

# Chris Heeter Short Bio

As a speaker, Chris' goal is to do more than inform—it's to un-domesticate, to stop talking about resilience and wellbeing, and start experiencing it, even during a keynote. Blending storytelling and poetry with insights and immersive experiences from the natural world, Chris guides people and teams back to their Wild essence, the deeper, intuitive, whole-hearted parts often quieted by modern life.

Raised in a family that camped, paddled, and hiked in remote wilderness, Chris learned early that the natural world is both mirror and mentor. Time spent with spirited sled dogs, steep canyon walls, and wide-open skies shaped a deep understanding of connection and the joy of being fully alive. These wilderness lessons inspire Chris' work with leaders and teams seeking purpose, clarity, and renewed energy, helping them listen to their inner voice again, and remember that their beautiful, messy, natural self is their greatest asset.

Featured on National Geographic Today and recognized with national speaking awards, Chris delivers memorable keynotes and workshops that stir both heart and mind. Whether guiding in the backcountry or speaking at conferences, Chris helps people tap into their inner wildness to foster belonging, lead from the heart, and live more fully.



# Chris Heeter Highlights

- Profiled on The Discovery Channel's "National Geographic Today"
- Selected as a Top 10 Speaker of the Year by MeetingsNet
- Main Stage Speaker at Meeting Professional International's World Education Congress
- Highest rated speaker at Meeting Professionals International's World Education Congress 2014, spoke at the 2015 Leadership pre-conference and at the 2022 World Education Congress
- Recipient of National Association of Women Business Owners Luminary Award.
- Wilderness guide since 1984 and Dog Musher since 1990
- Shares a dogsledding kennel of 26 Alaskan Huskies with mushing partner, Kathleen Anderson
- Certified Wilderness First Responder
- Current board member of MCEA (Minnesota Center for Environmental Advocacy)
- Graduate of Master Composter/Recycler program
- Graduate of NOLS (National Outdoor Leadership School)
- George Williams College Distinguished Alumnae award recipient
  - Proud member of Proud Member/Supporter Net Zero Carbon Events

