CURRICULUM VITAE

KATHYSUE DOREY

BUFFALO & ALBANY, NEW YORK – USA doreyenterprises@roadrunner.com • 716-491-4723

"After spending over 25 years in the advertising, marketing, and public relations industry, I decided to pursue a more spiritually purposeful life helping individuals suffering from the complexity of physical, cognitive, emotional-social, and spiritual trauma. From my own personal emotional trauma came a renewed, energized, and determined persona that has led me to who I am today – grounded in faith, family, and purpose to always move forward despite the adversities of life. I am grateful for the integrated, multi-modality of my experience that may, on paper, seem disjointed, yet is anything but; rather my professional, academic, and life experience allows the integrative, morphing, intertwined, dual-capacity-generating, and unified relationship concept needed to battle complex trauma felt first-hand by so many in our world today. I have a never-ending love and fascination for trauma and welcome the opportunity to work neck high in the muddy trenches of life, helping one weathered soul at a time who needs an extended hand in love, consistency, and commitment to walk in their healing journey with them."

EDUCATION

Ed.D - Community Care & Counseling: Traumatology / anticipated May 2024

Liberty University – Lynchburg, VA [see Addendum B for Teaching Philosophy Statement]

<u>Grade Point Average:</u> 3.93/4.0 overall

M.S. – Creativity and Change Leadership / May 2013

Center *for* Applied Imagination (formerly the International Center for Studies in Creativity) Buffalo State University College, Buffalo, NY – USA

Master's Project: The Exploration into Achieving One Women's [sic] 'Freedom of Voice' as Relevant to Domestic Abuse through the Sciences of Creativity

Grade Point Average: 4.0/4.0 overall

<u>Awards:</u> Recipient of Firestien Family Creative Achievement Award, International Service-Learning Scholarship Award, and Dr. Mary Murdock Creative Spirit Scholarship Award

The Coaching Programme / 2010 – University of Manchester, CEL, Manchester, England

B.A. – Journalism / May 1984 – Buffalo State University College, Buffalo, NY – USA

CERTIFICATIONS

- Conflicts of Interest CITI / exp. 1/2026
- Social & Behavioral Researchers CITI / exp. 1/2025
- Healing the Wounds of Trauma PESI / 2022
- NRA Certified Pistol Basic and Advanced Instructor (#261739049) / 2022
- Krav Maga Advanced Sr. Master Instructor Amsterdam, NY / 2019-2017-2013-2010
- EQi 2.0® EQ360 and EQi 2.0® Youth Version London, England / 2012
- FourSight® Thinking Profile Buffalo, NY / 2012
- Domestic & Sexual Violence Training Springfield, MA / 2011
- Combatives Training Wooster, OH / 2011
- Executive/Life Coach Manchester, England / 2010

PROFESSIONAL AFFILIATIONS

- Student Affiliate, Society for the Neuroscience of Creativity
- *Member*, The Science of Psychotherapy Academy
- Lifetime Member, Omega Nu Lambda National Honor Society

PROGRAM DEVELOPMENT TARGETED GROUP POPULATIONS

- Domestic, sexual assault, violent crime, and human-trafficked trauma survivors
- Teens and young adults for anti-bullying and leadership development
- Higher education institutions for decreasing violence on and off campuses
- Incarcerated/recently paroled individuals for behavioral and spiritual reformation

PROGRAM DEVELOPMENT

- The Dorey Method™ Program of Integrative Study
- The Freedom Legacy 5-Day Pilot Inquiry
- Wisdom Self-Defense program for Senior Citizens
- 11-week self-defense course for Buffalo State International Students
- Self-Defense & Leadership Summer Camp for Young Adults
- Self-Defense/Leadership University Program with 3-credit SUNY course
- Courage Leadership and Anti-Bullying / Pilot Tested 2013-2015 in Albany, NY (USA)

ONE-DAY WORKSHOP DEVELOPMENT & PRESENTATIONS

- Shift Your Perspective in Mindfulness and Meta-Cognition
- Self-Protection Principles in the Workplace
- Challenge the Process Leadership Practices
- Superheroes Men's Emotional Intelligence
- Live Your Spiritual Purpose
- Child Sexual Abuse in Males
- Sex Trafficking: What, Who, Why, and Treatment
- Trauma Bonding in Human Trafficking Survivors

PRODUCTS UNDER DEVELOPMENT

- Mixed-methods Clinical Assessment of Trauma Bonding
- Trauma Bonding Rate of Prevalence (TBRP) Scale
- Creationism Psychological School of Thought
- The Creative Leadership Mentorship Model

WORK-RELATED EXPERIENCE

DOREY ENTERPRISES, INC.

