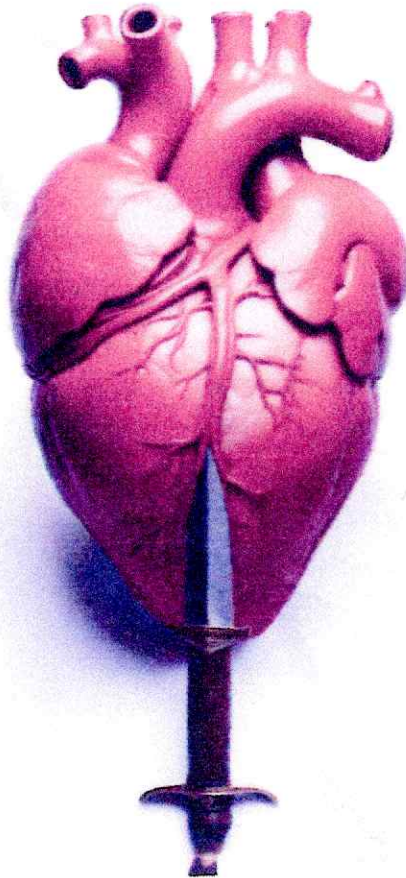


The Daggers of Cardiovascular Disease

Poor Diet
High Blood Pressure
Nutritional Deficiencies
Obesity
Metabolic Syndrome
Diabetes
Poor Sleep
Depression
Anxiety
Loneliness
Social Isolation
Stress
Psychological Trauma
PTSD
Exercise
Smoking
Low Socioeconomic Status
Toxins
Ethnicity
Genetics



Medication Side Effects
Immune Dysfunction
Inflammation
Allergies
Sensitivities- like gluten
Other organ failure
Loss of Muscle Mass
Gut Microbiome
Oral Microbiome
Clotting Disorders
Excessive Alcohol
High Uric Acid
High C Reactive Protein
High Fibrinogen
Lipid abnormalities
Age
Gender
Menopause
Infectious Diseases