



# The Bulletin

Winter 2007

of the New Hampshire Retired State Troopers Association



## SEPTEMBER 26, 2007 MEETING

The Red Blazer in Concord was the scene of the September meeting of the NHRSTA. Over 80 people attended the meeting,



L to R - Dan Golden, Ashland, Dick Tuck, Franklin, Tom Kennedy, Littleton, Tom Winn, Bristol

including our special guests, retirees from the NH Fish & Game.

The theme of the meeting was "Retiree Health Care for 2007-2009". Judy Shevlin, the Retiree Health Care Program Specialist from the Division of Personnel, set up the evening's program. Judy brought with her a representative from CIGNA Health Care and a representative from Local Government Center, representing Caremark Prescription Services. They presented great information about our health care and more importantly they answered any and all questions that were presented to them. Judy

Shevlin is someone every retiree should know. Her office telephone is 271-1432 and her email is [judy.shevlin@nh.gov](mailto:judy.shevlin@nh.gov).

Walter & Bonnie Morse added some excitement to the

evening when they won 3 out of the 8 raffled items! They won an Irving gas card, a Lowe's card and a

card for The Common Man restaurant. As I see it, Walter no



Troop E Veterans; Dwight Dodd & Nelson Russell

longer has an excuse not to take Bonnie out!

It was a great meeting and a good time was had by all who attended

## THE NEXT GENERATION:

Tyler Garvin, son of Retired Lt. Jim & Maryann Garvin of East Washington is now serving in Iraq.



Tyler, a Bishop Brady graduate joined the Army shortly after graduation.

Tyler can be contacted at PFC Tyler Garvin C CO, 1-187<sup>th</sup> IN 3<sup>rd</sup> BCT, 101<sup>st</sup> ABRN APO AE 09344. Cont'd page 2.

## WELCOME TO NEW MEMBERS OF THE NHRSTA

- Don Vanwormer, Radio-tech
- Chris Conley, Troop E
- Dave Kelley, HQ
- Rob Haase, Troop F
- Dennis Davey

NEW HAMPSHIRE  
 RETIRED STATE TROOPERS  
 ASSOCIATION  
 PO Box 848  
 Concord, NH 03302-0848  
[www.nhrsta.org](http://www.nhrsta.org)

## GENERAL NEWS

**Sgt Gerry Berry** passed away in August after a lengthy illness. Gerry retired on 7/1 due to his illness.

**Spud Donovan** was critically injured in a fall at his home just days prior to our September meeting. He was carrying some firewood up the stairs when he lost his footing and fell. He is paralyzed from the neck down and is undergoing treatment in Boston at the Spaulding Rehab. Spud and his wife Joanne and family are grateful for the support from fellow retirees. Their home address is 276 Hampstead Road Derry, NH 03038-5616 and they would love to hear from you!



*Spud Donovan at Spaulding Hospital.*

**Edmund LaGrenade** of Troy, father of Retired Trooper Pierre LaGrenade and father in law of Retired Sgt. Leslie LaGrenade, passed away in Nashua.

**Retired Lt. Dave Lennon** passed away after a long bout with cancer. Dave was always quite the character and known for his blunt analysis of any given situation. He had many assignments in his career in both uniform and plain clothes. Those of us who had the pleasure of working with Dave always knew what was on his mind!

**Anna Foisy**, mother of Skip Foisy and widow of the late Lt. Al Foisy passed away in October.

**Dan O'Leary**, son of Colonel Paul O'Leary passed away unexpectedly in Lee.

**Trooper Tony Dagostino** passed away after a period of failing health. Tony was an institution on I-95 in the 60's and 70's. He was known for his kindness and his little quirks. Things like purchasing his own tires and oil for his cruiser, wearing a uniform that was a cross between standard issue and GQ and requiring a receipt each time he passed through the toll booth made Tony a legend in Troop A.

## WALLET BADGES PURCHASED

Members of the NHRSTA purchased over 80 wallet badges from the Kokopelli Traders in Weston, VT. Roland Lamy and Paul O'Leary coordinated the purchase aft the Mat 2007 Meeting.

You can still purchase one of the badges directly from Kokopelli.

They can be reached at: [www.kokopellitraders.net](http://www.kokopellitraders.net)  
PHN: 802-549-5011 or FAX: 802-549-5012 or  
email: [peter@kokopellitraders.net](mailto:peter@kokopellitraders.net) - see page 3.