Educator and Trauma Healing Facilitator/Mentor/Coach/Lead Researcher
The Dorey MethodTM Program of Integrative Study (formerly The Freedom Legacy)

- Bamenda, Cameroon (AFRICA) / 2018 present
- Buffalo, NY (USA) / 2015 present
- Schenectady, NY (USA) / 2014 present
 - The Dorey MethodTM Program of Integrative Study (TDM) is an integrative, transtheoretical treatment approach (in the form of a one-year intensive training course) that specializes in restoring an individual's emotional-social, cognitive, physical, and spiritual well-being from years of trauma, abuses, and violence through nine in-field-tested methodologies (see Addendum A) founded on the core fundamental principle of a safe, positive atmosphere within The Affirmative Environment; thereby, allowing the opportunity to excel and fail forward and promote personal growth and learning during the healing process.
 - The nine methodologies within the TDM are also offered as separate learning constructs for individuals without trauma-induced experiences; thereby, allowing the opportunity to excel and fail forward while promoting age-appropriate developmental growth.

Exit and Transcendence Strategist - Buffalo and Albany, NY (USA) / July 2015 - present

• Strategize with at-risk individuals in developing Plans-for-Action toward safe exiting of dangerous circumstances.

Social Activist/Self-Protection Advocate / 2012 – present

• Align with and offer knowledge-based information on how to stay safe to domestic abuse, sexually assaulted, violent crime, and labor-sex trafficking organizations.

Creative Leadership Educator and Social-Emotional Learning Practitioner / 2010 – present

- Train and facilitate individuals in creative problem-solving and leadership practices.
- Develop and implement social-emotional learning practices to private/corporate sectors.
- Create and present targeted programs, leadership workshops, and seminars.
- Coach/mentor women and young adults in positive mental wellness.

Certified Pure Krav Maga Advanced Senior Master Instructor / 2010 – present

• Create, develop, and implement customized programs to specialized group populations.

Subject Matter Expert / ongoing

- Panelist and task force group member in the challenge of global violence eradication.
- Featured in the film "Light in the Darkness" that premiered June 2018.

Executive Assistant, Advertising Consultant, Copywriter, Proofreader, Editor / 1988 – present

- Provide executive assistance to clients, which includes managing personal/corporate expenses/bookkeeping and medical/health insurance files with Microsoft Office 365.
- Provide social media, traditional marketing, advertising, proofreading, and copyediting services to local, regional, and national clients.

THE SCHUTTE GROUP / 1995–2002 & SINGER ADVERTISING / 1991–1995 Creative Services Manager

- Supervised, managed, and executed creative concepts for print, broadcast, and outdoor advertising, direct mail, collateral, and P-O-P campaigns.
- Prepared annual client production budgets and all project estimates.
- Successfully dealt with vendors.
- Proofread and edited client copy.
- Staffed weekly operational meetings.
- Attended client and new business meetings.

STATE UNIVERSITY OF NEW YORK AT BUFFALO – Buffalo, NY

Adjunct Professor / 1997

- Designed and delivered undergraduate course: Principles & Techniques of Advertising.
- Taught principles, strategy, and execution of multi-media advertising campaigns.

