



BarCARES[®]

Program Coordinator | **1.800.640.0735** or www.BarCARES.org

BarCARES Frequently Asked Questions

Q. Who do I call with questions, to access my free BarCARES counseling sessions or with urgent concerns?

A. Urgent calls will be received by a BarCARES service representative at HRC Behavioral Health & Psychiatry, PA, 24 hours a day, 7 days a week. (800) 640-0735.

You can call with questions about BarCARES or access your three free annual BarCARES counseling sessions by calling the confidential BarCARES assistance line (800) 640-0735 during business hours to speak to the BarCARES Program Coordinator or leave a confidential voice mail.

Following the call, the BarCARES service representative will work to arrange an initial session between you and a BarCARES counseling provider in your local area, unless you prefer a provider outside your local area. Subsequent BarCARES counseling sessions are arranged directly between you and your BarCARES counseling provider, and can be used to resolve problems or determine how to access other sources of help.

Q. Who pays for my BarCARES counseling sessions?

A. Three annual BarCARES counseling sessions are provided at no cost to you by funding provided by your participating bar group membership or law school. The North Carolina Bar Association and Lawyers Insurance Agency fund administrative fees for the program. None of these groups have access to names or other identifying information of any program user.

If your judicial district bar or local voluntary bar has not yet begun participating in the BarCARES program, as of July 2013 the North Carolina Bar Association BarCARES Initiative program offers a one-time, three session assessment/referral to any NCBA member who resides in a non-covered BarCARES area and has never utilized BarCARES services previously. The North Carolina Bar Association BarCARES Initiative is jointly funded with an annual grant from North Carolina Bar Association and Lawyers Insurance Agency.

Q. May my family use my BarCARES counseling sessions?

A. Some bar groups have chosen a plan that allows immediate family members to use one or all of their three cost-free annual BarCARES counseling sessions. The BarCARES service representative will let you know if your specific bar group allows family members to participate. Please note that the North Carolina Bar Association BarCARES Initiative is for attorneys only and does not cover family members.

Q. How is BarCARES different from the North Carolina State Bar Lawyer Assistance Program?

A. All BarCARES contact is made through HRC Behavioral Health & Psychiatry, PA, the organization administering the BarCARES program. The three annual BarCARES counseling sessions are free.

To find out about the State Bar LAP program visit www.nclap.org.

