



Microblading Post Care Instructions

Follow these instructions after your microblading session. If you have any additional questions or any unexpected problems with healing of the skin please contact us immediately to discuss further instructions.

or email Hannah: hannah@flexlashandbrow.com

Day 1 (Day of treatment) Wait 2 hours and let the wounds weep lymph (leak any extra fluid from the skin). After 2 hours you must wipe off the area with a moistened cotton pad (not saturated in water), then apply a thin layer of Aquaphor with a cotton swab. Wipe the brows with the moistened cotton pad every 1-2 hours, and then reapply a thin layer of the ointment every time. This will ensure your brows won't scab, too much ointment will cause the pigment to scab. At night wash the treated area with warm water and mild soap like Cetaphil. Wash your hands with a disinfectant soap before washing your eyebrows or applying the post-care ointment (Aquaphor).

Days 2-9 Repeat the wiping of the brows 3 times a day. At night wash the treated area with warm water and mild soap. Wash your hands with disinfectant soap before washing your eyebrows and/or applying the ointment.

Days 2-12 PLEASE AVOID:

1. Increased sweating. It is recommended not to sweat (heavily) the first 10 days after the procedure. Sweat is salt and can prematurely fade the treated area.
2. Practicing sports
3. Swimming
4. Hot sauna, hot bath, Jacuzzi
5. Sun tanning or indoor tanning. Absolutely no sun, sweating, or tanning prior to the procedure or after the procedure for 10 days.
6. Any laser or chemical treatments or peels
7. Any creams containing Retin-A, Glycolic Acid, Benzoyl Peroxide, AHA, Hydroquinone (Bleaching Cream) on the face and neck.
8. Picking, peeling, or scratching of the micro pigmented area in order to avoid scarring of the area or removal of the pigment.
9. Drinking alcohol in excess, as it may lead to slow healing of wounds.
10. Driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles.
11. Touching of the eyebrow area except for when rinsing and applying the post-care cream with a cotton swab.

NOTE: Wait 3 weeks from your most recent Botox treatment to have Microblading done

*****Avoid sleeping on your face for the first 5 days.**