Minutes from January 16, 2025 Meeting

The Cordesville Community Citizens monthly meeting was opened with the Pledge of Allegiance and prayer by Vice-President Tarsha Taylor who reported that President Melanie Lott and the grant team were at a required County meeting for future grant applications.

Guest speaker, Mikki Winningham, Clinical Liaison at Interim Healthcare of Charleston presented information about levels of assistance available and costs involved:

- A personal caregiver assists with activities of daily living, such as bathing, etc.
 This level of service is not covered by insurance and costs \$36/hour. It can be 24 hour, but usually 3-5 hours/week or 2-5 days/week. They can help with light housekeeping or even running errands.
- 2. Home health services are covered by insurance. It is usually for the short term 8-12 weeks and involves various therapies, a social worker and help get medications straight. A doctor's order is required and the patient to be considered homebound, although they can get out for grocery shopping, hair appointments, and church. Physical therapy targets large muscle groups, while Occupational therapy focuses on fine motor skills. Speech therapy includes help with cognition. A home health aid may be ordered 2-3 times/week to help with bathing and getting up.
- 3. Hospice services are available with the diagnosis to support. The goal is to make the patient comfortable in the home setting. It is a Medicare benefit with increasing frequency as the need increases. Nursing visits include aides to assist with bathing, social workers for end-of-life planning, chaplain to support patient and family. After death, support is available to the family for 13 months. Hospice volunteers usually visit for 4 hours/day to sit with the patient and give family members a break. There is also a Vet-to-Vet program where veteran volunteers visit patients who are veterans.
- 4. Specialty programs are available dealing with balance, diabetic and cardiac issues.

Old business

The minutes from the December meeting and the treasurer's report were accepted as presented on motions from Frank McKnight with seconds from Jim Legendre.

New business

The Community Action team update was presented by Captain Mixon and Sgt. Harris as Sgt. Smith was ailing. Sgt. Harris reported that the Cordesville area had one episode of vandalism, 5 disturbance calls, 1 trespassing call, 3 domestic violence calls and 17 public service calls (lockouts, etc.). The community reports that traffic is an issue and there were 19 traffic stops, primarily on Hwy 402 mostly for speeding. Thankfully, there were no major issues. Melanie asked about fires being set and questioning how many

traffic accidents/day in Berkeley County. Captain Mixon stated that he shut down the tail race bridge on Friday, 1/10 because there was 1 1/2" of ice, cars weren't slowing, volume was 28 cars/minute, and a Yukon lost it on the top of the bridge. As a result of his action, traffic did back up but there were no accidents.

Committee updates

- 1. Cordesville Cares—looking for a community project for the second Saturday from 8-12; however, it is weather dependent. It was reported that the sign was painted but it was too late in the day to dry appropriately and washed off with the dew overnight.
- 2. Fundraiser—the committee is working on a fishing tournament with the lake being the preferred locale.
- 3. Education –reported that the Community received a \$1000 grant from Google/facilitated by Elaine Morgan of Berkeley County Chamber for GED remote access to tutors and testing. Volunteer tutors include Tracey Manuel, Tarsha Taylor, Brian and Ruth Fry who are available Sunday afternoons, Tuesday and Wednesday evenings. We have more students than ever working on their GED. The cost is \$42.60 per course.
- 4. Grant team is comprised of Tracey Manuel and Brian Fry. The County meeting gave lots of information that the committee needs time to process. We now have a budget, which is required. We are reaching out to the other groups within the community to work together. There is \$200K to be divided between 5 groups, there doesn't need to be a duplication of efforts/services. A private school is being built on property at Rectory Hill/Hwy 402.

The meeting adjourned at 6:55 p.m. with prayer by Anne Turner

Respectfully submitted,

Anne Turner, Secretary