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Prolozone Therapy

Prolozone* is a homeopathic/oxygen injection technique developed and pioneered by Dr. Shallenberger. It is excellent for all forms of musculoskeletal and joint pain including chronic neck and back pain, rotator cuff injuries, degenerative and arthritic hips and knees, degenerated discs, and shoulder and elbow pain. The good thing about Prolozone is that because it actually corrects the pathology of the disorder, there is a 75% chance for the chronic pain sufferer to becoming permanently pain free.

What is Prolozone?

Prolozone is derived from the Latin word "proli" which means to regenerate or rebuild, and the word ozone. Ozone is the most highly active form of oxygen in the universe. Prolozone uses the power of oxygen to cause damaged tissues, joints, ligaments, and tendons to regenerate. This usually causes a complete healing, and a permanent end to pain.

How Does Prolozone Work?

The reason that some injuries completely heal and others don't, has to do with circulation. In order for a damaged area of the body to regenerate and heal, it must have the critical elements that only the blood can provide: vitamins, minerals, and oxygen.

Of these: by far the most important is oxygen. Low levels of oxygen cause an accumulation of lactic acid, which is what causes pain. Prolozone works in three ways. First, homeopathic anti-inflammatory medications are injected into the injured area to reduce inflammation and swelling.

This leads to increased circulation. Next, the area is treated with vitamins and minerals that are critical for healing.

And really, the area is infiltrated with oxygen in the form of ozone. The result is that the tissues get what they need to heal. And as they heal, the circulation to the area is re-established, and the treatment is complete. The response to treatment varies from person to person, but most people only need from 3-5 treatments.

Is Prolozone the Same as Prolotherapy?

No. Prolozone uses oxygen to create a healing. Prolotherapy uses inflammation to create the healing. Dr. Shallenberger used to use Prolotherapy. Although he found that it was often effective, it had the following limitations. Prolotherapy is extremely painful. Pain usually persists for days to weeks after a treatment. Patients receiving Prolozone feel immediate improvement, with very little to any

pain at all during the treatments. Next, Prolotherapy requires many injections, whereas Prolozone only requires a few. This means that Prolozone is faster and much less expensive. Prolozone therapy is especially effective in regenerating the cartilage in damaged knees and hips. Prolotherapy is usually not able to do this.

Conditions That Can Be Treated with Prolozone

Prolozone works on just about any pain problem you might have, including: neck pain, whiplash, degenerated or herniated discs, low back pain, plantar fasciitis, carpal tunnel syndrome, torn tendons, TMJ syndrome, sciatica, heel spurs, neuromas, tennis elbow, rotator cuff tears, knee injuries, and virtually any other sports injury. Because Prolozone treatments also result in cartilage regeneration, the technique is also remarkably effective even for severe cases of osteoarthritis of the hip or knee. The good thing about Prolozone is that it is not just a treatment for pain. The results actually represent a permanent fix.