

# CAYENNE



**This special herb has potent anti-fungal properties. It can quickly kill off any mold, fungus and parasites, as well as give your health and circulation a boost. It's also an excellent enhancer of any other herbs you use.**

Cayenne pepper is considered a miracle herb and for good reason. Cayenne pepper should be a part of everyone's aid kit. I simply can't stress that enough. Cayenne pepper is the world's best emergency herb. We are living in a time where disaster can strike at any time at any place. You have to keep in mind that emergency response teams won't always have time to come get you in time of distress. I'm going to share with you some very valuable information. That could save you or someone you know life in a time of disaster. Cayenne pepper has been prized for thousands of years for its healing power. Folklore from around the world recounts amazing results using cayenne pepper in simple healing and in baffling health problems. Cayenne pepper has long been used as a traditional treatment for cardiovascular and

circulatory problems, as well as to help alleviate chronic pain and joint issues. There are a number of beneficial compounds in cayenne pepper, explain its widespread health benefits. The spice contains an impressive array of plant nutrients, like antioxidants and carotenoids, which lower LDL cholesterol and blood triglycerides. As well as widening the blood vessels for better circulation, cayenne also discourages platelet adhesion, which is the clumping of blood that can lead to dangerous clots. The active compound capsaicin produces a sensation of heat which results in widening of the blood vessels and increased circulation.

This helps the heart and circulatory system work more efficiently. Cayenne pepper is a powerful and pure stimulant, having NO narcotic effect, increasing the power of the pulse and carrying the blood to ALL parts of the body, plus equalizing and restoring the balance of circulation throughout the body ! Cayenne is a Hemostat, arresting the flow of blood from a cut or wound in seconds and a cardiac tonic, helping to rebuild the heart. It is an Antiseptic, killing pathogens and a Counter-Irritant, helping to relieve pain. And cayenne is a Stomachic, helping to digest foods and a Carminative, helping to expel gas. Many herbalists believe that Cayenne is the most useful and valuable herb in the whole herb kingdom. It benefits the entire body. Cayenne keeps body systems working. Cayenne pepper can detect malfunction in the body. When taking it automatically look for any damage or malfunctioning in your body. For example if you take cayenne and your back, heart, legs, knee, arms kidneys, liver, lungs, and so on start to warm up. There could be a potential problem there. Cayenne does a full complete checkup of your health. Cayenne can rebuild the tissue in the stomach and the peristaltic action in the intestines. It aids elimination and assimilation, and helps the body to create hydrochloric acid, which is so necessary for good digestion and assimilation, especially of proteins.

All this becomes very significant when we realize that the digestive system plays the most important role in mental, emotional and physical health, as it is through the digestive system that the brain, glands, muscles and every other part of the body are fed. Cayenne has been known to stop heart attacks within 30 seconds. And it will totally arrest strokes. Cayenne has been known to stop heart attacks within 30 seconds. For example, when a 90-year-old man in Oregon had a severe heart attack, his daughter was able to get Cayenne extract into his mouth. He was pronounced dead by the medics, but within a few minutes, he regained consciousness.

And By the time they got to the hospital, he had fully recovered and wanted to go home and mow the lawn. Because Cayenne pepper boots peripheral circulation and stimulates organ secretion, it expedites the therapeutic delivery and action of nutrients in the body. It will ensure the rapid and even distribution of the active principles of available nutrients to critical function centers, including those involved in cellular respiration, metabolic data transmission and neural-hormonal action. The remarkable ability of Cayenne pepper to stimulate organ secretion and even heart action makes it one of the strongest natural stimulants known. Cayenne will also bring you out of shock, hypothermia, and trauma. During winter it will keep you from freezing.

Clearly, Cayenne pepper should be considered nothing less than a wonder herb that has scientifically proven its worth! If a person's heart stopped and they already been ingesting cayenne daily, cayenne can restart your heart all by itself. If a person was shot by a gun, you can put cayenne directly in the gunshot wound. The cayenne will stop the heavy bleeding, so the person wouldn't bleed out. If you want to carry something in your first aid kit for a heart attack, carry a cayenne tincture. If a heart attack should occur, it is suggested that a teaspoon of extract be given every 15 minutes or a teaspoon of Cayenne in a glass of hot water be taken until the crisis has passed. If a hemorrhage occurs in the lungs, stomach, uterus or nose, it is suggested that a teaspoon of extract (or a teaspoon of cayenne powder in a cup of hot water) be given every 15 minutes until the crisis has passed. The bleeding should stop in 10-30 seconds. The reason for this is that rather than the blood pressure being centralized, it is equalized by the Cayenne, and the clotting action of the blood becomes more rapid. For external bleeding, take cayenne internally and pour cayenne directly on the wound. Chronic headache sufferers may also find relief. Cayenne tea in the morning will help those with Diabetes. Diabetes is known to wreak havoc on the circulatory system and if high blood sugar go unchecked. Neuropathy and tissue death of the extremities may result. But drinking cayenne tea in the morning will prevent this. Current research suggests cayenne pepper encourages regeneration of damaged nerves and improves circulation, which helps prevent infections such as foot ulcers that may lead to complications and subsequent amputations. Peace and blessings and Jehovah God be your guide. Feel free to contact me about any health issues you are going through.