



SPORTS COACH LEVEL 4 – HIGH PERFORMANCE PATHWAY

12 MONTHS

APPRENTICESHIP WITH FOOTBALL FAMILY

WHO IS IT FOR?

This Level 4 qualification is ideal for coaches working within the elite environment, developing athletes and players in high-performance settings including national and international programmes. Coaches deliver programmes focusing on acceleration of development and high performance of players.

Knowledge and skills developed include:

- Profiling athletes bio-psycho-social attributes
- Creating high-level curriculum supporting competition schedules
- Understanding and developing coaching philosophy

Learner

Mentor

Employer

Assessor

WHAT WE DO

Football Family are an experienced apprenticeship provider, with a wide range of knowledge, skills and expertise. We provide support and training in a variety of sectors and pride ourselves on our mentorship enrichment within each course.

LEARNER - WHAT YOU NEED TO KNOW

- Online learning
- Projects & assignments each month
- Functional skills & upskilling in Maths & English
- Additional training courses included

EMPLOYER - WHAT YOU NEED TO KNOW

- Off the Job hours for the learner
- Attend reviews & 1-1's
- Employer liaison officer provided
- Regular contact and support



01709 763272



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SPORTS COACH - SCHOOL PATHWAY LEVEL 4

12 MONTHS



At the start of your learner journey you will receive IAG, complete your initial assessments, discuss your aspirations and plan your apprenticeship journey, including completing your first day of learning.

ONBOARDING & SIGN UP



FIRST 6 MONTHS

- Understanding and developing coaching philosophy
- Evidence-based progressive coaching systems
- Knowledge of wider influences
- Profiling techniques and providing support participants

Completion of Functional Skills sessions & exams, learner voice, IAG and regular welfare support.



- Team & Player analysis understanding
- Creating a positive coaching environment
- Measuring the impact of own coaching on participants
- Coaching pedagogies and profile development

6 - 12 MONTHS

*Continual upskilling and support in Maths & English.
Learner support & IAG*



EPA

Complete mock EPA preparation with your Assessor before being entered into your EPA.


You will complete:

A work based project and presentation with Q&A.

A practical observation.

A professional discussion underpinned by a portfolio of evidence.



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