THE DOREY INSTITUTE FOR RESEARCH AND RESTORATIVE WELLNESS

- an altruistic division of Dorey Enterprises, Inc. -

Founder / Under development

- Envisioned as a separate entity in the quiet of the country with an organic farm, culinary training center and bistro, educational and vocational training center, farmhouse comfort-style housing/high-security shelter, an old-style chapel, and an environment that radiates the warmth of a loving and trusting home.
- Serving labor-sex trafficked, domestically abused, and other atrocity-inflicted adult survivors and their children suffering from emotional-social, cognitive, physical, and/or spiritual trauma; believing the shared life experience of trauma is the commonality, not the *type* of perpetrated adversity that creates those traumas, survivors are not separated by adversity category, but rather unified by varied traumas as a symptom of the adversity.

IN-KIND SERVICES

 $2018-present \ \textit{Executive Director}$

Mercy Seed Outreach – Bamenda, Cameroon

2017 – present *Strategic Partner*

Give Them a Voice Foundation – Dallas, TX

2013 – 2017 *Mentoring Initiative Developer*

Creative Connections Alumni Network

Buffalo State University College at Buffalo – Buffalo, NY

2014 Creative Leadership Presenter & Publicity Coordinator

Creative Problem-Solving Institute

Creative Education Foundation - Scituate, MA

PUBLISHED WORK

- King, J. A., King, M. R., & Dorey, K. (2017). #Dealwithit: Living well with PTSD. Next Foundation Press.
- Dorey, K. (2013). The Exploration into Achieving One Women's [sic] 'Freedom of Voice' as Relevant to Domestic Abuse through the Sciences of Creativity. *Creative Studies Graduate Student Master's Projects*.
 http://digitalcommons.buffalostate.edu/creativeprojects/191/

NON-PUBLISHED MONOGRAPHS

- Traumatology Focus: Trauma Bonding
- Emerging Working Theory: Creationism A Psychological School of Thought
- *In What Ways Does Authenticity Drive Leadership?*
- Spirituality with Application in Authentic Leadership
- Bar-On Emotional Quotient Inventory®: Measuring Emotional-Social Intelligence
- Sustainable 21st Century Leadership Practices

POSTER PRESENTATION

Dorey, K., Patel, R., & Fanwi, S. K. (2019, January 30–February 2). The Dorey method® program of integrated study: An innovative and dynamic approach to restoration after trauma [Poster presentation]. Building the Next Generation of Academic Physicians 10th Year Anniversary Conference and 2nd Pre-Faculty Conference, University of Arizona, Phoenix, AZ, United States.

RESEARCH EXPERIENCE

FUTURE DISSERTATION TOPIC

Trauma Bonding in Sex-Trafficked Women Participating in a Transtheoretical Treatment Program: A Mixed-Methods Study

- The research topic of study is trauma bonding in sex-trafficked women suffering from complex trauma while they are actively participating in an affirmative, transtheoretical treatment program that uses positive psychology, applied creativity, and spiritual practices when teaching emotional-social intelligence skills.
- Research questions to be explored while sex-trafficked women are actively participating in an affirmative, transtheoretical treatment program include: (1) In what ways do learning emotional-social intelligence skills influence trauma bonding? (2) In what ways does an affirmative, creative environment mediate the experience of trauma bonding? And (3) In what ways does spirituality influence the experience of trauma bonding?

EMPIRICAL RESEARCH & ASSESSMENT MEASURES

- Since 2012, The Dorey Method™ Program of Integrative Study continues to look at the emotional-social functioning of human-trafficked, violent crime, and domestic violence subjects while also looking at the trauma-related generational cycle/rate of trauma bonding in its subject populations.
- Skilled in various qualitative, quantitative, and clinical assessment measures, e.g., EQi 2.0®, FourSight®, and Biopsychosocial-Spiritual (BPSS).

RESEARCH GRANTS & AWARDS 2019 Frank H. Netter School of Medicine Co-Research Grant of \$4,000 Quinnipiac University – Hamden, CT 2016 Ruth B. Noller Research Grant of \$1,500 Creative Education Foundation – Scituate, MA 2012 – 2018 The Research Foundation (Non-Financial) Research Award Buffalo State University College at Buffalo – Buffalo, NY 2012 International Service-Learning Scholarship Award of \$1,500 Buffalo State University College at Buffalo – Buffalo, NY

REFERENCES

Steven M. Cohen, Esq.

