

# Shungite



I want share with you the heal power of shunote stones. And it's positive effect in water. Shungite is a black, lustrous, non-crystalline mineraloid that contains fullerenes. It is the only natural source of fullerenes. Fullerenes are powerful and long-acting antioxidants. Antioxidants react with free radicals and stop the chain reactions that can lead to cell damage and degenerative diseases. Fullerenes help normalize cell metabolism, increase enzyme activity, give stability to cells, and boost the regenerative capacity of body tissues. They have anti-inflammatory properties, and can help reduce pain and stress. Shungite, being a rich source of fullerenes, offers these health benefits to the individual using it. A unique property of shungite is its conductivity. It is attributed to the nanoclusters in this stone. In its purest form, shungite is known to possess a very high conductivity. This stone is a life stone, it's 98% carbon. Carbon is unique in its chemical properties because it forms a number of components superior than the total addition

of all the other elements in combination with each other. Carbon and its components are widely distributed in nature. The estimation is that carbon forms 0,032% of The Earth's crust.

No element is more essential to life than carbon, because only carbon forms strong single bonds to itself that are stable enough to resist chemical attack under ambient conditions. This give carbon the ability to form long chains and rings of atoms, which are the structural basis for many compounds that comprise the living cell, of which the most important is DNA. The most common method to disinfect water is to boil it. This oldest of all methods indeed kills bacteria, but at the same time it increases the concentration of nitrites, salts and heavy metals. Besides, some of inorganic components do not break down after the boiling process. Water, after boiling, becomes somewhat useless for human organism. It is very important, especially for child development, to use the right kind of water. Another widespread method to clean the water is the use of chlorine to do the disinfection. However, scientists have proved chlorine harmful for the human body since it produces organic compounds, some of which are carcinogenic. Shungite has the ability to clean water from almost of all organic compounds (including pesticides), metals, bacteria and harmful microorganisms.

Water from Lake Onega in Russia, can be used for drinking without any prior cleaning! It is the result of thousands of years of interaction with Shungite. Shungite removes heavy metals, chlorine, enriches drinking water in potassium. Then put the Shungite stones on the bottom of a water container (there has to be a correlation between the size of container and amount of stones or size of pyramid). After 48 hours the water will be biologically active. It 's ready for external and internal use. You should put shungite stones in the sunlight every month and replace the stones every 6 months. Not only does water infused with Shungite becomes ultra clean, it also becomes a colloidal solution of hydrated fullerenes. proven that digesting shungite water provides a positive therapeutic effect and helps to cope with a great number of diseases including chronic respiratory issues, headaches, aches in joints and muscles as well as the problems with the digestive system.

One of the examples is the antihistaminic effect of Shungite water. After the use of Shungite water there is a dramatic decrease of histamine in blood stream which corresponds with alleviation of an allergic response. It is recommended to drink at least 2-3 glasses of Shungite water a day to heal or prevent digestive, muscular or nervous system illness and to increase circulation of blood. Daily use of Shungite water to wash face or body improves elasticity of skin, gives it a healthy look. Also it helps the drinker to get rid of acne, skin redness and other skin problems. Shungite water helps with hair loss, cleansing, purifying, protective boosts the immune system, improves general overall health & vitality transmutes & shields from negativity. It strengthens hair roots and heals the scalp. Shungite has a unique property of being able to conduct energy. It absorb energy directly from the sun. And transfer that solar energy right into your body. This stone can neutralize the negative effects of electromagnetic fields. feel free to contact Me about this or any health condition. That you might be going through.