

CURRICULUM VITAE

KATHYSUE DOREY

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EDUCATION

Ed.D. – Community Care & Counseling: Traumatology / May 2026 – SACSCOC™ Accredited
Liberty University – Lynchburg, VA

Dissertation: *Trauma Bonding in Sex-Trafficked Women: A Single-Subject Multiple-Baseline Mixed Methods Study*

Grade Point Average: 3.91/4.0 overall with Distinction

M.S. – Creativity and Change Leadership / May 2013

Center for Applied Imagination (formerly the International Center for Studies in Creativity)
Buffalo State University, Buffalo, NY – USA

Master's Project: *The Exploration into Achieving One Women's [sic] 'Freedom of Voice' as Relevant to Domestic Abuse through the Sciences of Creativity*

Grade Point Average: 4.0/4.0 overall

Awards: Recipient of Firestien Family Creative Achievement Award, International Service-Learning Scholarship Award, and Dr. Mary Murdock Creative Spirit Scholarship Award

The Coaching Programme: Executive/Life Coach / August 2010 – University of Manchester, CEL, Manchester, England

B.A. – Journalism / May 1984 – Buffalo State University College, Buffalo, NY – USA

TRAINING/COURSES/CERTIFICATIONS

- Mediation, Moderation and Conditional Process Analysis – University of Calgary / 2024
- Motivational Interviewing – Liberty University / 2023
- MAXQDA Data Analysis – University of Michigan / 2023
- Mixed Methods Research Design Processes – University of Michigan / 2023
- Cognitive Processing Therapy – Medical University of South Carolina / 2023
- Psychological First Aid (PFA) – NCTSN / 2023
- Social & Behavioral Researchers (ex. 12/2027) – CITI
- Healing the Wounds of Trauma – PESI / 2022
- Krav Maga Advanced Sr. Master Instructor – Amsterdam, NY / 2019-2017-2013-2010
- 21st Century Creative Problem-Solving Process – SUNY Buffalo State / 2013
- EQi 2.0® – EQ360 and EQi 2.0® Youth Version – Multi-Health Systems, Inc. / 2012
- FourSight® Thinking Profile – FourSight® / 2012
- 2nd Dan Black Belt in Kukkiwon Taekwondo – World Taekwondo Federation / 2011
- Domestic & Sexual Violence – A Call to Men / 2011
- Diversified Combat Arts & Sciences – Wooster, OH / 2011

CORPORATE WORKSHOPS & PRESENTATIONS

- *Discover Your Self Belief System*
- *Build Your Trust Circle*
- *Shift Your Perspective in Mindfulness and Meta-Cognition*
- *Self-Protection Principles in the Workplace*
- *Challenge the Process Leadership Practices*
- *Superheroes Men's Emotional-Social Intelligence*
- *Live Your Spiritual Purpose*
- *Child Sexual Abuse in Males*
- *Sex Trafficking: What, Who, How, Why, and Treatment*
- *Trauma Bonding: What, Who, How, Why, and Treatment based on 75 Years of Research*
- *Human Trafficked and Intimate Partner Violence*
- *The Framework of Complex Trauma and Posttraumatic Stress Disorder*

TRAUMA & SOCIAL-EMOTIONAL HEALTH AND RESEARCH EXPERTISE**DOREY ENTERPRISES, INC.*****Educator/Researcher, Trauma Bonding Specialist, and Trauma Healing Practitioner***

– Remote and In-Person [10/2011 – present]

- Act as a conduit to trauma healing by taking a transtheoretical *DSM-5* trauma-informed treatment approach in a 1-year+ intensive training course developed as The Dorey Method™ Program of Integrative Study (TDM) that specializes in restoring an individual's cognitive, emotional-social, physical, spiritual, societal, and financial well-being from years of trauma, abuses, and violence. TDM utilizes 200+ years of proven, in-field-tested methodologies anchored in an affirmative creative learning environment that allows the opportunity to excel and fail forward while promoting personal growth and learning (as shown in Addendum A).
 - Strategies, tools, and skills include *Your Self-Belief System; The Trust Circle; Emotional Self-Awareness; Interpersonal Relationships; The Attributes of Love; Decision Making; Dreaming; Playfulness; Mindfulness, FourSight®, Tally to Break Ruminating, Self Reflections; EQi® 2.0; the SAVI Approach; Creative Problem-Solving; Grounding techniques; and the Modified PPCo.*
 - Clientele includes *two Buffalo women cohorts, five Schenectady women cohorts, one Schenectady youth cohort, one London, England women pilot study cohort, and two Bamenda, Cameroon women cohorts with a 2027 scheduled men's cohort.*
- Research the factors and predictors of trauma bonding in dysfunctional relational environments, e.g., domestic, intimate partner, and human trafficking violence; and in societal frameworks, from qualitative, quantitative, and mixed-methods approaches.

