

Telecounseling for our families

HILLVIEW SCHOOL COUNSELORS ARE HERE FOR YOU!



Hello Warriors!



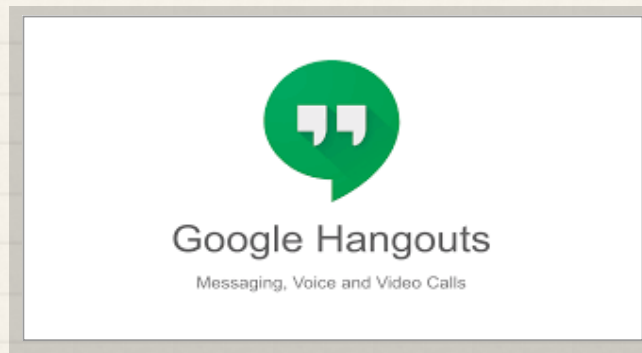
GOAL

Provide school counseling and wellness check-ins

Learning and counseling services are still available to you digitally!

Mrs. Aragon and Mrs. Williams are able to be reached for all of your counseling needs via Google Hangouts.

Please check in with us for all of your social, emotional, and academic needs! We are committed to helping you even if we can't physically meet in the building.



HOW TO REACH OUT

Make sure you have the **Google Hangouts** app on your phone. (See image above) Also...you **MUST** have an active google account (gmail, google drive, etc)

1. Text Mrs. Aragon at 925-276-0496 or Mrs. Williams at 925-403-1376. (Note: these are special

Google Voice numbers created just for these counseling sessions)

2. In your text, write your first and last name and let Mrs. Aragon or Mrs. Williams know what you would like to talk about and what time you would like to talk to her (pick during the timeframes listed below).

3. Wait for a text back with a time and date.

4. Begin counseling session at the assigned time.

AVAILABLE HOURS

The week of March 16-20

Monday - Friday: 1 p.m.-3:00 p.m.

We will update you via email on future dates and availability.

LESSONS AVAILABLE

We will also be making lessons available! We have two available right now. One is a career project for 6th and 7th graders and the other is for all students and is a Social Emotional packet to help students cope with being out of school and the confusion and stress around the Covid-19 pandemic. You can find both lessons below. You can also pick up the packets at Hillview during regular office hours.



CareerResearchLapbook.pdf

[Download](#)
997.7 KB



Take home SEL packet.pdf

[Download](#)
969.8 KB