Criminal & Litigation Chair – Hogan Willig Attorneys at Law 2410 North Forest Road – Suite 301 • Amherst, NY 14068 / USA 716-932-6754

scohen@hoganwillig.com

Years Known: 6

Affiliation: Professional Capacity: Colleague

Dr. John A. King

Human Trafficking Subject Matter Expert & President – Give Them a Voice Foundation

PO Box 1436 • Grapevine, TX 76099 / USA

817-308-1577

drking@nextfoundation.org

drjohnaking.com/give-them-a-voice/

Years Known: 5

<u>Affiliation:</u> Professional Capacity: Colleague

Seraphine Fanwi Kakwi

Founder – Mercy Seed Outreach

Full Gospel Mission

Alakuma, Mankon • Bamenda, Northwest Region, Cameroon

+237653033277

mercyseedoutreach@gmail.com

Years Known: 5

Affiliation: Professional

Capacity: The Dorey Method

Roger L. Firestien, Ph.D.

Creativity Consultant – Innovation Resources, Inc.

PO Box 615 • Williamsville, NY 14221 / USA

716-631-3564 rfires@aol.com

Years Known: 12

Affiliation: Academic and Professional

Capacity: Mentor / Professor

Gerard J. Puccio, Ph.D.

Department Chair

Center for Applied Imagination (formerly the International Center for Studies in Creativity)

Buffalo State, State University of New York

1300 Elmwood Avenue, Chase Hall 244 • Buffalo, NY 14222 / USA

716-878-6223

pucciogi@buffalostate.edu

Years Known: 12

Affiliation: Academic and Professional

<u>Capacity:</u> Professor

Marilyn and Larry Singer

CEO and COO – Singer Development Services 107 Meadow Stream Drive • Snyder, NY 14226 / USA

716-570-6361, 716-570-8926

mpsinger@roadrunner.com, cfgsinger@roadrunner.com

Years Known: 31

Affiliation: Professional Capacity: Client

Dean Taylor

Chartered Psychologist – IDEA Psychology

London, England +44 0845-349-4244

dean.taylor@ideapsychology.com

www.ideapsychology.com

Years Known: 10

Affiliation: Professional

Capacity: EQi 2.0 / EQ360 Trainer

Mike Saccocio

Executive Director – Schenectady City Mission 425 Hamilton Street • Schenectady, NY12305 518-346-2275

msaccocio@citymission.com

Years Known: 8

Affiliation: Professional

Capacity: The Dorey Method (formerly The Freedom Legacy)