Creative Leadership and Social-Emotional Learning Educator and Practitioner

– Remote and In-Person [8/2010 – present]

- Train, mentor, and coach individuals in creative problem-solving, social-emotional, and leadership practices through targeted programs, leadership workshops, and seminars in the private and corporate sectors; and coach/mentor women and young adults in positive mental, emotional, spiritual, and physical wellness.
 - Clientele includes the *Junior League of Albany, GIRLS Inc. of the Capital Region, Creative Problem Solving Institute, City Mission of Schenectady – Men's division and Women's Family Life Center, Medaille College, WNY Regional Economic Development Council, Environmental Youth Summit, Phatman Boardshop, NavSim, Wilfrid-Laurier University, and Mercy Seed Outreach.*

SELF-DEFENSE EXPERTISE***Exit and Transcendence Strategist***

– Remote and In-Person [7/2015 – present]

- Confidentially strategize and coach at-risk individuals in developing Plans-for-Action toward safe exiting of dangerous circumstances.

Social Activist, Self-Protection Advocate, and Subject Matter Expert

– Remote and In-Person [1/2012 – present]

- Offer knowledge-based information on how to stay safe to domestic abuse, sexual assault, violent crime, and human trafficking organizations that includes participating as a panelist, task force group member, and conference speaker in the challenge of global violence eradication; and was featured in the 2018 documentary “*Light in the Darkness: Living Well After Trauma.*”

THE CHAIN OF DEFENSE™ a division of Dorey Enterprises, Inc.***Pure Krav Maga Advanced Senior Master Instructor***

– Remote and In-Person [7/2010 – present]

- Create, develop, and implement customized non-physical and physical self-defense programs to specialized group populations aged 5+; owned, taught, and operated a training studio in Amsterdam, NY from 2016 to 2021 while supervising three part-time instructors and participated in and conducted eight international instructor certification courses and numerous 1- and 2-day self-defense seminars in London, England and the Northeast United States.
 - Clientele includes the *Sidney Albert Albany JCC, JCC of Greater Buffalo, Independent Health of WNY, Buffalo Medical Group Wellness Fair, Wild Women Unite, City Mission of Schenectady, Symmetry Pilates, SUNY Buffalo State, and SUNY Albany.*

ADVERTISING & MARKETING EXPERTISE**DOREY ENTERPRISES, INC.*****Consultant, Proofreader, and Editor***

– Remote and In-Person [1988 – 2026]

- Provided social media, traditional marketing, advertising, proofreading, and copyediting services to local and regional clients and national speakers.
 - Clientele includes *Dr. John A. King, Singer Development Services, Gooding Printing, the SKM Group, and Gelia Marketing Communications.*

THE SCHUTTE GROUP [1/1995 – 3/2002] & SINGER ADVERTISING [12/1991– 12/1995]***Creative Services Manager***

- Supervised, managed, and executed creative concepts for print, broadcast, and outdoor advertising, direct mail, collateral, and P-O-P campaigns; prepared annual client production/project budgets and estimates ranging from \$5,000 to \$1+ million; dealt with vendors; proofread and edited client copy; staffed weekly operational meetings; and attended client and new business meetings.
 - Clientele included the *NFL Buffalo Bills, Buffalo Bisons, Country Kitchen, HealthNowNY, Roswell Park Cancer Institute, S.A. Armstrong Pumps, Acme Electric, MOOG, Tuxedo Junction, DFT Communications, SUNY Buffalo State, SUNY at Buffalo, SUNY Alfred State, and Sherwood Scuba.*

STATE UNIVERSITY OF NEW YORK AT BUFFALO***Adjunct Professor***

– In-Person [1/1997 – 12/1997]

- Designed and delivered undergraduate course: *Principles & Techniques of Advertising;* and taught principles, strategy, and execution of multi-media advertising campaigns.

