



**SONS of
NORWAY**

Kristiania Lodge 1-047



KRISTIANIA *POSTEN*

2124 Viola Road NE

Rochester, Minnesota

Web page: www.Kristiania1-47.org

Facebook: [@sonsofnorwaykristiania.org](https://www.facebook.com/sonsofnorwaykristiania.org)

SEPTEMBER 2023

Volume 2023 Number 8

COMING KRISTIANIA EVENTS

(All events held at Our Savior's Lutheran Church unless otherwise noted.)

Thursday, Sept. 14	Board meeting	6 pm
Thursday, Sept. 14	Chapter meeting. Speaker: Jeff Huset. "Conjuring up The Past: the Huset Doctors of Holla"	7 pm
Thursday, Oct. 12	Board meeting	6 pm
Thursday, Oct. 12	Chapter meeting. Speaker: Rose Marie Meuwissen. "Stave Churches of Norway"	7 pm
Saturday, Nov. 11	Bake Sale, Craft Sale, and Soup Luncheon	10 am-1 pm

Hilsen fra Presidenten, Sharon Kingsley

Hilsen til alle! I traveled to Decorah, Iowa, for the Nordic Fest to enjoy many activities. **Lucy Phelps**, her daughter Jeannie, and I went to the Nordic Fest Bunad Show, which proved to be a real highlight (and air-conditioned). The models displayed their dress that was rich with history. The new Vesterheim Commons was open for us to view. I ran into **Betty Danielson**, who was a wealth of information as to what to see while there.

Our Ice Cream **Social** was just that! A big "Thank you" to the crowd who came and to the **Rogelstads** for assisting with the treats. We are retreating indoors in September. See you there!

WELCOME ...

...to the first email edition of *Kristiania Posten*! Now you can enjoy our newsletter in color and have the convenience of printing your own copy as you wish.

If you are among the Kristiania members who do not use email, you will receive a paper copy, now by First Class Mail. If you DO have an email address that we do not know about and if you wish to receive the email edition, please send your address to **Kristi Simmons**, ssimmons10@aol.com

Questions or comments may be directed to any board member.

—**VJ Anderson**, Editor, verlajean@aol.com

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

September 14 Program (7 pm)

Conjuring up the Past: The Huset Doctors of Holla

Our presenter, Jeff Huset, lives in Minneapolis where he is a Lead Information Developer for the Veritas Computer Software firm. In his “spare” time he is an active genealogist, both personally and for others. He is currently serving as President of the Telelaget. This interesting program evolved while he was re-searching his own family in Holla, Telemark. He discovered amazing information about Norwegian folk medicine practices that is often overlooked. For those with an interest in genealogy and medicine, you’ll want to hear this presentation.

—Lisa Fenton, Cultural Director

Welcome...

...to new member **Janice Hodnefield**. We look forward to getting acquainted at the next meeting.

Library News

Do you like Norwegian art? Thanks to **Curt** and **Jean Mortenson**, our library has two new books on Norwegian artists. Sigmund Aarseth’s book Norway Painted in Light and Color and Munch by David Loshak will be available at our September meeting for you to check out and enjoy.

—Sharon Barsness, Librarian

Seeking Program Committee Members for 2024

In October a small planning group meets once or twice to determine the presenters for the next calendar year. We are seeking 3 or 4 more to assist. If you’d like to help, have presenter ideas or have questions, please give me a call: ljfenton789@gmail.com (507)202-1811.

LOVE THAT LUTEFISK! Fall Lutefisk Dinner Buffet

Lands Lutheran Church (Hwy 60 west of Zumbrota)
Friday, October 13, 4 pm—7:30 pm Tickets: \$25
No reservations needed. All the traditional dishes served.

NOTE—Please notify **Kristi Simmons** (ssimmons10@aol.com) or **Lisa Fenton** (lj.fenton789@gmail.com) if you know of a Kristiania member who should receive a get-well or sympathy card with greetings from the lodge.

