



CALIFORNIA STUDENT
MENTAL HEALTH WEEK

Virtual Happy Hour is Self Care!

Grab your favorite beverage & join CASC President, Ashley Kruger & 2020 School Counselor of the Year, Sarah Slemmons, for a virtual happy hour to destress & swap self care ideas!

Happy Hour registration required.
Registration available on
[covid19k12counseling.org!](https://covid19k12counseling.org)



www.schoolcounselor-ca.org