



**SONS of  
NORWAY**

*Kristiania Lodge 1-047*

# KRISTIANIA *POSTEN*

2124 Viola Road NE

Rochester, Minnesota

Web page: [www.Kristiania1-47.org](http://www.Kristiania1-47.org)

Facebook: [@sonsofnorwaykristiania.org](https://www.facebook.com/sonsofnorwaykristiania.org)

**OCTOBER 2024**

Volume 2024 Number 9

## COMING KRISTIANIA EVENTS

(All events held at Our Savior's Lutheran Church unless otherwise noted.)

Thursday, Oct. 10	Board meeting	5:30 pm
Thursday, Oct 10	Lodge meeting. Speaker: <b>Sandra Bestland</b> , " <i>Spedalskhed</i> (Leprosy) in 19th century Norway" See page 2.	6:30 pm
Saturday, Nov. 9	Bake Sale, Craft Sale and Luncheon	10 am– 1 pm

### ***Hilsen Fra Presidenten—***

Greetings to all and a big thank you to all who attended our last lodge meeting Our lodge is seeking a person who may be interested in joining the board as secretary. **Kristi Simmons** has been our long-time record keeper, and she will be stepping down We thank her for her many years of commitment to this group. Please consider and reach out if interested.

Hope to see you at the lodge.

—President **Sharon Kingsley**

### **Summary of Secretary Duties**

The lodge secretary is a member of both the regular board and the executive board. The primary duties of this position are:

Taking minutes at both the regular board meetings (Thursday evenings September through June) and the executive board meetings (Monday mornings, quarterly; these meetings are held via Zoom).

Providing a brief summary of the chapter meetings for the Posten.

Participating in review of scholarship applications (one time per year).

Submitting lodge achievement forms to the International Office (due between January 1 – March 15). These include the Lodge Achievement Form, the Family Lodge of the Year form, and the American Fraternal Alliance Year End Report.

Updating/maintaining the Lodge Officers for Lodge 1-47 on the Sons of Norway website.

Updating/maintaining the membership list on the Sons of Norway website.

Updating/maintaining the lodge email distribution list

Emailing the Posten and other relevant information to the members.

—Kristi Simmons

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

## Annual Bake Sale, Craft Sale and Luncheon

Saturday, November 9, 10 am—1 pm

Mark your calendars for one of our most significant events of the year—Kristiania’s Annual Bake Sale, Craft Sale, and Luncheon! This event brings about 200 non-members through our doors, and it is our opportunity to promote Nordic culture and to attract new members.

Volunteer needs: We still need a few volunteers in the following areas: hospitality station, bake sale room, bake sale floor to help with traffic flow and at the checkout station.

Bake sale: Start planning which Scandinavian baked treats you will bring to the sale. Drop-off details will be included in the November newsletter. You can also expect a friendly phone call reminder in mid-October.

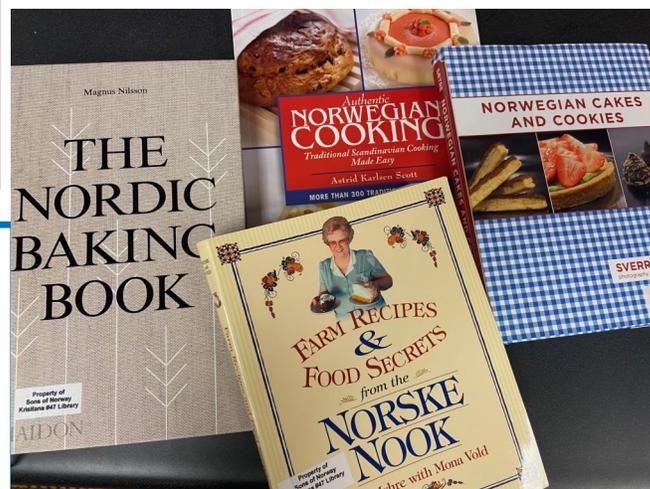
Lunch: Our Luncheon menu has had an upgrade! You can expect *pølse med lompe* (frankfurter wrapped in lefse), chips, and carrot sticks. For dessert, choose *rømmegrøt* or *lefse kring* (or both!)

