

7 Day
Women on Purpose
Reflection & Prayer
Journal



CONFERENCE NOTE
PAGES INCLUDED

Tirtzah Lewis

Introduction



YHWH, the Creator of the Universe, created each of us with a purpose. If you are alive right now reading this introduction, it means that YOU have a purpose. Your purpose is your why. Biblically, it is the thought, intent, will, plan, direction, and wise counsel for your life.

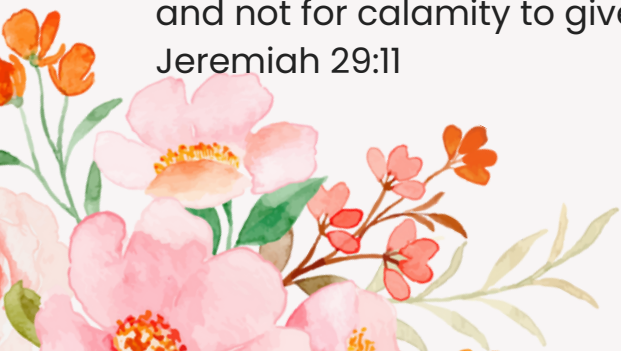
Imagine starting to build *something*, but you don't know what it is. How will you know how to build this mystery? What materials or tools would be needed for the endeavor? Imagine going on a trip to *somewhere*. How do you know if you can walk, ride a bike, drive a car, take a plane, or ride in a boat to get there? Where is *there*? There must be a purpose for any endeavor whether it's building something or doing something. How much more important are our life purposes - Yah created each and everyone one of us with a purpose. We must know our purpose in order to make it to the destinations that He has intended for us.

Even the world understands the concept of purpose. They search on Google or YouTube, read self help books, and listen to motivational speakers to discover their purpose. There is also a sinful movement in the world that pushes the lie that you can be whatever you want to be - regardless of how you were born and what your natural purposes are. As Bible believing women, we don't create our own purpose or try to find it through worldly sources. Instead, we go to THE Source, our Creator, to discover the purpose He created us for - why He created us.

Purpose is a plan or an intention that must be activated to be realized. It must become a verb in our life in order to reach the final vision that Yah has for us. Our mission is the path to the vision. But, it all starts with purpose. Our future and our hope are rooted in and connected to our purpose:

'For I know the plans that I have for you,' declares YHWH, 'plans for welfare and not for calamity to give you a future and a hope.'

Jeremiah 29:11



Introduction



We see here that the plans of Yah are His purposes for us. Walking in His purpose gives a future and a hope or expectancy. We must be connected to Him in order to walk in the path that He ordained for us.

Purpose is a multi-level, systemic concept. The earth has a purpose, animals have a purpose, mankind has a purpose, Israel has a purpose, men have a purpose, women have a purpose, and YOU personally have a purpose. Purpose for a single woman, married woman, widowed woman, younger woman, older woman, etc may be different. We must be in tune with YHWH to understand what our purpose is in each season of our life. Each day and in each season, Yah may give us a specific purpose. It is important to recognize that Yah is an Elohim of order – your purposes won't contradict each other. If you feel like there is pressure along the way – that means that you must *press* into your purpose.

Ephesians 5:14-17 exhorts us to not be foolish, but to understand the will of Yah for us. If we do not understand what the will of Yah is, guess what?! We can seek Him out on it and “redeem the time” by making the best use of our time and resources to walk in His purpose for us.

My prayer is that this journal will be a blessing to women – either as an initial seeking of your purpose or as an encouragement to continue to focus on, move forward on, and *press* on purpose. There are several suggested prompts each day. Reflect on the prompts that you feel speak to you, or reflect on personal prompts that you receive during your prayer time.

Let's be Women on Purpose!

B'Yeshua HaMoshiach,

Tirtzah Lewis
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Conference Notes





Day 1



FOR I KNOW THE THOUGHTS THAT I THINK
TOWARD YOU, SAITH YHWH, THOUGHTS OF
PEACE, AND NOT OF EVIL, TO GIVE YOU AN
EXPECTED END.

