



Kristiania Lodge 1-047

KRISTIANIA POSTEN

2124 Viola Road NE

Rochester, Minnesota

Web page: www.Kristiania1-47.org

Facebook: [@sonsofnorwaykristiania.org](https://www.facebook.com/sonsofnorwaykristiania.org)

MAY 2026

Volume 2026 Number 5



COMING KRISTIANIA EVENTS

(All events held at Our Savior's Lutheran Church unless otherwise noted.)

Sat., May 9	Syttende Mai celebration , catered lunch, scholarship awards PLUS musical entertainment by Heidi and Phil Dybing , featuring Norwegian folk songs, music by Edvard Grieg, and sing-alongs. Wear your <i>bunad</i> ! RSVP by May 1 to Sue Walch via phone/text 507-273-4025. Members: no charge; Guests: \$20.	12 noon
Thurs, May 14	Board meeting	5:15 pm
Sun. May 17	<i>Syttende Mai i Norge</i>	
Thurs., June 11	Board meeting	5:15 pm
Thurs., June 11	Ice Cream Social / Bingo / Library Night	6:30 pm

Hilsen fra Presidenten—

A Memory From My Past: When I was growing up in Lanesboro, I had a dear friend, Jane. She often told me that when she was little, she had been kidnapped by gypsies. While this seemed like an unusual thing to happen in a small town like ours, I believed every word of it because, after all, she was my best friend. Many years later, we asked her mother to tell us more about it. Her mother laughed and then explained that Jane had gotten lost in the park during a Sons of Norway picnic, and some women wearing *bunads* had found her and returned her to her parents. Now I smile and remember Jane and her mother every time I see someone in a *bunad*!

—**Carol Lucido, President**

Syttende Mai Celebration—Noon, May 9

Please join us for our annual *Syttende Mai* luncheon at noon on May 9th. We will enjoy a catered meal and musical entertainment by **Heidi and Phil Dybing** from Lanesboro, MN. They have been performing Norwegian music for 50 years with piano and voices, and they are friends of many members of our lodge. We are also presenting college scholarships to 12 area high school graduates.

Please wear your *bunads* for this festive occasion! —**Sue Walch, Social Director**

The mission of Sons of Norway is to provide quality insurance and financial products to our members, promote and preserve the heritage and culture of Norway, and celebrate our relationship with other Nordic countries. (Updated mission statement, 2025).

Lucky to be Norwegian!

We enjoyed hosting **Darlene Fossum Martin** on April 9th for a delicious program on *Kransekake*, Norway's iconic almond ring cake. Darlene is a long-time Vesterheim cooking teacher, and she had a beautiful fresh cake to display and serve.

Darlene shared her written recipe including special tips and knowledge gleaned from successes and experiments for improvements over many years of baking the "Queen of Cakes." She reviewed options of ring forms (she does not prefer "Teflon"). She taught us that *Kransekake* should be served with fresh flowers and candles to complete the beauty of the presentation.



Darlene shared pictures of cakes decorated for *Syttende Mai*, of course, but also for weddings and even her son's soccer-themed birthday cake. Best of all, Darlene shared pieces of the cake she brought, and of course, it was delicious! We are so lucky to be Norwegian as we enjoyed another sweet way to celebrate our heritage.—**Sue Walch**, Social Director

TUSEN TAKK to:

Steve and Barb Milburn, Lori Conklin, and Curt and Jean Mortenson, who provided a bountiful lunch on April 9.

LUTEFISK SUPPER Fri., May 15 4-7 pm

Lands Lutheran Church, 1/2 mi. west of Zumbrota

\$25, children 10 and under eat free

Tickets at the door only.

ICE CREAM SOCIAL / BINGO / LIBRARY NIGHT

Thursday, June 11, 2026

6:30 pm

Get ready for a fun-filled evening at our upcoming lodge bingo night. Mark your calendars for an exciting night of bingo, prizes, and camaraderie. Bring your friends and family for a night of laughter and friendly competition..

ALSO—Enjoy ice cream treats and a chance to explore the Kristiania library and check out a couple of interesting books on Norway or Norwegian culture.



Postage stamps—We are still collecting cancelled postage stamps, which are collected on the district level and sent to Norway to help raise funds for humanitarian causes. Look for a box for depositing or bring to the board room/library.—**Ann Romo**, trustee

Kristiania Posten is the newsletter of Kristiania Lodge 1-47 in Rochester, MN, and is published eleven times a year.
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NOTE—Please notify **Kristi Simmons** (ssimmons10@aol.com) or **Lisa Fenton** (lj.fenton789@gmail.com) if you know of a Kristiania member who should receive a get-well or sympathy card with greetings from the lodge.

Bygdelagenes Fellesraad

Bygdelagenes Fellesraad is the national council for the regional organizations of descendants from Norway. Each regional “Lag” seeks to celebrate, preserve, and strengthen bonds with its “home district” in Norway, especially at summer “Stevne” gatherings:

2026 Stevne Events

June 10–12	Vestlandslag: Hardanger, Møre og Romsdalslag, Nordhordland, Rogalandslag, Sognalag, Sunnhordland, Sunnfjordlag, Vosselag. Red Wing, MN
June 12–13	Valdres Samband Eau Claire, WI
June 15–17	Nordlandslag Fergus Falls, MN
July 15–18	7+ Lag Stevne: Agderlag, Hadeland, Landingslag, Numedalslågen, Ringerike Drammen Districts, Sigdalslag, Telemag, Totenlag. Stoughton, WI
July 29 – Aug 1	Hallinglag Northfield, MN
Aug 12–14	Sognefjordlag Mt. Horeb, WI
Sep 14	Nordfjordlag Spicer, MN
Sept 15–18	Flere Lag Stevne: Gudbrandsdalslaget, Trønderlag, Nord Hedmark og Hedemarken, Romerikslaget, Solørlag. Austin, MN

www.fellesraad.com

What is a **bygdslag**?

What is a **lag**?

What is a **stevne**?

A *lag* represents a home district in Norway, such as the Sognefjordlag for the Sognefjord area.

Bygdelagenes Fellesraad is the national council for the various *lag*.

Groups of *lag* gather for annual meetings, or *stevne*, for various activities, such as speakers, genealogical help, food, fun, and entertainment. The chart shows that the 2026 *stevne* are in Minnesota and Wisconsin.

Contact Kristiania members **Ann Romo**, **Judy Davis**, or **Barry Dahl**, who are all very active in one or more of their ancestral *lag*, for more information.



Pop Tabs—

Kristiania lodge will continue to collect aluminum can tabs for our local Ronald McDonald House. A marked collection box will be available at each lodge meeting on the table located on the side wall.—**Monica VanKirk**

Sons of Norway
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RETURN SERVICE REQUESTED



From our Financial Benefits Counselor, Len Carlson

I want to give you an update on the interest rate on both our Flexible and Single Premium Deferred Annuities. The first year rate is 4% with a 1% bonus rate, so the first year rate is 5%.

As a reminder, both annuities grow on a tax-deferred basis, meaning that there are no taxes paid until distribution. It's an excellent way to accumulate money. Plus there is liquidity where you can withdraw money after the first year.

If you have monies in another account, that money can be transferred tax-free into one of these annuities. If you have money in an IRA or a 401K, you can do a tax-free transfer as well.

Please contact me for more details.

Len Carlson, 651-253-1943, len.carlson253@gmail.com