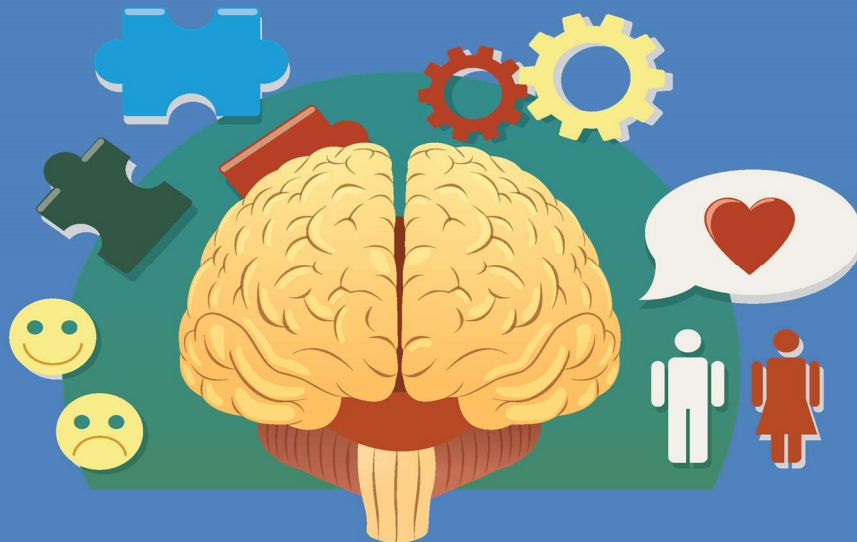


SOPHWORKS RECOVERY GROUP

Summer Workshop Series



2021 MENTAL HEALTH PROFESSIONAL *WORKSHOP*

For the 3rd year, Sophworks Recovery Group will host a Summer Workshop. This year's workshop is for adults who are interested in pursuing a professional career in the mental health field.* The workshop will include a discussion of various occupations in the mental health field, the qualifications required for professionals to work in the field, and psychology topics that will introduce an interested person to the work involved in being a mental health professional.

Featuring a walkthrough of a publicly-available undergraduate Introduction to Psychology course previously taught at the Massachusetts Institute of Technology, including debriefs of individual lectures. The workshop will also include dialogues/interviews with current mental health professionals.

The workshop will be hosted by Dr. Darryl Arrington, LCPC NCC BC-TMH.

This year's workshop will be offered virtually.

Workshop details:

Two sections of the workshop will be conducted in 2 separate cohorts, beginning on May 28th, ending on July 3rd: The Friday cohort will meet on those consecutive Fridays from 6pm to 8pm. The Saturday cohort will meet on those consecutive Saturdays, from 10am to 12pm EST.

Applicable careers: psychiatric nurses, mental health and drug counselors, clinical social workers, psychologists, psychiatrists, mental health aides, and other mental health professionals.

Academic activities will serve to prepare the attendee for future formal academic study.

Schedule of academic lectures (by week):

1. An introduction to the study of the psyche
2. The human brain and its workings
3. Consciousness
4. Memory & learning
5. Intelligence, Emotion, & Personality
6. Psychopathology & Sociopathology

The workshop is intended for anyone who is interested in possibly pursuing a career in the mental health field. It serves as an introduction to professions in that field of work.

- Workshop attendance is limited.
- Applicants will be screened for eligibility.
- Participation in the workshop will not result in academic credit.
- All attendees will receive small financial compensation.

*This year's workshop is intended for survivors of trafficking who are considering working in the mental health field. Attendance will be confidential. Inquires should be directed to sophworksrecoverygroup@gmail.com