JEREMIAH 29:11

SUGGESTED REFLECTION PROMPTS:

- WHAT DOES BIBLICAL PURPOSE MEAN?
- WHAT IS YAH'S PURPOSE FOR ME IN THIS SEASON OF MY LIFE?
- WHAT ARE SOME OF MY OVERALL PURPOSES IN LIFE?
- HOW IS MY PURPOSE TIED TO MY FUTURE AND HOPE/EXPECTANCY?



Day 1 Reflections



A series of horizontal lines for writing, spaced evenly down the page. The lines are a light purple or pinkish hue.



Day 2



YHWH WILL FULFILL HIS PURPOSE FOR ME;
YOUR LOVE, O YHWH, ENDURES FOREVER — DO
NOT ABANDON THE WORKS OF YOUR HANDS.

PSALM 138:8

MANY ARE THE PLANS IN A PERSON'S HEART,
BUT IT IS YHWH'S PURPOSE THAT PREVAILS.

PROVERBS 19:21

SUGGESTED REFLECTION PROMPTS:

- PRAY TO YAH: "FULFILL YOUR PURPOSE IN ME...."
- HOW DO I BETTER ALIGN MYSELF WITH YAH'S PURPOSES FOR ME?
- WHAT ARE SOME OF MY PLANS THAT I MUST LET GO?
- WHAT ARE THINGS THE WORLD TEACHES ABOUT MY PURPOSE THAT I MUST UNLEARN?
- IS THERE SUCH THING AS A SMALL PURPOSE OR A BIG PURPOSE WHEN IT COMES FROM YAH?



Day 3



AND WE KNOW THAT IN ALL THINGS GOD
WORKS FOR THE GOOD OF THOSE WHO LOVE
HIM, WHO HAVE BEEN CALLED ACCORDING TO
HIS PURPOSE.

ROMANS 8:28

FOR WE ARE GOD'S HANDIWORK, CREATED IN
MESSIAH YESHUA TO DO GOOD WORKS, WHICH
GOD PREPARED IN ADVANCE FOR US TO DO.

EPHESIANS 2:10

SUGGESTED REFLECTION PROMPTS:

- WHAT ARE BIBLICAL PROMISES THAT YAH HAS FOR THOSE WHO WALK IN HIS PURPOSE?
- HOW IS LOVING YAH AND OBEYING HIM CONNECTED?



Day 3 Reflections





Day 4



BUT RUTH SAID, "DO NOT URGE ME TO LEAVE YOU OR TO RETURN FROM FOLLOWING YOU. FOR WHERE YOU GO I WILL GO, AND WHERE YOU LODGE I WILL LODGE. YOUR PEOPLE SHALL BE MY PEOPLE, AND YOUR GOD MY GOD. WHERE YOU DIE I WILL DIE, AND THERE WILL I BE BURIED. MAY YHWH DO SO TO ME AND MORE ALSO IF ANYTHING BUT DEATH PARTS ME FROM YOU."

RUTH 1:16-17

SUGGESTED REFLECTION PROMPTS:

- REVIEW THE STORY OF RUTH.
- HOW DID RUTH FULFILL HER PURPOSE?
- HOW DID RUTH LEAVE HER PAST BEHIND HER IN ORDER TO WALK IN HER PURPOSE?

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Day 4



SUGGESTED REFLECTION PROMPTS CONTINUED:

- AS WITH RUTH WHO WAS A MOABITNESS, IT IS NOT MY PAST BUT MY PRESENT MOMENT THAT DEFINES ME - THINK ABOUT THE PURPOSE OF THE WOMAN WHO ANNOINTED YESHUA WITH OIL FROM THE ALABASTER BOX. YESHUA SAID SHE DID SO TO PREPARE HIM FOR HIS BURIAL - THAT WAS HER PURPOSE. IS THERE ANYTHING FROM MY PAST THAT I MUST LEAVE BEHIND IN ORDER TO WALK IN MY PURPOSE?
- THINK ABOUT LOT'S WIFE, WHO WAS GIVEN A PURPOSE TO FLEE FROM DESTRUCTION, BUT LOOKED BACK. HOW CAN LOOKING BACK STOP ME FROM LIVING IN MY PURPOSE?



