

# PATIENT INFORMATION

Full Health History

NAME (FULL FORMAL): \_\_\_\_\_ (PREFERRED NAME: \_\_\_\_\_)

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ + \_\_\_\_\_

PHONE# ( \_\_\_\_\_ ) CIRCLE: CELL / HOME (if cell, we send appt reminders; you may opt out)

EMAIL: \_\_\_\_\_

EMERGENCY CONTACT- Name: \_\_\_\_\_ #( \_\_\_\_\_ )

DATE OF BIRTH: \_\_\_\_\_ AGE: \_\_\_\_\_ GENDER: MALE / FEMALE

SSN: \_\_\_\_\_ MARITAL STATUS: S / M / D / W

WHO MAY WE THANK FOR REFERRING YOU TO OUR OFFICE? \_\_\_\_\_

ARE WE FILING INSURANCE? NO / YES -name of primary insurance company? \_\_\_\_\_

➔ If YES: CIRCLE ➔( COMMERCIAL ) or ( MEDICARE TYPE ) ➔ ( WITH SUPPLEMENT ) or ( WITHOUT SUPPLEMENT )

## CONSENTS / ACKNOWLEDGEMENTS

- I understand that most care is given in an open adjustment office setting.
- I consent to receive communication from the office in connection with my care via postal mail, email, text, & telephone messaging.  
\* If I withdraw my consent, I will notify the office in writing.
- A copy of the privacy policies is always available at the front desk.
- This initial visit includes a health history consultation, chiropractic exam and evaluation followed by any initial care that is determined to be clinically necessary and mutually agreed upon.
- The information I have provided on this case history form is true and accurate to the best of my knowledge.
- I give the doctors at Family Chiropractic of Chattanooga permission to render care to me today.
- I agree that I am responsible for paying for all services I receive in this office.
- If this account is placed with attorney or collections, I am responsible for all fees.
- I assign this office the rights to collect payments from all third-party payers, such as my insurance
- I authorize the release of my medical or other information necessary to process claims.
- The office will not enter a dispute with your insurance company; we will provide you with information needed
- Emergency/Weekend/After-hours appointments will be charged \$75.00 cash/check only (not billed to insurance)
- **\*Missed appointments, without notice/communication, may be charged \$15.00**
- **\*\*PAYMENT: CASH, CHECK, or CREDIT/DEBIT [cards kept on file will be used to pay your balances due]**

Please provide your photo id along with any available insurance information before seeing the doctor today.

PATIENT'S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

Family Chiropractic of Chattanooga, Inc.  
6341 East Brainerd Road  
Chattanooga, TN 37421  
Tel (423) 355-KIDS (5437)



# HEALTH HISTORY

**Print Name:** \_\_\_\_\_ **Date of birth:** \_\_\_\_\_

## TOP 3 CONCERNS FOR SEEKING CHIROPRACTIC CARE & THEIR RELATED PAIN SCALE (NONE) 0 – 10 (SEVERE)

1. \_\_\_\_\_ 1 2 3 4 5 6 7 8 9 10
2. \_\_\_\_\_ 1 2 3 4 5 6 7 8 9 10
3. \_\_\_\_\_ 1 2 3 4 5 6 7 8 9 10

## ARE YOUR CONCERNS AFFECTING YOUR QUALITY OF DAILY LIFE ACTIVITIES?

Work Y / N      School Y / N      Walking Y / N      Driving Y / N      Posture Y / N  
Sleeping Y / N      Exercise Y / N      Sitting Y / N      Eating Y / N      Sports Y / N  
Love Life Y / N      Other \_\_\_\_\_

## HAVE YOU CONSULTED, OR DO YOU REGULARLY CONSULT: (Circle ALL that apply)

Medical Physician      Naturopath      Acupuncturist      Homeopath      Chiropractor  
Massage Therapist      Podiatrist      Physical Therapist      Orthopedist      Dentist

## PAST SURGICAL HISTORY (Circle all that apply)

Appendectomy    Angioplasty    Arthroscopic    Bladder    Biopsy    Endoscopy    Fracture    Gall Bladder    Heart bypass  
Hysterectomy    Kidney stone    Pacemaker    Spine/back    Spinal fusion    Thyroidectomy    Tonsillectomy    Total joint  
OTHER: \_\_\_\_\_

## PAST MEDICAL HISTORY (Circle all that apply)

Allergies    Alcoholism    Anemia      Arthritis    Asthma    Cancer    Colitis    Diabetes    Digestive    Disorder  
Dizziness/Vertigo    Emphysema      Endometriosis      Epilepsy    Fibromyalgia    Goiter    Gout    Heart Trouble  
Herpes    Hernia    High BP    High Cholesterol    Leukemia    Lupus    Migraines/HA    MVP    Mental Condition  
Menopause    Nervous/Anxiety    Obesity    Sleeplessness    Staph/MRSA    Stress    Stroke    Tuberculosis    Ulcers  
OTHER: \_\_\_\_\_