## THE NEXT GENERATION: CONT'D FROM PAGE 1

Hampton Patrolman Derek Brown, son of Retired Lt. Warren & Rosemary Brown received the Congressional Award for Heroism recently. Pictured below: Officer Derek Brown with Congressman Paul Hodes, Senator John Sununu and Congresswoman Carol Shea-Porter.



# KOKOPELLI TRADERS, INC. - LAW ENFORCEMENT SUPPLY

1086 Route 100, Weston, VT 05161-5406 PHN: 802-549-5011 - FAX: 802-549-5012

email: peter@kokopellitraders.net - website: www.kokopellitraders.net

## New Hampshire State Police COMMEMORATIVE RETIRED BADGE - ORDER FORM

OWN A PART OF HISTORY...

At the request of your agency, we are producing a commemorative reproduction badge for use by retired troopers of all ranks. Our COMMEMORATIVE badge reproduction is faithful in every detail to the 3.25in tall x 2.25in wide originals. The dies were created by a wonderfully skilled die maker using an original badge as his guide. The reproductions are machine struck as they were originally by 1000 ton presses to achieve the exquisite detail in the eagle and the rest of the badge. Each badge is then hand enameled with luxurious hard enamel. We attach a safety catch type attachment to secure it in the custom badge & ID holder. Finally, we hand plate the badges in THREE layers of 18K gold and offer a lifetime finish warranty.

### NHSP COMMEMORATIVE BADGE REPRODUCTIONS:

NHSP COMMEMORATIVE BADGE: \$45.00 QTY: \_\_\_\_\_ \$ \_\_\_\_\_

RANK: \_\_\_\_\_



### CUSTOM "CUT-TO-FIT" LEATHER BADGE WALLET ACCESSORY:

\* LEATHER BELT/NECK/POCKET BADGE & ID HOLDER:

TOP ID PANEL TEXT: \_\_\_\_\_

BOTTOM ID PANEL TEXT: \_\_\_\_\_

|  |                    |            |                 |
|--|--------------------|------------|-----------------|
|  | \$40.00            | QTY: _____ | \$ _____        |
| <b>PREPRODUCTION ORDER SPECIAL - get BOTH for:</b> |                    |            | <b>\$ 65.00</b> |
|  | <b>TOTAL :</b>     |            | <b>\$ _____</b> |
|  | Priority Mail S&H: |            | \$ 5.50         |
|  | <b>TOTAL DUE:</b>  |            | <b>\$ _____</b> |

### PLEASE FILL OUT COMPLETELY:

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
CITY/STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_  
HOME PHN: \_\_\_\_\_ WORK PHN: \_\_\_\_\_

#### PAYMENT METHOD - (please indicate below)

\_\_\_\_\_ Bill my credit card number noted below for \$ \_\_\_\_\_  
CREDIT CARD: \_\_\_\_\_ EXP: \_\_\_\_\_  
(please make checks payable to Kokopelli Traders, Inc.)

#### ALL BADGE PRICES INCLUDE:

- Badge, with rank or title applied as noted.
- Payment is due in advance. We accept cash, checks, VISA, MasterCard, American Express, Discover.
- All badges are **MADE-TO-ORDER**. Normal delivery for these badges will be 10-12 weeks.

## MINUTES OF EXECUTIVE BOARD

Executive Board Meeting  
September 13, 2007

An Executive Board Meeting was held at the Red Blazer on September 13, 2007. Those present were Chairman Kevin O'Brien, Roland Lamy, Mike Hureau, Pat MacLean, Mark Furlone, Shel Sullivan and Prudence Gagne. Don Gates was excused from the meeting.

The following matters were discussed:

- We needed to complete the election of officers for Vice Chairmen. Mike Hureau was elected to First Vice-Chair and Shel Sullivan was elected to 2<sup>nd</sup> Vice-Chair. Votes were unanimous.
- Update on the copyright issue involving our book, A User's Guide to the NH Retirement System. A discussion ensued and we agreed to follow the legal advice we are receiving at this time.
- Board was update on the new NH United Retired Public Employee Association. The NHRSTA is one of the founding organizations to support this effort of organizing all 23,000 retired public employees in Group I & II.
- Membership was discussed. We have just under 200 members at this time, including widows. We would like to boost that by at least 10% this year. The process currently works like this:

- When a member retires, Cheryl Janelle sends Prudy the information.
- Prudy will forward to the Chairman who in turn will send out a letter of invitation to join.
- Shel Sullivan will then follow up with a telephone call.

We also have a number of retirees who do not belong. We will attempt another letter campaign to encourage them to join,

- An Audit Committee was established with Mark Furlone volunteering to do the audit after December 1.