Lisa Bogart

16 Via Pinto Way • Williamsville, NY 14221

716-807-5027

bogs208@verizon.net
Years Known: 54
Affiliation: Personal

<u>Capacity</u>: Long-time Friend

ADDENDUM A

| YBS Your Belief System [value-driven behavior] | C P S Creative Problem-Solving [problem-solving skills] | Thinking Skills Model [cognitive-affective skills] | T' L C The Leadership Challenge [leadership practices] | | 4 S I T E Foursight® Thinking Profile [creative preference styles] | SAVI The SAVI Approach [utilizing all four senses] | T' C Q D The Chain of Defense™ [self-defense principles] | SRL Servant Leadership [pay it forward] |
|---|--|---|--|---|---|--|--|---|
| CHANGE Re-defining your Belief System + TRANSITION Living your re-defined Belief System = TRANSCENDENCE The Authentic You [Who do you need to be to live your purpose?] | STAGE I- EXPLORETHE CHALLENGE Assess the Stutution Identify Goal Wish or Challenge Explore the Vision Gather Data Clorify the Challenge Formulate Challenges STAGE 2- GENERATE IDEAS Generate Ideas Exploring Ideas STAGE 3- PREPARE FOR ACTION Select & Strengthen Solutions Formulate a Plan | Diagnostic Thinking- Mindfulness Visionary Thinking- Dreaming Strategic Thinking- Sensing Gaps Ideational Thinking- Playfulness Evaluative Thinking- Avoiding Premature Closure Contextual Thinking- Sensitivity to- Environment Tactical Thinking- Tolerance for Risks | Model the Way Find Your Voice Set the Example Inspire A Shared Vision Envision the Future Envision the Future Challenge the Process Search for Opportunities Experiment & Take Risks Enable Others to Act Foster Collaboration Strengthen Others Encourage the Heart Recognize Contributions Celebrate the Values & Victories [Credibility is the foundation of leadership.] | Self-Perception Self-Regard Self-Acquitation Emotional Self-Awareness Self-Expression Emotional Expression Assertiveness Independence Interpersonal Relationships Emotional Self-Margeness Interpersonal Relationships Decision Making Problem Solving Reality Testing Impulse Control Stress Management Flexibility Stress Tolerance Optimism HAPPINESS Well-Beign indicator | Clarifier Get a clear understanding of the challenge. Ideator Generate broad concepts and ideas. Developer Analyze potential solutions with strengths and weaknesses. Implementor Take action on ideas. Integrator Ability to do all of the above. | Somatic Moving Doing Hands-on Learning Auditory Talking Hearing Visual Observing Picturing Drawing Intellect Problem Solving Reflecting Asking Questions [Retain and understand information faster and at a greater proficiency level.] | Non-Physical Danger Analysis Reaction Time Struational Awareness Heightened Awareness Avoidance & De-escalation No Complexency Vision-Motion Personal Territory Body Language Self-Defense Lawa Listen Listen Lawa Listen Listen Listen Lawa Listen List | The Power of Prayer Stewardship Building Community "If you light a lamp for someone it will also brighten your own path BUDDHIST PROVERS [Pursue greatness for others.] |

Methodology 1: Your Belief System based in Positive Psychology

Delves into values, behaviors, and attributes (re-defined beliefs) that are important to the individual in which the (re)discovery of an individual's self-identity or positive self-concept is realized. During this process, an individual goes through two phases – change and transition – leading to authentic transcendence. Change occurs as the belief system is re-defined; and transition is the process of living your re-defined beliefs and internalizing them, thus creating an authentic Self and real transcendence. Next, is to ask the question – *Who do you need to be to live your purpose*? It is not about what individuals want, but rather what they need in relation to who they are.

Methodology 2: Creative Problem-Solving based in Applied Creativity

Teaches how to identify challenges to find and implement novel solutions in an affirmative way. Many times, individuals experience roadblocks without any idea how to go from A to Z; perpetuating negative, unhealthy choices that lead to a defeatist mindset of feeling trapped in life. The ability to problem-solve is crucial to becoming a healthier, happier, more hopeful individual.

Methodology 3: Thinking Skills Model based in Applied Creativity and Cognitive Thinking Teaches the cognitive skills of diagnostic, visionary, strategic, ideational, evaluative, contextual, and tactical; and the affective skills of mindfulness, dreaming, sensing gaps, playfulness, avoiding premature closure, sensitivity to environment, and tolerance for risks. This is a significant methodology in creating a vision for the future, leading to disclosing an individual's life purpose.

Methodology 4: The Leadership Challenge based in Person-centered Theory

Teaches the five leadership practices of model the way, inspire a shared vision, challenge the process, enable others to act, and encourage the heart. Most individuals inherently practice these skills and just need to realize and embrace the leaders they already are. By teaching what the five leadership practices are, individuals feel more emotionally equipped, more confident, and begin to understand the importance of a positive self-perception.

Methodology 5: Emotional Quotient Inventory based in Positive Mental Health Theory

This assessment acts as a baseline for individuals and monitors the credibility of TDM when used as an empirical study. Additionally, the five composites and 15 subscales are taught as competencies to increase emotional-social functioning and wellness; individuals learn about themselves and behaviors (negative and positive) and come face-to-face with their authentic Self.

Methodology 6: FourSight® Thinking Profile based in Cognitive Neuroscience

Teaches how to embrace and utilize the creative preference styles and differences individuals inherently possess. Knowing how to identify these styles helps individuals work together in personal and professional frameworks.

Methodology 7: The SAVI Approach based in Learning Theory

Teaches how to retain and understand information faster and at a greater proficiency level by utilizing the four senses of somatic, auditory, visual, and intellect, empowering individuals with intellectual confidence.

