

REV♥OLUTION!

EQUITY, DISPARITIES, & STUDENT MENTAL HEALTH

OCTOBER 8-10, 2020 • CASC • VIRTUAL CONFERENCE



If there has ever been a need for schools to focus on the emotional well-being of students and the staff that serve them, the time is NOW!

The California Association of School Counselors (CASC) is sponsoring a virtual conference dedicated to student mental health and race-based trauma in a Covid-19 world. Just like CASC's in-person events, this Virtual Conference offers nearly **50 educational sessions**, access to **industry-leading experts** and unique **virtual networking opportunities**. From school climate issues, to research-based solution-focused classroom techniques, there are topics to meet all educators professional development needs. (K-12 teachers, administrators, community professionals, and school-based mental health service providers). In addition to participating in the live virtual conference, participants will also have access to recordings of every session and the exhibitors until December 10, 2020. This all-inclusive conference program has something for every K-12 professional.

EVENT DETAILS:

This virtual conference is designed to provide a wide array of topics within two themed areas: **1) educational inequality, and race-based trauma, and 2) mental health and traumatic stress reduction**. Workshops are designed to meet the beginning learner to the more advanced-level training within each theme area. Themes will be threaded through from the opening to the closing sessions. The conference will focus on high-frequency issues for which existing research and effective practices can provide evidence-based support and materials that can be used immediately.

WORKSHOP TOPICS:

- Mental health awareness in schools
- Educational justice/racial justice
- Counselors not Cops – LEAs critical funding decisions
- Identifying and addressing signs of stress
- Compassion fatigue and selfcare
- Teaching stress management techniques
- Building a climate of care Suicide first aid
- Removing school barriers to school mental health
- Reducing stigma
- Unpacking Covert Racism in K-12 Schools

KEYNOTE SPEAKERS:

AND MANY MORE...



DEREK FRANCIS

Derek Francis joins us from Minneapolis - a school counselor leader at the heart of the policing vs. mental health issue. Derek will share his insights on where we go next in bringing equitable services into our schools.



DR. CARL A COHN

Dr. Carl Cohn is a nationally celebrated educator and a clinical professor emeritus in the School of Educational Studies at Claremont Graduate University. Dr. Cohn's heartfelt message will provide participants with practical and inspirational guidance to navigate the challenges facing educators today.



REGISTER TO ATTEND

WWW.SCHOOLCOUNSELOR-CA.ORG

EARLY BIRD DEADLINE - AUG. 15