Masse Moro Language and Heritage Camp



The **Fenton** children, **Laina** (10), **Leah** (11) and **Erik** (13), received Kristiania and District 1 camp



scholarships to attend Masse Moro Camp. It is held annually during the last two weeks of July and is located in Fall Creek, WI. Forty-four campers attended this year, traveling from the Midwest and as far away as Washington DC, Texas, Arizona, and Montana. Masse Moro is operated by District 5 Sons of Norway. 2023 was Erik’s 3rd year attending Masse Moro and Leah and Laina’s 2nd year. —Lisa Fenton, Cultural Director

Looking ahead to our biggest event—

Kristiania Bake Sale, Craft Sale, Soup Luncheon

Can you believe we are planning for autumn events already? The Annual Bake Sale, Craft Sale and Soup Luncheon is planned for Saturday, November 11 from 10 am to 1 pm.

You can expect reminder phone calls to come in mid-October to prepare baked goods for the sale.

We will need all-hands-on-deck in the form of volunteers to refill the bake sale table, help serve soup in the kitchen and greet patrons at the door. Please consider helping as you can with this big event!

Betty Ronningen is organizing the craft sale. Interested vendors should contact her at (507)254-3717.

—Lisa Fenton, Cultural Director

Board Vacancies

- ◆ Vice-President
- ◆ Social Director

Please contact any officer to volunteer!

Fun at the Ice Cream Social—August 10



A good group gathered for ice cream treats, hosted by **Carol & Wayne Rogelstad**.



«**Arnie** and two real Norwegians, **Christian and Lydia Skadberg** from Sandnes, Norway



From our Financial Benefits Counselor, **Len Carlson**

I hope everyone had a great summer!

Simplified Issue Life Insurance is fast, easy and affordable. I know how important it is to you that the coverage is easy to apply for and affordable. I can help you determine how much coverage is best for you and help you select your beneficiaries.

This type of final expense life insurance is a good option for those who:

- *do not want to have a medical exam.
- *would like between \$10,000 and \$50,000 in coverage to help cover expenses.
- *want to add to the coverage they already have.
- *are between ages 0-74 years of age.

While talking about end-of-life can be uncomfortable, planning for these expenses is important. Final expense life insurance can help keep loved ones from paying these types of expenses out-of-pocket. Please contact me so I can answer any questions that you may have.

651-253-1943

len.carlson253@gmail.com

Tubfrim and Pop Tabs—save your stamps and pop can tabs!



Kristiania lodge will continue to collect aluminum can tabs for our local Ronald McDonald House. A marked collection box will be available at each lodge meeting on the table located on the side wall.—

Monica VanKirk



We are still collecting stamps for **Tubfrim** to send to Norway to help children and young people with disabilities and handicaps as well as those with serious illnesses. Please bring used stamps with ¼—½ inch border on them to one of our meetings. We will store them in our board room until we take them to the District One office or to a district convention—**Ann Romo**

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 2124 Viola Road NE
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<p>Hunt's Silver Lake Drug & Gift 1510 N. Broadway—289-3901 Rochester, MN 55906 Card & Gift 289-1543; Photo 289-0749 Open 7 days a week</p>	 <p>JIM MINER, BROKER-REALTOR® MN LICENSE #711263 www.jimminer.com • email: jimminbtr@aol.com SUITE 300 • 604 11TH AVE. N.W. • ROCHESTER, MN 55901 Cell1: 507/254-8071 Res: 507/288-9343 Bus: 507/282-4624 Cell2: 507/269-1644 Fax: 507/282-7980</p>	<p>Look online at: www.discoverytoys.com For a catalog or order, contact Independent Consultant: Kari Christen Richards 507-585-0088 KarisToys@gmail.com Sons of Norway member!</p> 
<p>Kristiania <i>Posten</i> is the newsletter of Kristiania 1-47 in Rochester, MN, and is published eleven times a year. Redaktør: VJ Anderson, 44 County 16 Road SE, Rochester, MN 55904; 507-289-3794; verlajeana@aol.com.</p>	 <p>507-288-3772 pepsirochester.com 3393 Commercial Drive SW Rochester, MN 55902</p>	 <p>SONS of NORWAY District 1</p>