**FAMILY HEALTH HISTORY:** \_\_\_\_\_

## WOMEN ONLY SECTION:

Pregnant? YES / NO / UNKNOWN      Last menstruation date: \_\_\_\_\_ Due Date: \_\_\_\_\_  
# of births \_\_\_\_\_; # of C-Sections \_\_\_\_\_; # of miscarriages \_\_\_\_\_; breast augmentation: reduce / enlarge / mastectomy

## PHYSICAL STRESS: (Major traumas from childhood through adult)

Circle all that apply =    Automobile    Motorcycle    Bicycle    Sports    Playground    OTHER  
Date of occurrence =    \_\_\_\_\_    \_\_\_\_\_    \_\_\_\_\_    \_\_\_\_\_    \_\_\_\_\_

Injuries to body (include broken, fractured, sprained, or painful bones/joints of head, spine, ribs, chest, pelvis/hips, legs/arms)  
\_\_\_\_\_  
\_\_\_\_\_

# HEALTH HISTORY (cont.)

**Print Name:** \_\_\_\_\_ **Date of birth:** \_\_\_\_\_

## **EMOTIONAL STRESS: (childhood through adult)**

Childhood Trauma	Y / N	Loss of Loved one	Y / N	Abuse	Y / N
Work or School	Y / N	Divorce / separation	Y / N	Financial	Y / N
Lifestyle change	Y / N	Parents Divorce	Y / N	Illness	Y / N

## **CHEMICAL STRESS: (childhood through adult)**

Vaccinations Y / N -- vaccine reaction Y / N / unsure

Sensitivities / Allergies -- to what : \_\_\_\_\_

If consume, circle all that apply -- Caffeine / Tobacco / Alcohol / Rx Drugs / OTC Drugs / Sugar / Dairy

Past or present, regular exposure to: Smoke / Toxic chemicals / Radiation / Drug Therapy / Chemotherapy

Current medications (Rx or OTC) & supplements: \_\_\_\_\_

## **DO YOU HAVE THESE SYMPTOMS CURRENTLY OR CHRONICALLY?**

→ CIRCLE THE NUMBER THAT BEST DESCRIBES – LEAVE BLANK IF DOES NOT APPLY

**1 = MILD / RARE    2 = MODERATE / OCCASIONAL    3 = SEVERE / CONSTANT**

### **GENERAL HEALTH**

1 2 3	Fatigue / Tiredness
1 2 3	Fever / Night Sweats
1 2 3	Trouble Sleeping
1 2 3	Skin Irritations / Rashes / Hives
1 2 3	Bleeding Disorders
1 2 3	Depression
1 2 3	Anxiety / Tension / Stress

### **EYE, EAR, NOSE, THROAT**

1 2 3	Vision / Eye Problems
1 2 3	Hearing / Ear Problems
1 2 3	Throat / Voice / Swallow Problems
1 2 3	Nasal / Sinus Problems
1 2 3	Headaches / Face Pain

### **GASTROINTESTINAL**

1 2 3	Mouth / Stomach Ulcers
1 2 3	Stomach / Abdominal Pains
1 2 3	Diarrhea / Constipation
1 2 3	Vomiting / Nausea
1 2 3	Reflux / Indigestion

### **GENITOURINARY**

1 2 3	Urinary Frequency / Urgency
1 2 3	Urinary Burn / Pain / Discoloration
1 2 3	Sexual / Reproductive Problems

### **CARDIOPULMONARY**

1 2 3	Breathing Problems
1 2 3	Swelling / Edema
1 2 3	Chest Pains

### **SKELETAL**

1 2 3	Morning Stiffness
1 2 3	Night Pain
1 2 3	Neck Pain
1 2 3	Shoulder / Arm / Wrist / Hand Pain (left / right)
1 2 3	Hip / Leg / Knee / Ankle / Foot Pain (left / right)
1 2 3	Mid-Back / Low Back Pain

### **NEUROMUSCULAR**

1 2 3	Muscle Pain
1 2 3	Muscle Weakness
1 2 3	Numbness / Tingling
1 2 3	Tremors / Shakes
1 2 3	Loss of Consciousness / Passing out

# HEALTH HISTORY (cont.)

**Print Name:** \_\_\_\_\_ **Date of birth:** \_\_\_\_\_

Additional Symptoms or health concerns you would like to address:

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## QUALITY OF LIFE (PRESENTLY)

- How do you grade your physical health? GOOD / FAIR / POOR
- How do you grade your emotional / mental health? GOOD / FAIR / POOR
- How do you rate your overall "quality of life"? GOOD / FAIR / POOR
- Do you exercise regularly? If yes, how often? \_\_\_\_\_
- Do you follow a special dietary regime? \_\_\_\_\_

**\*\* I give FCOC, Inc. consent to discuss my medical issues/chart details with specific individuals listed below:**

<u>Name</u>	<u>Relationship</u>	<u>Contact#</u>
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List any restrictions or other details you would like us to know about in reference to discussing your chart:

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My signature below is my agreement that all the information provided on this form is true to the best of my knowledge.

\_\_\_\_\_ / \_\_\_\_\_

**Patient Signature / Today's Date**

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