



**JUNE 8 - JULY 31**  
**8 WEEKLY THEMES**  
**9:00 AM- 3:00 PM**

**2026 FMMA**

# Once Upon a Melody

**SUMMER  
MUSIC**

# Camp



**\$596 PER WEEK**

**10% DISCOUNT FOR  
SIGNING UP 2 CAMPS**

**SIGN UP**

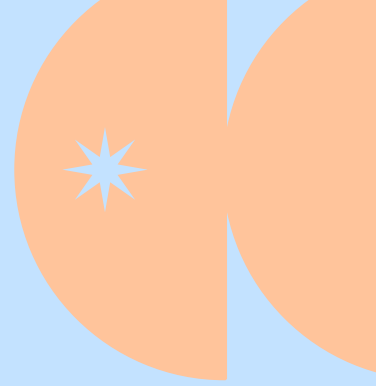
# Parent Handbook



Welcome to FMMA Summer Music Camp 2026! We are excited to spend a fun, safe, and enriching summer with your child. This handbook is designed to help parents understand campers' daily routines, camp policies, and expectations.

First Movement Music Academy's Summer Music Camp focuses on imagination and storytelling to build strong musical foundations. Through weekly themes such as Disney, Superheroes, Forest Adventures, and Brave Voices, children learn rhythm, pitch, movement, and listening skills in a joyful, age-appropriate environment.

# Camp Overview



- **Disney Theme**
- **Superheroes Theme**
- **Forest & Nature Theme**
- **Brave Voices Theme**

A one-of-a-kind camp blending music, creativity, friendship and fun! Designed for kids TK to 5th, FMMA camps offer exciting hands on experience on different instruments such as piano,

guitar, drums, percussion; movements, violin and keyboard ensembles. Kids also love our activities like slime, and Tie-dye shirt making, yoga, water play, arts & crafts, a cookie decorating high tea party followed by a final Friday showcase! All levels of musical experience are welcome! Whether your child is a beginner or has years of experience, our ensemble-focused learning ensures every camper is engaged. Curriculum is tailored to each skill level for a dynamic and fun final performance!

# CAMP DETAILS

Campers are dropped off and signed in at 9 AM everyday, starting with classical music story adventure time, followed by themed-related arts & crafts.

Hands-on experience on various instruments, including singing and movements, begins at 10 AM and ends at 11:45 AM each day.

## 🎵 Core Skills Across All Weeks

- Piano, Violin, Guitar, Percussion
- Steady beat & rhythm
- Pitch & singing
- Listening & focus
- Movement & coordination
- Confidence & group participation

Outdoor Adventure, Yoga, Water Play, Scavenger Hunt, Theory & Rhythm Bingo will happen after lunch.

## 🎵 Schedule Details 🎵

🕒 9:00 - 11:45 am Musical Training

📍 11:45 - 12:15 pm Lunch

☀️ 12:30 - 3:00 pm Games & Outdoor Activities



# Sample Camp Schedule



01

## Daily Drop Off

9:00 - 9:10 am



## Music Story Time

Intro to themed related classical pieces  
9:00 - 9:40 am

02

## Eurhythmic/ Instrument

Voice/ Violin/ Piano/ Guitar/ Drums  
9:45-10:20 am

03



## Snack & Social Time

10: 20 - 10:35 am



## Rhythm & Theory Games

Scavenger hunt, Bingo & Activities  
10:40 - 11:10 am

04



## More Practice

11:15-11:45 am

05



## Lunch Time

11:45 am - 12:15 pm

06

## Free Play Social Time/ Friday Showcase

LEGO/ Board & Carnival Games / Lunch time Zoom Concert  
12:15 - 12:45 pm



## Mindfulness Yoga

Calming Technic & Yoga story origami  
12:45 - 1:45 pm

07



**1:30-3:00**

OR

## Craft / Ensemble

Tie Dye/ Slime/ Water Play/ Percussion  
12:45 - 1:45



08

## Outdoor Activities

Waterplay/ Park / Scavenger Hunt/ High Tea  
1:45 - 2:50 pm



## Daily Pick Up

3:00 pm

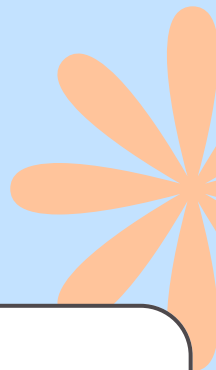


## Quick Snack

2:50 - 3:00 pm



# Camp Themes & Weekly Curriculum



## My DISNEY World — Music Tells a Story

*Focus: Melody, expression, imagination*

### Week 1: Princesses, Dreams & Magical Melodies

*June 8 - June 12*

- Singing and lyrical movement
- Pitch matching and musical expression
- Story-based songs and ribbon movement

### Week 2: Disney Adventures & Animal Friends

*June 15 - June 19*

- Character music and playful rhythms
- Tempo and articulation
- Animal-inspired movement and percussion



## We the SUPERHEROES — Music Builds Confidence

*Focus: Rhythm, power, teamwork*

### Week 3: Hero Beats & Power Rhythms

*June 22 - June 26*

- Drumming, marching, and strong beats
- Dynamics and rhythmic coordination
- Body percussion and group rhythm games

