



# HOW CBD CAN HELP US

IS IT AN OPTION FOR YOU?

# How can CBD help us now?

God made plants on the 3<sup>rd</sup> day...He made us on the 6<sup>th</sup> day. Our bodies were formed from the dirt. We carry analogous attributes of our soil and plants. We have endocannabinoid systems all through our bodies!

Interesting our bodies don't make cannabinoids. So when we get out of balance we need support. We can eat hemp or take CBD.

Here are Endocannabinoid Systems (ECS) that are low/and out of balance

- Migraines
- Fibromyalgia
- Parkinson's nerve related illnesses.
- Eye issues macular degeneration
- Other miscellaneous health issues

# How can CBD help us now?

Endocannabinoid systems that are Hyperactive/and out of balance people tend to deal with

- Metabolic syndrome and the symptoms related to that. (High blood pressure, high blood sugar, cholesterol, obesity, etc. )
- all sugar blood issues
- Mental Health Issues
- Depression

CBD helps balanced systems and regulate hyperactivity tendencies

## How can CBD help us now?

CBD Brings a balance in our Endocannabinoid Systems. If it is high or low it finds the balance.

If ECS is Hyperactive and over stimulated  
Or if ECS is Deficient and low  
CBD finds the balance.

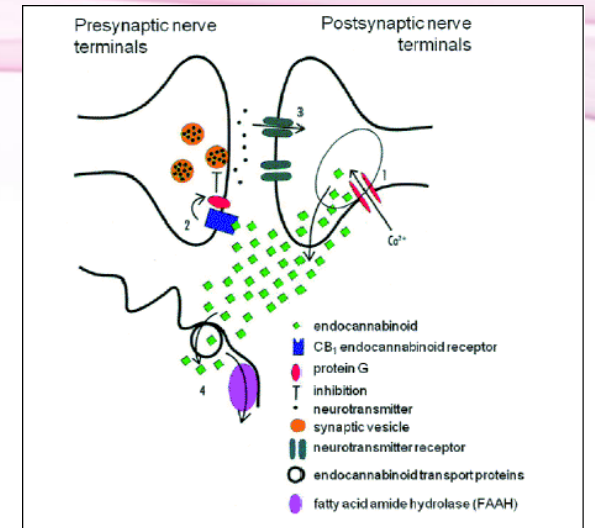
# How CBD Works...

**CBD is a regulator for many systems in our inner electrical system of neurotransmitters helping our body runs better.**

# How CBD Works...

## Immune Systems

- It works on the neurotransmitter levels.
- It regulates immune system responses
- It shifts the body away from hyper immune system responses.
- Therefore it reduces inflammation.
- It shifts metabolism and works at mitochondria level.

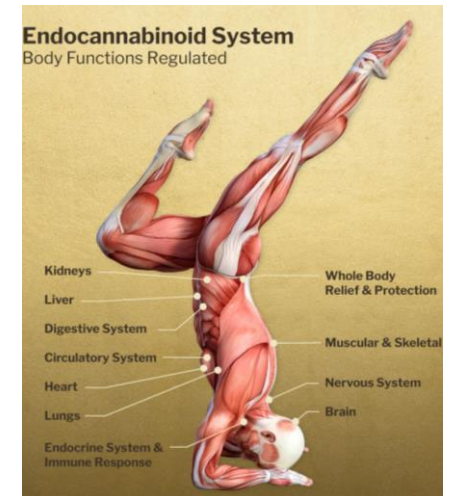




# How CBD Works...

On Diabetes:

- CBD shifts the metabolism so more glucose sheds from body and protects the cells from damage from the sugars
- CBD Reduces the complications of diabetes normally a part of disease.
- CBD protects the eyes, liver, kidneys and brain from effects of high glucose in body



# How CBD Works...

- Supports the hormone system
- CBD has tracked & shifted cortisol released in body.
- It helps maintain the hormone Adrenaline & norrepinephrine which helps balance moods, increases stability, chronic fatigue, supports panic disorder.s





# How CBD Works...

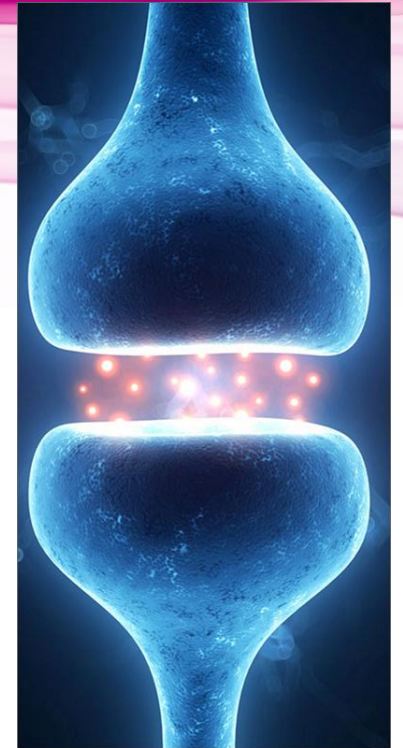
On Fear, Frustration, Anxiousness:  
The CBD makes the receptor sites  
balance and Anandamide  
neurotransmitters function better and  
we can maintain a calm or keep cool.



# How CBD Works...

## On Anxiety

- Anandamides hormone neurotransmitters get taxed which can result in pain, depression, appetite swings, memory issues, and fertility
- CBD balances and ignites molecules to function in their roles.



# All Things CBD

*From Young Living Essential Oils*



# *From Young Living Essential Oils*

## Teamed up with Nature's Ultra

To provide Young Living's seed to seal "clean green" CBD oil  
Why is this important?

- Hemp soaks up toxins from soil Therefore toxins in soil will be in CBD.
- Soil must be clean and fully organic for several years to make pure CBD oil.
- Nature's Ultra follows Young Living's "Seed to Seal" Standard for soil.
- Nature's Ultra holds same quality checks as Young Living for distilling & bottling.
- Nature's Ultra provides a certificate of no THC if needed for employment.



# CBD Determine Dosages

So many determining factors

- Your level of good health
- Amount of endocrine disruptors in body
- Level of health of endocannabinoid system.
- Size, weight, and age.
- Children and pets have considerations as well



# CBD Dosage How much?

Start small! Add to amount you take if you don't feel any change.

- Example: Child begin with a few drops. If no change as some more until desired change is achieved
- Adult begin with 15mg. If no change double it each day.
- Average adult dose is 50-100mg. (half a dropper a day)
- Monitor changes...tiredness, diarrhea, changes in appetite.
- Choose time of day best for schedule.

If you are taking other drugs check with your health care provider.

CBD oil can level your systems and you won't need as much pharmaceuticals.

### Drug Interactions

**ATTENTION**