PUBLISHED WORK

- Dorey, K. (2026). *Trauma Bonding in Sex-Trafficked Women: A Single-Subject Multiple-Baseline Mixed Methods Study*. Doctoral Dissertations and Projects, 808.
<https://digitalcommons.liberty.edu/doctoral/8081/>
- King, J. A., King, M. R., & Dorey, K. (2017). *#Dealwithit: Living well with PTSD*. Next Foundation Press.
- Dorey, K. (2013). *The Exploration into Achieving One Women's [sic] 'Freedom of Voice' as Relevant to Domestic Abuse through the Sciences of Creativity*. Creative Studies Graduate Student Master's Projects.
<http://digitalcommons.buffalostate.edu/creativeprojects/191/>

NON-PUBLISHED MONOGRAPHS

- Dorey, K. (2024). *Traumatology Focus: Trauma Bonding*
- Dorey, K. (2023). *Creationism – A Psychological School of Thought*
- Dorey, K. (2013). *In What Ways Does Authenticity Drive Leadership?*
- Dorey, K. (2012). *Spirituality with Application in Authentic Leadership*
- Dorey, K. (2011). *Bar-On EQi®: Measuring Emotional-Social Intelligence*
- Dorey, K. (2010). *Sustainable 21st Century Leadership Practices*

POSTER PRESENTATION

- Dorey, K., Patel, R., & Fanwi, S. K. (2019, January 30–February 2). *The Dorey method® program of integrated study: An innovative and dynamic approach to restoration after trauma* [Poster presentation]. Building the Next Generation of Academic Physicians 10th Year Anniversary Conference and 2nd Pre-Faculty Conference, University of Arizona, Phoenix, AZ, United States.

EMPIRICAL RESEARCH & ASSESSMENT MEASURES

- Trauma bonding in sex-trafficked women was studied in 2025 as a single-subject multiple-baseline mixed methods experiment that looked at the efficacy of a transtheoretical treatment program on trauma bonding while learning emotional-social, creative problem-solving, and Christian doctrine skills in a creative environment.
- Since 2012, The Dorey Method™ Program of Integrative Study has taken a *DSM-5* trauma-informed approach to the emotional-social functioning of human-trafficked, violent crime, and domestic violence subjects while also looking at the trauma-related generational cycle/rate of trauma bonding in its subject populations.
- Theoretical and practical knowledge of various qualitative, quantitative, and clinical assessment measures, e.g., EQi® 2.0, FourSight®, Biopsychosocial-Spiritual (BPSS), Spiritual Assessment Inventory, Person Environment Fit for Creativity, SPSS, and MAXQDA.
- Knowledge of Bloom's Taxonomy and Curriculum Development/Design/Mapping.

RESEARCH GRANTS & AWARDS

2019	<i>Frank H. Netter School of Medicine Co-Research Grant of \$4,000</i> Quinnipiac University – Hamden, CT
2016	<i>Ruth B. Noller Research Grant of \$1,500</i> Creative Education Foundation – Scituate, MA
2012 – 2018	<i>The Research Foundation (Non-Financial) Research Award</i> SUNY Buffalo State – Buffalo, NY
2012	<i>International Service-Learning Scholarship Award of \$1,500</i> SUNY Buffalo State – Buffalo, NY

PROFESSIONAL AFFILIATIONS

- Global Association of Human Trafficking Scholars
- Society for the Neuroscience of Creativity
- The Science of Psychotherapy Academy
- Omega Nu Lambda National Honor Society

PROGRAM DEVELOPMENT TARGETED GROUP POPULATIONS

- Domestic, sexual assault, violent crime, and human-trafficked survivors.
- Teens and young adults for anti-bullying and leadership development.
- Higher education institutions for decreasing violence on and off campuses.
- Incarcerated/recently paroled individuals for behavioral and spiritual reformation.

PROGRAM DEVELOPMENT

- The Dorey Method™ Program of Integrative Study – Global / 2013
- The Freedom Legacy 5-Day Pilot Inquiry – NAADV, London, England / 2012
- Wisdom Self-Defense for Seniors – Pratt Willert Community Center, Buffalo, NY / 2012
- 11-week self-defense course – SUNY Buffalo State, Buffalo, NY / 2011
- Self-Defense & Leadership Summer Camp for Youth – NCCC, Niagara Falls, NY / 2011
- Self-Defense/Leadership 3-credit SUNY course – Buffalo, NY / 2011
- Courage Leadership and Anti-Bullying / Pilot Tested 2013-2015 in Albany, NY

PRODUCTS UNDER DEVELOPMENT

- Trauma Bonding Rate of Prevalence (TBRP) Psychometric Instrument
- Trauma Bonding Standardized Definition, Behavioral Disorder, and Treatment Protocol
- *Creationism* Psychological School of Thought
- Renewed Impact Study for incarcerated/recently paroled individuals.

