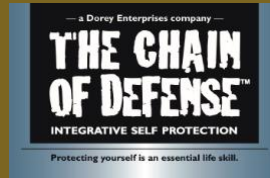




## Young Adult Workshops



# Young Adult Workshop

Presented by Kathysue Dorey

Self-Protection Advocate. Master Instructor in IDF (pure) Krav Maga.

Founder of Courage Leadership.

EXEMPLIFY CONFIDENT BODY LANGUAGE

BUILD YOUR RESOLVE

MANAGE CONFRONTATION

HEIGHTEN YOUR SITUATIONAL AWARENESS

UNDERSTAND YOUR PERSONAL TERRITORY

NO COMPLACENCY MINDSET

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