



*Coconut water  
with Grapefruit*

# Coconut water with Grapefruit

- 1 organic ruby red grapefruit**
- ice to fill glasses**
- 2 cups coconut water**

## method

Cut grapefruit so you have only flesh segments left; discard rind and pith. For each drink, place 2 to 3 segments in a glass. Top with ice. Pour coconut water over ice. Garnish with mint sprigs.



*Evergreen*

NATURAL HEALTH CLINIC

<https://evergreennaturalhealthclinic.com>

DrFayeJohnson@gmail.com

(701) 989-0268