



Monday to Friday

### X7 Middlesbrough - Low Grange

via Teesside Park, Stockton, Norton & Billingham

	Sch	SH							
<b>Middlesbrough</b> Bus Station <b>St 18</b>	0730	0730	0830	0930	1030	1130	1230	1330	1430
<b>Teesside Park</b> Morrisons	0739	0739	0839	0939	1039	1139	1239	1339	1439
<b>Teesside Park</b> Curry's PC World	0742	0742	0842	0942	1042	1142	1242	1342	1442
<b>Teesdale</b> Riverside College	0745	0745	0845						
<b>Thornaby</b> Rail Station	0747	0747	0847	0946	1046	1146	1246	1346	1446
<b>Stockton</b> High Street South <b>St R</b>	0752	0752	0852	0952	1052	1152	1252	1352	1452
<b>Stockton</b> High Street North <b>St X</b>	0755	0755	0855	0955	1055	1155	1255	1355	1455
<b>Norton</b> Red Lion	0803	0803	0903	1003	1103	1203	1303	1403	1503
<b>Billingham</b> Stores	0808	0808	0907	1007	1107	1207	1307	1407	1507
<b>Billingham</b> Town Centre <b>St C</b>	0817	0817	0917	1017	1117	1217	1317	1417	1517
<b>Low Grange</b> Lion Pub	0821	0821	0921	1021	1121	1221	1321	1421	1521
<b>Low Grange</b> Shops	0825	0825	0925	1025	1125	1225	1325	1425	1525
<b>Owington Farm</b> Low Grange Ave	0828	0828	0928	1028	1128	1228	1328	1428	1528
<b>Northfield</b> School	0840								

**Sch** This journey runs on schooldays only as **X7S** and additionally runs via New Road and Mill Lane (0807)

**SH** This journey runs in school holidays

Combines with Service **X8** to run every 30 minutes between Middlesbrough, Teesside Park and Stockton



Monday to Friday

### X7 Low Grange - Middlesbrough

via Billingham, Norton, Stockton & Teesside Park

	Sch	SH							
<b>Northfield</b> School									1540
<b>Owington Farm</b> Marsh House Ave	0930	1030	1130	1230	1330	1430	1543		1540
<b>Bede Sixth Form College</b>	0932	1032	1132	1232	1332	1432			1542
<b>Billingham</b> Town Centre <b>St A</b>	0940	1040	1140	1240	1340	1440	1550		1550
<b>Billingham</b> Stores	0949	1049	1149	1249	1349	1449	1559		1559
<b>Norton</b> Red Lion	0953	1053	1153	1253	1353	1453	1603		1603
<b>Stockton</b> High Street North <b>St D</b>	1001	1101	1201	1301	1401	1501	1611		1611
<b>Stockton</b> High Street South <b>St F</b>	1003	1103	1203	1303	1403	1503	1613		1613
<b>Thornaby</b> Rail Station	1006	1106	1206	1306	1406	1506	1616		1616
<b>Teesdale</b> Riverside College							1618		1618
<b>Teesside Park</b> Morrisons	1013	1113	1213	1313	1413	1513	1623		1623
<b>Teesside Park</b> Curry's PC World	1016	1116	1216	1316	1416	1516	1626		1626
<b>Middlesbrough</b> Bus Station	1025	1125	1225	1325	1425	1525	1635		1635

**Sch** This journey runs on schooldays only as **X7S**, running the opposite direction around Low Grange Avenue, and additionally serving Mill Lane (1600) and New Road

**SH** This journey runs in school holidays

Combines with Service **X8** to run every 30 minutes between Stockton, Teesside Park and Middlesbrough



Saturday

### X7 Middlesbrough - Low Grange via Teesside Park, Stockton, Norton & Billingham

<b>Middlesbrough</b> Bus Station <b>st 18</b>	0830	0930	1030	1130	1230	1330	1430	1530	1630
<b>Teesside Park</b> Morrisons	0839	0939	1039	1139	1239	1339	1439	1539	1639
<b>Teesside Park</b> Curry's PC World	0842	0942	1042	1142	1242	1342	1442	1542	1642
<b>Teesdale</b> Riverside College	<i>no journeys serve the college on Saturdays</i>								
<b>Thornaby</b> Rail Station	0847	0946	1046	1146	1246	1346	1446	1546	1646
<b>Stockton</b> High Street South <b>st R</b>	0852	0952	1052	1152	1252	1352	1452	1552	1652
<b>Stockton</b> High Street North <b>st X</b>	0855	0955	1055	1155	1255	1355	1455	1555	1655
<b>Norton</b> Red Lion	0903	1003	1103	1203	1303	1403	1503	1603	1703
<b>Billingham</b> Stores	0907	1007	1107	1207	1307	1407	1507	1607	1707
<b>Billingham</b> Town Centre <b>st c</b>	0917	1017	1117	1217	1317	1417	1517	1617	1717
<b>Low Grange</b> Lion Pub	0921	1021	1121	1221	1321	1421	1521	1621	1721
<b>Low Grange</b> Shops	0925	1025	1125	1225	1325	1425	1525	1625	1725
<b>Owington Farm</b> Low Grange Ave	0928	1028	1128	1228	1328	1428	1528	1628	1728

Combines with Service **X8** to run every 30 minutes between Middlesbrough, Teesside Park and Stockton



Saturday

### X7 Low Grange - Middlesbrough via Billingham, Norton, Stockton & Teesside Park

<b>Owington Farm</b> Marsh House Ave	0930	1030	1130	1230	1330	1430	1530	1630	
<b>Bede Sixth Form College</b>	0932	1032	1132	1232	1332	1432	1532	1632	
<b>Billingham</b> Town Centre <b>st A</b>	0940	1040	1140	1240	1340	1440	1540	1640	
<b>Billingham</b> Stores	0949	1049	1149	1249	1349	1449	1549	1649	
<b>Norton</b> Red Lion	0953	1053	1153	1253	1353	1453	1553	1653	
<b>Stockton</b> High Street North <b>st D</b>	1001	1101	1201	1301	1401	1501	1601	1701	
<b>Stockton</b> High Street South <b>st F</b>	1003	1103	1203	1303	1403	1503	1603	1703	
<b>Thornaby</b> Rail Station	1006	1106	1206	1306	1406	1506	1606	1706	
<b>Teesdale</b> Riverside College	<i>no journeys serve the college on Saturdays</i>								
<b>Teesside Park</b> Morrisons	1013	1113	1213	1313	1413	1513	1613	1713	
<b>Teesside Park</b> Curry's PC World	1016	1116	1216	1316	1416	1516	1616	1716	
<b>Middlesbrough</b> Bus Station	1025	1125	1225	1325	1425	1525	1625	1725	

Combines with Service **X8** to run every 30 minutes between Stockton, Teesside Park and Middlesbrough