Methodology 8: The Chain of Defense™ based in Reality and Exposure Theory

Teaches self-defense principles, helping to build an individual's self-worth in their capacity to physically and non-physically protect themselves, showcasing their inner strength and resolve.

Methodology 9: Servant Leadership based in Biblical Foundational Theory

Teaches the significance of pursuing greatness for others. There are many resources (the Bible, Scripture essays/writings, spiritual leaders, and motivational leaders) that are embraced, discussed, interpreted, and used on an individual basis.

References

Aviram, B. (2009). Krav maga: Use of the human body as a weapon philosophy and application of hand to hand [sic] fighting training system. Self-published.

Bar-On, R. (1997). Bar-On emotional quotient inventory: Technical manual. Multi-Health Systems, Inc.

Kouzes, J. M., & Posner, B. Z. (2007). The leadership challenge. (4th ed.). Jossey-Bass.

McNeal, R. (2006). Practicing greatness: 7 Disciplines of extraordinary spiritual leaders. Jossey-Bass.

Meier, D. (2000). The accelerated learning handbook: A creative guide to designing and delivering faster, more effective training programs. McGraw-Hill Education.

Miller, B., Vehar, J., & Firestien, R. (2001). *Creativity unbound: An introduction to creative process.* (3rd ed.). Innovation Resources, Inc.

Multi-Health Systems, Inc. (2011). EQ-i® 2.0 manual. Multi-Health Systems, Inc.

Peterson, C., & Seligman, M. E. P. (2004). *Character strengths and virtues: A handbook and classification*. American Psychological Association and Oxford University Press.

Puccio, G. J. (1999). Creative problem-solving preferences: Their identification and implications. *Creativity and Innovation Management*, 8(3), 171–178. https://doi.org/10.1111/1467-8691.00134

Puccio, G. J., Murdock, M. C., & Mance, M. (2011). *Creative leadership: Skills that drive change.* (2nd ed.). SAGE Publications, Inc.

ADDENDUM B

My Teaching Philosophy Statement

Individuals in the educational framework are mandated to put forth their philosophy toward teaching. Yet, in my opinion, it is not a philosophy toward teaching, but rather a philosophy toward learning throughout the integrated emotional-social, cognitive, physical, and spiritual life experiences on a personal, professional, and academic basis. How we teach should reflect how we learn – inclusive of the successful and not-so-successful outcomes.

I learn and teach best in a safe, affirmative environment that supports and encourages misstakes as steppingstones toward successful growth.

- o I believe in a praise-first approach when resolving challenges.
- o I believe every challenge can be resolved on some level.
- o I believe in flexible, adaptive strategies when learning and teaching.
- I believe emotional-social, cognitive, physical, and spiritual attributes need to be identified and understood bi-relationally.
- o I believe in pursuing positive emotional-social, cognitive, physical, and spiritual wellness.
- o I believe in purposeful living and good old-fashioned perseverance.
- I believe in pursuing greatness for others and advocate for freedom, equality, and diversity of actionable thought through the power of an affirmative environment ... and chocolate – chocolate is a staple.
- I developed, believe in, practice, and model the five basic principles of: Understand
 Thyself: value yourself; Accept Thyself: believe in yourself; Embrace Thyself: love
 yourself; Like Thyself: admire and praise yourself; and Respect Thyself: honor and trust
 yourself.
- I believe a positive, strong self-concept leads us toward better choices, decisions, and sustainable outcomes.

As an educator, lifelong student, and individual, I adhere to several integrated best practices, which include:

- A belief system in love, respect, trust, integrity, informed consent, confidentiality, truthfulness, authenticity, hope, and professional/academic/personal competence and responsibility.
- o The pursuit of a life filled with happiness, engagement, and purpose for all persons.
- The consideration of any conflicts of interest personally, professionally, academically, or spiritually.
- o Full transparency and complete disclosure between all parties involved as necessary.
- o Exercising and modeling the attributes of humility and modesty.

As a Christian-focused educator, I am governed by 1 Peter 4:10 – "As every man hath received the gift, even so minister the same one to another, as good stewards of the manifold grace of God" (KJV).

- Kathysue Porey