



Dr. Tristin Wallace, ND

Naturopathic Physician



Dr. Tristin Wallace is a Board Certified, Licensed Naturopathic Physician. She received her doctorate in 2007 from the National College of Natural Medicine, the nation's oldest, accredited Naturopathic institution. There, she accomplished the rigorous Naturopathic education which first incorporates all conventional medical sciences, then expands into the natural healing curriculum. Her Naturopathic training defines integrative medicine, allowing Dr. Wallace to prescribe pharmaceutical medications, while also expertly counseling in homeopathy, clinical nutrition, physical medicine, botanicals, intravenous therapies, and more.

Dr. Wallace's foundation in truly traditional medicine was strengthened by her mentorship with Dr. Judy Peabody, whose integrity in service was honored by Portland City Commissioner Sam Adams for Outstanding Community Service in three Community Clinics. Under Dr. Peabody's training, Dr. Wallace learned to address all manner of chronic pathology in circumstances challenging the efficacy of natural medicine. Having few resources, she nevertheless made medical miracles using her hands, water, homeopathy, nutritional counseling, judicious prescriptions, and a handful of donated botanical and natural supplements.

Dr. Wallace's Naturopathic medical education was further inspired and enhanced by three years' study in the science of Applied Kinesiology, a complex application of the Chiropractic method. To this day, she practices bodywork influenced by these cherished lessons in post-doctoral functional neurology via the International College of Applied Kinesiology (ICAK). Through this medical science and practice, the interrelationship between bodily systems instructs the practitioner for greatest benefit of the whole

individual, helping to focus the powerful healing modalities accessible in the broad training of the Naturopathic practitioner.

Since obtaining ICAK certification in Applied Kinesiology, Dr. Wallace has continued her practical training and earned additional certification and expertise. These include Lyme and Lyme-like Illnesses, Research Genetic Cancer Center (Greek) testing, Dendritic Cell Therapy, Mold Literacy, Supportive Oligonucleotide Therapies, Emotion Code, Ultraviolet Blood Irradiation with Ozone, Live and Dry Microscopy, Dr. Bredesen's Apollo ReCODE, SIBO Mastery, CranioSacral Therapy, and Oncology Nutrition. She continues to add to her training & certifications, recognizing the level of versatility needed to meet the needs of modern health consumers.

Dr. Wallace's revolutionary approach to conditions such as Lyme and Lyme-Like Illnesses is drawn from many years of experience, including a two year Associate Practice under Dr. Dietrich Klinghardt, recipient of the 2007 Physician of Year Award from the Global Foundation of Integrative Medicine. Under Dr. Klinghardt's incomparable instruction, Dr. Wallace developed and honed her expertise in treating chronic Lyme disease, autoimmune conditions, and other persistent syndromes using intravenous therapies, homeopathy, botanicals, nutrition, traditional Naturopathic medicine, physical medicine, and other tools in the Naturopathic, integrative approach.

In her continued passion to find and treat the underlying cause of illness, Dr. Wallace has most recently founded Inspiration Health & Wellness in Sandy, Utah. Since 2018, her Inspiration team has provided local access to integrative approaches in chronic illness and adjunct cancer support which individuals would otherwise travel to obtain.

A small and welcoming jewel, Inspiration Health & Wellness offers a robust suite of services, including Intravenous Therapies like High Dose Vitamin C, Mistletoe, Shogaol, Turmeric, Ultraviolet Light with Ozone, Chelation, Myers' Cocktail, and more. Dr. Wallace may create a protocol for her patients that incorporates Infrared Sauna, Exercise with Oxygen Therapy, BioResonance Guided Homeopathic Detoxification Regimens, Lymphatic Mapping via Thermography, Heavy Metal Testing, SOT, Stem Cell Therapy, Live and Dry Microscopic Blood Analysis, Naturopathic Counseling, superbly informed supportive regimens in cancer, NeuroQuant for early detection of cognitive decline, Allergy and Environmental studies, Lymphatic Drainage, chiropractic adjustments, or even Ion Foot Cleanse.

Dr. Wallace recognizes the unsurpassed value in working as expert counsel to, rather than medical authority over, her clientele. Her motto and strongly held conviction is that "Good Health is Your Birthright." At Inspiration Health & Wellness, she directs her skills, experience, talent, and compassion to the most cutting edge, efficient means aligning individuals with their intrinsic independence, and full quality of life.

Good Health Is Your Birth Right

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