IN-KIND SERVICES

2018 – present *Executive Director* – Mercy Seed Outreach / Bamenda, Cameroon

2017 – present *Strategic Partner* – Give Them a Voice Foundation / Dallas, TX

2015 – 2018 *International Board Member Ambassador* – Friends of Orphans / Uganda

2014 *Publicity Coordinator* – Creative Problem Solving Institute / Buffalo, NY

2013 – 2017 *Mentor and Mentoring Initiative Developer* – SUNY Buffalo State / Buffalo, NY

ADDENDUM A

THE DOREY METHOD™ PROGRAM OF INTEGRATIVE STUDY* Breaking the generational cycle/pattern of trauma one person at a time through an integrated approach utilizing nine (200+ combined years of proven, in-field tested) methodologies, plus YOU.								
YBS Your Belief System [value-driven behavior]	CPS Creative Problem-Solving [problem-solving skills]	TSM Thinking Skills Model [cognitive-affective skills]	TLC The Leadership Challenge [leadership practices]	EQi® Emotional Quotient Inventory [emotional-social competencies]	4SITE Foursight® Thinking Profile [creative preference styles]	SAVI The SAVI Approach [utilizing all four senses]	TCD The Chain of Defense™ [self-defense principles]	SRL Servant Leadership [pay it forward]
CHANGE Re-defining your Belief System + TRANSITION Living your re-defined Belief System = TRANSCENDENCE The Authentic You [Who do you need to be to live your purpose?]	STAGE 1 - EXPLORE THE CHALLENGE Assess the Situation Identify Goal, Wish or Challenge Explore the Vision Gather Data Clarify the Challenge Formulate Challenges STAGE 2 - GENERATE IDEAS Generate Ideas Exploring Ideas STAGE 3 - PREPARE FOR ACTION Select & Strengthen Solutions Formulate Solutions Explore Acceptance Plan for Action Formulate a Plan	Diagnostic Thinking-Mindfulness Visionary Thinking-Dreaming Strategic Thinking-Sensing Gaps Ideational Thinking-Playfulness Evaluative Thinking-Avoiding Premature Closure Contextual Thinking-Sensitivity to Environment Tactical Thinking-Tolerance for Risks	Model the Way Find Your Voice Set the Example Inspire A Shared Vision Envision the Future Enlist Others Challenge the Process Search for Opportunities Experiment & Take Risks Enable Others to Act Foster Collaboration Strengthen Others Encourage the Heart Recognize Contributions Celebrate the Values & Victories [Credibility is the foundation of leadership.]	Self-Perception Self-Regard Self-Actualization Emotional Self-Awareness Self-Expression Emotional Expression Assertiveness Independence Interpersonal Interpersonal Relationships Empathy Social Responsibility Decision Making Problem Solving Reality Testing Impulse Control Stress Management Flexibility Stress Tolerance Optimism HAPPINESS [well-being indicator]	Clarifier Get a clear understanding of the challenge. Ideator Generate broad concepts and ideas. Developer Analyze potential solutions with strengths and weaknesses. Implementor Take action on ideas. Integrator Ability to do all of the above. [Retain and understand information faster and at a greater proficiency level.]	Somatic Moving Doing Hands-on Learning Auditory Talking Hearing Visual Observing Picturing Drawing Intellect Problem Solving Reflecting Asking Questions [Retain and understand information faster and at a greater proficiency level.]	Non-Physical Danger Analysis Reaction Time Situational Awareness Heightened Awareness Avoidance & De-escalation Vision-Motion Personal Territory Body Language Self-Defense Laws Pressure Points Listen to Your Gut Physical Self-Confidence Physical Redirection of Body Force Body Movement Strikes & Kicks 360-degrees Defenses Close Range Scenarios H2 Get Up-Fall-Rollover Ground Defenses Leads/Controls Club&Knife Attacks-Defenses Pistol Defenses Multiple Attackers Mass Shootings	The Power of Prayer Stewardship Building Community "If you light a lamp for someone it will also brighten your own path." BUDDHIST PROVERB [Pursue greatness for others.]
©2019 Dorey / ©2004 Peterson&Seligman	©2001 Miller Firestein & Vohar	©2001 Puccio, Pearce & Murdock	©2007 Kouzes & Posner	©2011 MEI, Inc. / ©1997 Bar-On	©1999 Puccio	©2000 Meyer	©2019 Dorey / ©2009 Avram	©2006 McNeal
MISTAKES = FAILURE = SUCCESS THE AFFIRMATIVE ENVIRONMENT *THE DOREY METHOD Program of Study and materials fall under the Dorey Enterprises, Inc. trademark and may not be used, duplicated or served without written permission.								

