

USTA ADULT LEAGUE DESCRIPTIONS

USTA League Tennis is the world's largest recreational tennis league providing organized, structured team matches for all ability levels. Whether you are a beginner or a more advanced player, this program has a spot for you. There is no better way to have fun, make friends, and compete than USTA League.

ADULT LEAGUE

USTA League Tennis is an adult recreational tennis program for all players. Local league play is divided into 3 age divisions, men's and women's teams. Within each age division, play is based on NTRP ratings (skill levels). Anyone 18 and over can participate.

League Type	NTRP Level's Offered
18 & Over	2.5, 3.0, 3.5, 4.0, 4.5, 5.0
40 & Over	3.0, 3.5, 4.0, 4.5, 5.0
55 & Over	3.0, 3.5, 4.0 and 9.0 Combined

MIXED DOUBLES LEAGUE

The USTA League Tennis Mixed Doubles program allows men and women to play together on the same court, encouraging participants to play with their friends, family and co-workers.

League Type	NTRP Level's Offered
18 & Over	2.5, 3.0, 3.5, 4.0, 4.5 and 10.0 Combined
40 & Over	3.0, 3.5, 4.0, 4.5
55 & Over	3.0, 3.5, 4.0 and 9.0 Combined

TRI-LEVEL

Play doubles with your friends, while on a team consisting of three NTRP levels, . Example: one 3.0 doubles, one 3.5 doubles and one 4.0 doubles= Tri-Level team.

League Type	NTRP Level's Offered
18 & Over	(3.5, 3.0, 2.5) or (4.0, 3.5, 3.0) or (4.5, 4.0, 3.5) or (4.5, 4.0, 5.0)
40 & Over	(4.0, 3.5, 3.0) or (4.5, 4.0, 3.5)
55 & Over	(4.0, 3.5, 3.0)

COMBO DOUBLES LEAGUE

This program features Men's and Women's teams playing three doubles matches on men's and women's teams. The doubles teams use a combined NTRP rating that does not exceed the level on which they are playing.

League Type	NTRP Level's Offered
18 & Over	2.5*, 5.5, 6.5, 7.5, 8.5, 9.5
40 & Over	5.5, 6.5, 7.5, 8.5, 9.5
55 & Over	6.5, 7.5, 8.5