

Autobiography in Five Short Chapters

by Portia Nelson

Chapter 1

I walk down the street. There is a deep hole in the sidewalk. I fall in. I am lost ... I am helpless. It isn't my fault. It takes forever to find a way out.

Chapter 2

I walk down the same street. There is a deep hole in the sidewalk. I pretend I don't see it. I fall in again. I can't believe I am in the same place, but, it isn't my fault. It still takes a long time to get out.

Chapter 3

I walk down the same street. There is a deep hole in the sidewalk. I see it is there. I still fall in ... it's a habit. My eyes are open, I know where I am. It is my fault. I get out immediately.

Chapter 4

I walk down the same street. There is a deep hole in the sidewalk. I walk around it.

Chapter 5

I walk down another street.