregni takes his son on a return trip to Norway—the country where he was born fifteen years earlier—to investigate whether it really is the happiest country on earth.

From a passion for *dugnad* or community volunteerism to *sakte* or "slow," a rejection of the mad pace of modernity, Eric Dregni is the best kind of tour guide, bringing to life a country vis-à-vis its people, its (sometimes odd) customs, and its places.

Eric Dregni is the author of twenty books, including *Vikings in the Attic* and *In Cod we Trust*. He is professor of English, journalism and Italian at Concordia University in St. Paul and , in the summer, director of the Concordia Italian Language Village. (*He has been a speaker at Kristiania, and several of his books are in our library.—ed.*)

**Harvest Dinner**—Thursday, October 28, 6-9 pm at International Event Center 7333 Airport View Dr SW. LIFE member fee: \$35, Non-member fee \$45. Dinner includes Norwegian meatballs or vegetarian entrée, dinner salad, rolls, mashed potatoes, grilled veggies, almond cake and coffee/tea. Co-sponsored with Rochester Community Education. Registration deadline: Oct. 21. Contact : [Jamie.schroeder@rctc.edu](mailto:Jamie.schroeder@rctc.edu)



### Check us out on Facebook

Lodge event photos, interesting articles, and meeting reminders are on Facebook! Our lodge page is public, which means **you don't have to have a Facebook account** to view our posts. Go to:

<https://www.facebook.com/sonsofnorwaykristiania/>

Weather-related announcements will be communicated through Facebook. —Lisa Fenton, Webmaster

## Norway House Project Boosts E. Franklin

Neal St. Anthony (from *Minneapolis Star Tribune*)

The National Norwegian Center in America broke ground Friday on a \$19.5 million expansion that will be home to the Norwegian Consulate, Concordia Language Villages, the Norwegian-American Chamber of Commerce, and several other organizations. The Innovation and Culture Center will include a 270-seat event-and-dining center and business accelerator for Nordic companies seeking to expand. It will be part of Norway House's National Norwegian Center in America, which is recognized by the governments of Minnesota and Norway.

"These are exciting times," said Christina Carleton, who became executive director of Norway House in 2017 after nearly a decade at the Norwegian Consulate. "This will complete our campus. We are a welcoming place for all ages and backgrounds."

Carleton and her allies acquired and refurbished an abandoned building at 913 E. Franklin Av. for about \$3 million in 2014 and 2015. The thriving Norway House is a small cultural and business center that includes cooking and language classes, the Edvard Grieg music festival, Minnesota Peace Initiative, and the inimitable Gingerbread Wonderland winter exhibit that attracts 15,000. It also contains a small café along with several small businesses, including a couple with African roots.

"But we can only seat 70 for events," Carleton said of Norway House. "Seating 270 will be great for groups that otherwise would meet at a suburban golf club or a church basement." The striking innovation center, which will connect to Norway House, was seeded several years ago with a \$5 million state challenge grant, at the urging of former Gov. Al Quie and the late Vice President Walter Mondale. Those funds will soon be tripled by hundreds of individuals, business and foundations, including the government of Norway.

The soon-to-be Norwegian-American block includes the century-old *Mindeskirken* Church, one of the few Lutheran churches in America where services are still in Norwegian. It's a Norwegian-American focus, but open to all. In fact, local collaborations will grow as a result of the expansion in space and programs, Carleton said.

*(Kristiania supports Norway House, and our name is on a plaque on the wall of the Kaffebær.)*

## You Have Mail!

Send us an Email!

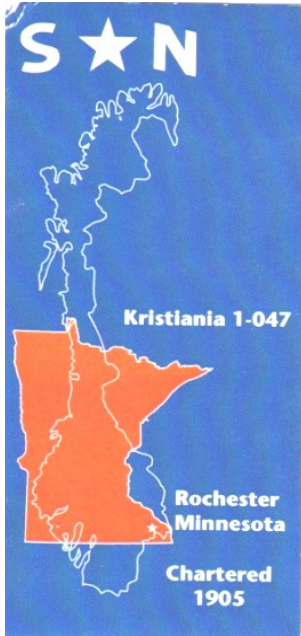


We would like to update the Lodge Email and telephone contact list. **Please send us an email** at : [info@kristiania1-47.org](mailto:info@kristiania1-47.org) and include your name and phone number. Please tell us if we can send text messages to that number. *Takk!*

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<p>Kristiania <i>Posten</i> is the newsletter of Kristiania 1-47 in Rochester, MN, and is published eleven times a year.        Redaktør: VJ Anderson, 44 County 16 Road SE, Rochester, MN 55904; 507-289-3794; verlajeana@aol.com.</p>	 <p>507-288-3772 <a href="http://pepsirochester.com">pepsirochester.com</a>        3393 Commercial Drive SW        Rochester, MN 55902</p>	 <p><b>SONS of        NORWAY</b>        District 1</p>