### Minutes of September 26, 2007 Meeting

September 7, 2007 Red Blazer

The meeting began with the Pledge of Allegiance lead by Pat MacLean and a moment of silence for our departed member.

David Kelley our newest member was welcomed.

Kevin introduced our four guests from the Fish and Game department.

Update on Badges which were ordered about 6 months ago, are expected to be ready in a few weeks.

Kevin read thank you note from Marc and Janice Mudget for donation that was sent to them.

Kevin introduced our guest from Division of Personnel (HR) and the Local Government Center. Ms. Shevlin from the Division of Personnel introduced Melissa Briggs who manages our Prescription Drug Program, Caremark. Melissa explained the mail order program and local pharmacy program for those under 65 and 65 and over.

### CAREMARK

Retirees under 65 have a \$50 a year deductible at a retail pharmacy once met, plan pays 80% and retiree pays 20%. Maximum benefit per year at pharmacy is \$2,000 per person per calendar year. Mail order is a 90 day supply for \$4 benefits are unlimited.

Retirees 65 and over have a \$100 a year deductible at a retail pharmacy once met, plan pays 80% and retiree pays 20%. Maximum out of pocket of \$180 with no maximum benefit.

Mail order is the same as above for the under 65 retirees. If you do not want generic drug prescription must be written with "prescription filled as written" or "Dispense as written no substitution". Deductible is based on calendar year.

**Supplemental Benefits;** discount vision care program, 35% off frames and lenses at certain places. Eyemed card is a different card than insurance and prescription card.

Melissa Briggs gave the number for the Local Government Center for any questions or if you need to get a replacement Eyemed card.

### **CIGNA HEALTHCARE**

Michele Simoneau from CIGNA explained the health care plan for those under 65 and over 65.

#### **Retirees under 65:**

Cigna plan is Point of Service – Primary Care Physician.

If in another state you have emergency coverage. If coverage is needed while there, contact Judy and she can verify network coverage in that area and you could guest there so that you would have network benefits. Always have emergency coverage no matter where you are.

#### **Retirees 65 and over:**

Medicare is primary, CIGNA is secondary – over 65 preventative CIGNA will pay. Durable Medical Equipment coverage. Vision not covered.

If retiree/spouse is 65 or older and spouse/retiree is not, 65 year old would be on medicare supplement and under 65 would be on POS plan.

A question was asked with regards to co-pays with follow up visits after surgery. As long as related to surgery you should not have another co-pay.

### **Benevolent Board at Headquarters:**

Sheldon Sullivan gave an update on the issue of who should be on the Benevolent Board at

headquarters and asked for feedback from those in attendance just to see how they felt. This is a Benevolent Issue but was just brought before this group to keep us updated.

#### **Cola update:**

End of August we received 2.25%

There is a Committee studying Retirement System. Colonel O’Leary explained Special Account.

Kevin brought up the new group forming of State Retirees. With over 23,000 retirees in Group I and II if we joined forces we might have a better say. A group has been formed call NH United Retired Public Employee Association.

Kevin explained how we had copyrighted the book we wrote on retirement benefits but how someone had copied it. We have consulted with an Attorney to represent us. Hope to settle.

Kevin entertained a motion to waive the minutes. Ernie Loomis seconded by Bart Flanders.

Treasurer’s report was put in Agenda. Nino made motion to waive reading of Treasurer’s report and Roger Phelps seconded the motion.

Kevin and Roland’s terms are up in May. These positions take a lot of time. Start thinking of someone who might be able to fill positions as Roland and Kevin will not remain in those positions. Meeting adjourned at 9:04 PM



#### **Raffle Winners:**

Ed Cournoyer,  
Fish and Game  
LL Bean Gift Card

Dick Campbell,  
Common Man Gift Card

Bonnie Morse,  
Lowes Gift Card

Linda Irving,  
Lowes Gift Card

George Iverson,  
Irving Gas Card

Paul MacLean,  
LL Bean Gift Card

Bonnie Morse,  
Common Man Gift Card

Bonnie Morse,  
Irving Gas Card

New Hampshire Retired State Troopers Association  
PO Box 848  
Concord, NH 03302-0848  
[www.nhrsta.org](http://www.nhrsta.org)

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## **TROOPER MAGAZINE**

The NH Troopers Association sends a copy of Trooper Magazine to all retirees. If you have not been receiving it, contact Mike Doucette at [mgdoucette@adelphia.net](mailto:mgdoucette@adelphia.net).

Mike will see to it that you get on the list.