Day 5



"FOR IF YOU KEEP SILENT AT THIS TIME, RELIEF AND DELIVERANCE WILL RISE FOR THE JEWS FROM ANOTHER PLACE, BUT YOU AND YOUR FATHER'S HOUSE WILL PERISH. AND WHO KNOWS WHETHER YOU HAVE NOT COME TO THE KINGDOM FOR SUCH A TIME AS THIS?"

ESTHER 4:14

SUGGESTED REFLECTION PROMPTS:

- REVIEW THE STORY OF QUEEN ESTHER (HADASSAH).
- HOW DID QUEEN ESTHER FULFILL HER PURPOSE?
- HOW DID QUEEN ESTHER HAVE TO PRESS INTO HER PURPOSE?
- WHY IS ACCOUNTABILITY IMPORTANT IN PURPOSE - HOW DID ESTHER'S COUSIN MORDECAI HELP HOLD HER ACCOUNTABLE TO THE PURPOSE THAT YAH HAD FOR HER?

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Day 5



SUGGESTED REFLECTION PROMPTS CONTINUED:

- IS WALKING IN MY PURPOSE ALWAYS GOING TO BE EASY?
- DO I HAVE PEOPLE TO HOLD ME ACCOUNTABLE TO MY PURPOSE?
- WHAT ARE SOME OBSTACLES I HAVE FACED IN WALKING IN MY PURPOSE? HOW HAVE I OVERCOME THESE OBSTACLES? IF SOMETHING HAS HINDERED ME IN THE PAST, HOW WILL I DEAL WITH THOSE THINGS IN THE FUTURE?
- WHY IS IT NECESSARY TO PRESS INTO MY PURPOSE AND COME OUT OF MY COMFORT ZONE? THINK ABOUT FINE OIL THAT IS PRESSED, OR THE LABOR PROCESS OF CHILDBIRTH.
- WHAT IS THE SIGNIFICANCE OF SACRIFICE IN LIVING ON PURPOSE?



Day 6



STRENGTH AND DIGNITY ARE HER CLOTHING,
AND SHE LAUGHS AT THE TIME TO COME.

PROVERBS 31:25

THE WISEST OF WOMEN BUILDS HER HOUSE,
BUT FOLLY WITH HER OWN HANDS TEARS IT
DOWN.

PROVERBS 14:1

SUGGESTED REFLECTION PROMPTS:

- THE WISE WOMAN BUILDS HER HOUSE - THIS MEANS THAT SHE MUST HAVE A BLUEPRINT IN MIND. HOW IS PURPOSE NECESSARY TO BUILD A HOUSE?
- BIBLICAL WOMANHOOD IS ABOUT BUILDING ON PURPOSE. REVIEW THE PROVERBS 31 WOMAN. SHE LIVES A PURPOSE DRIVEN LIFE. WHAT ARE SOME THINGS I CAN GLEAN FROM HER DAILY HABITS TO LIVE MORE ON PURPOSE?
- WHY CAN THE WOMAN OF PROVERBS TAKE JOY IN AND LAUGH AT THE FUTURE?



Day 6 Reflections





Day 7



SO THEN, BE CAREFUL HOW YOU WALK, NOT AS UNWISE PEOPLE BUT AS WISE, MAKING THE MOST OF YOUR TIME, BECAUSE THE DAYS ARE EVIL. THEREFORE DO NOT BE FOOLISH, BUT UNDERSTAND WHAT THE WILL OF YHWH IS.

EPHESIANS 5:15-17

SUGGESTED REFLECTION PROMPTS:

- WHAT IS MY PURPOSE?
- WHAT HAVE I LEARNED ABOUT WOMEN LIVING ON PURPOSE?
- WHAT IS MY FAVORITE BIBLE VERSE ABOUT MY PURPOSE?
- WHO IS A WOMAN IN THE BIBLE THAT I CAN LEARN FROM ABOUT PURPOSE?
- WHAT WILL I DO TO CREATE PURPOSE IN MY LIFE?
- WHAT WILL I DO TO CREATE A LIFESTYLE OF PURPOSE?
- HOW CAN I BE INTENTIONAL IN ENCOURAGING OTHERS TO GROW AND MATURE IN THEIR PURPOSE?



Activity



FINISH EACH STATEMENT:

Purpose is...

Purpose can...

Purpose will...





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