Craft Sale: The craft sale tables are almost all taken. If you have any questions, contact **Betty Ronningen** at 5077-254-3717.  
—**Lisa Fenton**, chairperson

October Program: *Spedalskhed* (Leprosy) in 19th –Century Norway  
October 10, 6:30 pm

**Sandra Bestland** will share a presentation about leprosy in Norway. In the 19th century Norway had the highest incidence of leprosy in all of western Europe. Interestingly, the medical community in 19th century Norway led the worldwide effort to eradicate the disease. Our presenter will also talk about the surprising connection between leprologists in Bergen, Norway, and Red Wing, Minnesota in the late 1800s.

—**Lisa Fenton and Sue Walch**, co-program directors



## Library News

Remember our upcoming Bake and Craft Sale November 9. We are looking for donations of Norwegian ethnic baked goods. Pictured above are four of the many cookbooks in our library to check out and try. They have so many goodies for all your baking this fall season.

—**Sharon Barsness**, Librarian

*Kristiania Posten* is the newsletter of Kristiania Lodge 1-47 in Rochester, MN, and is published eleven times a year. *Redaktør:* VJ Anderson, 507-254-0454, [verlajean@aol.com](mailto:verlajean@aol.com)

## Kristiania’s Delegates Report on District 1 Convention

(Group report by our four delegates)

**Renee Thoreson, Betty Danielson, Lori Conklin,** and I, **Ann Romo**, attended the District 1 Sons of Norway convention at Lake Elmo August 19-21. Betty and Lori went on the bus tour Tuesday, visiting the Minnesota State Capitol, the Old Muskego Church, the Guthrie Theater, Mindekirken Norwegian Lutheran Church, and Norway House. There were many classes to sign up for, including baking of lefse, *Krumkake*, *Vaffler* and *Kjaefjord Kake*. The participants made lefse and *Krumkake* to serve at the banquet Tuesday night. A few of the other classes were “*SPEDLASKHED: Leprosy in 19th Century Norway*,” “The Lives and Loves of Norwegian Women Immigrants,” “Just Yourself Off,” “Statue of Liberty,” “Maihaugen,” “New Land, New Life,” “The Future of our Past,” “Troll Making,” “Sami History and Traditions,” “Charles Lindbergh,” and a few others. There were also vendors to visit. Our **Renee Thoreson** won BEST of SHOW in the Folk Art Display. The banquet Tuesday night featured a wedding party and a Hardanger fiddler, Rachel Ulvin Jensen. The keynote speaker at the business meeting was Dr. Lawrence Moe, who spoke on Norwegian emigration to America: “New Land, New Life: 1825-2024, Creating Pathways to the Future.”

Kristiania’s own **Betty Danielson** was elected Zone 5 Director, with **Ann Romo** as alternate. The convention was a wonderful experience for all four of us.

NOTE—Please notify **Kristi Simmons** ([ssimmons10@aol.com](mailto:ssimmons10@aol.com)) or **Lisa Fenton** ([lj.fenton789@gmail.com](mailto:lj.fenton789@gmail.com)) if you know of a Kristiania member who should receive a get-well or sympathy card with greetings from the lodge.

## Tusen Takk!

It was so fun to gather for the chapter meeting at the lodge on Sept. 12. The treats furnished by generous *nisser* (gnomes) **Renee Thoreson, Casey Condos**, and the **Fenton family** were so much appreciated. *Tusen Takk* to these *nisser*. We extend appreciation in advance to **Betty Danielson** and **Carol Volstad**, who will provide treats for the October chapter meeting. We need one more *nisse* to help at that meeting. You are welcome to provide a treat of your choice, like cookies, bars, fruit, sandwiches, cracker & cheese, etc. If you have any questions or want to volunteer, please call **Kathy Rosedahl**, 507-289-8621.