Methodology 1: Your Belief System based in Positive Psychology

Delves into values, behaviors, and attributes (re-defined beliefs) that are important to the individual in which the (re)discovery of an individual's self-identity or positive self-concept is realized. During this process, an individual goes through two phases – change and transition – leading to authentic transcendence. Change occurs as the belief system is re-defined; and transition is the process of living your re-defined beliefs and internalizing them, thus creating an authentic Self and real transcendence. Next, is to ask the question – *Who do you need to be to live your purpose?* It is not about what individuals want, but rather what they need in relation to who they are.

Methodology 2: Creative Problem-Solving based in Applied Creativity

Teaches how to identify challenges to find and implement novel solutions in an affirmative way. Many times, individuals experience roadblocks without any idea how to go from A to Z; perpetuating negative, unhealthy choices that lead to a defeatist mindset of feeling trapped in life. The ability to problem-solve is crucial to becoming a healthier, happier, more hopeful individual.

Methodology 3: Thinking Skills Model based in Applied Creativity and Cognitive Thinking

Teaches the cognitive skills of diagnostic, visionary, strategic, ideational, evaluative, contextual, and tactical; and the affective skills of mindfulness, dreaming, sensing gaps, playfulness, avoiding premature closure, sensitivity to environment, and tolerance for risks. This is a significant methodology in creating a vision for the future, leading to disclosing an individual's life purpose.

Methodology 4: The Leadership Challenge based in Person-centered Theory

Teaches the five leadership practices of model the way, inspire a shared vision, challenge the process, enable others to act, and encourage the heart. Most individuals inherently practice these skills and just need to realize and embrace the leaders they already are. By teaching what the five leadership practices are, individuals feel more emotionally equipped, more confident, and begin to understand the importance of a positive self-perception.

Methodology 5: Emotional Quotient Inventory based in Positive Mental Health Theory

This assessment acts as a baseline for individuals and monitors the credibility of TDM when used as an empirical study. Additionally, the five composites and 15 subscales are taught as competencies to increase emotional-social functioning and wellness; individuals learn about themselves and behaviors (negative and positive) and come face-to-face with their authentic Self.

Methodology 6: FourSight® Thinking Profile based in Cognitive Neuroscience

Teaches how to embrace and utilize the creative preference styles and differences individuals inherently possess. Knowing how to identify these styles helps individuals work together in personal and professional frameworks.

Methodology 7: The SAVI Approach based in Learning Theory

Teaches how to retain and understand information faster and at a greater proficiency level by utilizing the four senses of somatic, auditory, visual, and intellect, empowering individuals with intellectual confidence.

Methodology 8: The Chain of Defense™ based in Reality and Exposure Theory

Teaches self-defense principles, helping to build an individual's self-worth in their capacity to physically and non-physically protect themselves, showcasing their inner strength and resolve.

Methodology 9: Servant Leadership based in Biblical Foundational Theory

Teaches the significance of pursuing greatness for others. There are many resources (the Bible, Scripture essays/writings, spiritual leaders, and motivational leaders) that are embraced, discussed, interpreted, and used on an individual basis.

References

- Aviram, B. (2009). *Krav maga: Use of the human body as a weapon philosophy and application of hand to hand [sic] fighting training system*. Self-published.
- Bar-On, R. (1997). *Bar-On emotional quotient inventory: Technical manual*. Multi-Health Systems, Inc.
- Kouzes, J. M., & Posner, B. Z. (2007). *The leadership challenge*. (4th ed.). Jossey-Bass.
- McNeal, R. (2006). *Practicing greatness: 7 Disciplines of extraordinary spiritual leaders*. Jossey-Bass.
- Meier, D. (2000). *The accelerated learning handbook: A creative guide to designing and delivering faster, more effective training programs*. McGraw-Hill Education.
- Miller, B., Vohar, J., & Firestien, R. (2001). *Creativity unbound: An introduction to creative process*. (3rd ed.). Innovation Resources, Inc.
- Multi-Health Systems, Inc. (2011). *EQ-i® 2.0 manual*. Multi-Health Systems, Inc.
- Peterson, C., & Seligman, M. E. P. (2004). *Character strengths and virtues: A handbook and classification*. American Psychological Association and Oxford University Press.
- Puccio, G. J. (1999). Creative problem-solving preferences: Their identification and implications. *Creativity and Innovation Management*, 8(3), 171–178. <https://doi.org/10.1111/1467-8691.00134>
- Puccio, G. J., Murdock, M. C., & Mance, M. (2011). *Creative leadership: Skills that drive change*. (2nd ed.). SAGE Publications, Inc.