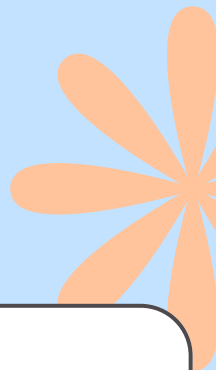
### Week 4: Secret Identities & Musical Missions

*June 29 - July 3*

- Active listening and musical problem-solving
- A/B musical form and teamwork
- Mission-based music challenges



# Camp Themes & Weekly Curriculum



## In the FOREST — Music Comes From Nature

*Focus: Listening, sound, creativity*

### Week 5: Enchanted Forest Sounds

*July 6 - July 10*

- Exploring tone color and sound effects
- Quiet vs. loud, high vs. low
- Instrument discovery and listening games

### Week 6: Woodland Creatures & Rhythm Trails

*July 13 - July 17*

- Movement-based rhythm patterns
- Tempo changes and coordination
- Animal rhythm paths and musical storytelling

## Brave Voices — Movie Music of Courage

*Focus: Confidence, self-expression, resilience*

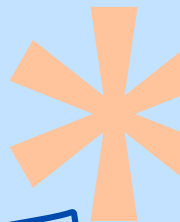
### Week 7 & 8: Finding Inner Strength & Being Brave & True to Yourself

*July 20 - July 31*

- K-Pop Demon Hunters — Inner strength, teamwork, standing up to fear
- Wicked — Being different, confidence, self-belief










# Reminders







## • What to Bring

Please label all items with your camper's name.


-  Backpack
-  Hat & Sunscreen (we'll have outdoor time!)
-  Refillable water bottle
-  Comfortable clothes and closed-toe shoes
-  2 snacks (AM & PM)
-  A positive attitude and love for music!
-  Lunch (nutritious, ready to eat – microwaves available)

## • Wednesday - Special Water Play Day!

Every Wednesday is Water Day! We'll enjoy safe, supervised water play outside. Please pack:

-  Swimsuit (worn under clothes or packed)
-  Extra clothes
-  Sandals or water shoes
-  Towel

## • Quick Reminders

- ✓ Apply sunscreen before drop-off.
- ✓ Dress comfortably for movement, art, and outdoor play.
- ✓ Let us know about any allergies or medical needs in advance.
- ✓ Follow us and tag your photos!  @firstmovementmusic

## • Behavior Issues

Although we fully expect only enthusiasm, good behavior, and mutual respect among our campers, we do want to make it clear that disruptive behavior will be addressed. We believe it is unfair for an individual camper to disrupt the camp experience for others - such behavior may also create a safety hazard. Campers will receive three warnings for disruptive behaviors, and then parents will be contacted to pick up their children. Refunds will not be issued to campers who are asked to leave.

**We can't wait to make music with you this summer! If you have any questions or need to update any info before camp begins, feel free to reach out to us!**



# Check List



## MUSIC LEARNING CHECK LIST

- Piano* \_\_\_\_\_
- Keyboard* \_\_\_\_\_
- Violin* \_\_\_\_\_
- Voice* \_\_\_\_\_
- Drum* \_\_\_\_\_
- Guitar* \_\_\_\_\_
- Boom whacker* \_\_\_\_\_
- Crafts* \_\_\_\_\_
- Composition* \_\_\_\_\_
- Notation* \_\_\_\_\_
- Ensemble* \_\_\_\_\_
- Musical Terms* \_\_\_\_\_

# Camp Policies



## MISSED CLASSES DURING CAMP

No make-ups or refunds will be provided for missed camp sessions.

## CANCELLATION

FMMA reserves the right to cancel any camp with insufficient enrollment. If this occurs, families will be notified and may either transfer to another available camp or receive a full refund.

## WITHDRAWAL & REFUND

Camp registration is nontransferable and processing fees are nonrefundable. Refunds for cancellations are allowed only under the following conditions:

- Cancellation before April 15, 2026: Eligible for a full refund of paid program fees.
- Cancellation before May 15, 2026: Eligible for a 75% refund of paid program fees.
- Camp Credit Option if cancelled before May 15, 2026: A Camp Credit may be issued and used for any FMMA class through November 15, 2026.

## ILLNESS

Children may return to camp only after being fever-free for 24 hours without the use of fever-reducing medication such as Tylenol or Motrin. If a child has vomited during the night, they should not attend camp and may return only after being symptom-free for 24 hours.

## INJURIES

By participating in FMMA activities, families assume all risk of injury or harm to themselves and their children. They agree to release, indemnify, defend, and hold harmless FMMA, its officers, and staff from any liability, claims, damages, or expenses arising from participation in FMMA programs.

## PHOTO/VIDEO RELEASE

Unless a parent or guardian submits an opt-out request by email, FMMA may photograph or record students for use in brochures, websites, posters, advertisements, and other promotional materials. FMMA retains the right to copyright such media in its name.

## DISCLAIMER

FMMA reserves the right to refuse service to anyone. Individuals who engage in abusive behavior toward staff, programs, or policies may be permanently prohibited from future lessons and camps.

## POLICY EFFECTIVE UPON ENROLLMENT

Your cooperation is greatly appreciated.

*Policies & terms are subject to change.*



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