Scan the box on the right with your phone to learn of some of the many benefits of a Sons of Norway membership. There are new opportunities with Foundation grants.—**Betty Danielson**, Foundation Director



**SONS of  
NORWAY  
FOUNDATION**

Thank you for considering a  
gift to the Foundation



**Tusen Takk!**



A little Nordic humor—Lars (**Bob Rosedahl**) introduced us to his cousin Helga (**Renee Thoreson**) at the Sept. 12 meeting.

### From our Financial Benefits Counselor

Do you have that nest egg sitting in your local bank savings account?

Why not take advantage of the newest Lodge Exclusive member benefit and purchase a multi-year guaranteed annuity? You can enjoy tax-deferred growth while protecting your inheritance from market fluctuations. Select your guarantee period of 3, 5, or 7 years.

Let me help you see how an annuity with Sons of Norway can help you reach your retirement goals or create the legacy you desire. Please give me a call.

—**Len Carlson**, 651-253-1943



**Tubfrim and Pop Tabs**—save your stamps and pop can tabs!

Kristiania lodge will continue to collect aluminum can tabs for our local Ronald McDonald House. A marked collection box will be available at each lodge meeting on the table located on the side wall.—**Monica VanKirk**

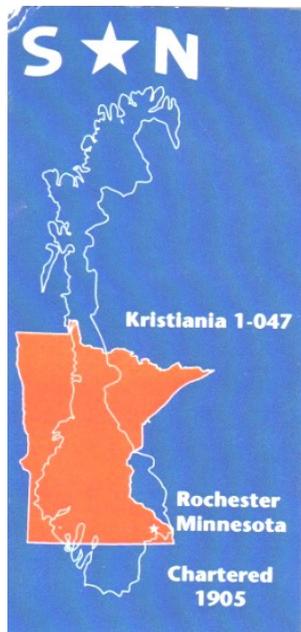
We are still collecting stamps for **Tubfrim** to send to Norway to help children and young people with disabilities and handicaps as well as those with serious illnesses. Please bring used stamps with ¼—½ inch border on them to one of our meetings. We will store them in our board room until we take them to the District One office or to a district convention—**Ann Romo**



Sons of Norway  
2124 Viola Road NE  
Rochester, MN 55906



**RETURN SERVICE REQUESTED**



### **Lutefisk Dinners and Klubb Dinner in the area coming this fall 2024**

Oct 5, Saturday – **Vang Lutheran**, (north of Kenyon)- 2060 Co 49 Blvd, Dennison, MN Reservations: 11, 12, 1, and 4. Continuous seating 5-6, no reservations needed- \$26 - 507-789-5186.

<vanglutefisk@ gmail.com>

Oct 12, Saturday – **First Lutheran**, 434 1<sup>st</sup> St. SW, **Blooming Prairie**, MN – 507-583-6621 – 3 seatings, (11 am, 12 noon & 1 pm) \$25. Tickets go on sale Sept 19<sup>th</sup>. Reservations and prepay

<firstlutheranbp.com/lutefisk-dinner>. No walk-ins.

Oct 24, Thursday – **St. John's**, 301 Eighth Ave NW, **Kasson**, MN \$25. Reservations only, no walk ins. Pre purchased and paid for on line at < stjohnskasson.org> or call 507-634-6021, 11, 12, 1, 4, 5, and 6. Tickets go on sale Sept 16<sup>th</sup>.

Nov 2, Saturday – **Lyster Lutheran**, W1771 County Road D, Nelson, WI –715-673-4934.

<lysterchurch.wordpress.com/lutefisk-dinner> \$28, Serving 11, 12, 1, 2, 4, 5, 6. Tickets go on sale Oct 22

Dec 4, Wednesday – **Whistle Binkies on the Lake**, 247 Woodlake Dr, Rochester, 507-424-1227.

Dec 11, Wednesday – **Whistle Binkies North** ,3120 Wellner Dr, Rochester, 507-289-9200.

**Klubb Dinner – October 5**, 4-6:30 - **Stordahl Church**, 15049 County 12 Blvd, Zumbrota,

Call or text orders over 1 dozen - 507-218-7350. \$17 Adults, individual Klubb : 3/\$5