

Chris Heeter

Environmentalist | Wilderness Guide | Speaker | Poet

Chris' goal is to stop talking about resilience and wellbeing, and start experiencing it, even during a keynote. Blending storytelling and poetry with insights and immersive experiences from the natural world, Chris guides people back to their Wild essence, the deeper, intuitive, wholehearted parts often guieted by modern life.

Chris learned early that the natural world is both mirror and mentor. Time spent with spirited sled dogs, steep canyon walls, and wide-open skies shaped a deep understanding of connection and the joy of being

fully alive. These wilderness lessons inspire Chris' work with leaders and teams seeking purpose, clarity, and renewed energy, helping them listen to their inner voice again, and remember that their beautiful, messy,

natural self is their greatest asset.

Speaks About:

- Resilience
- Purpose
- Leadership
- Wellbeing

Chris in the Wild!



How Sled Dogs Relate To Your Work





"I'm the musher. I'm the leader of my team. I am standing on the sled and my team is pulling me. To me this is a snapshot of what Wild Leadership looks like. I'm not out front dragging my team and breaking trail. That is their job. They do the work. My job is to guide them and have trained them, so they know what to do and to trust me. They pull me." - Chris Heeter

Topic & Description:

The Wild Why: Rediscovering Purpose and Possibility in the Heart of Your Work

Session Description:

In the fast-paced, high-pressure world, it's easy to get caught in the cycle of doing—checking boxes, managing details, reacting to the next urgent demand. But what would happen if you paused? If you took a moment to remember why you do this work in the first place?

In this powerful and immersive keynote, Chris - an award winning speaker, wilderness guide, poet, and dog musher - invites you to reconnect with your deeper purpose: Your Wild Why. Chris blends compelling storytelling with the wisdom of nature. This session creates space to reflect, re-ground, and reimagine your role.

Using the natural world as both mirror and mentor, Chris blends story, poetry, imagery, and music, weaving insights from the wild resiliency of nature into take-aways for us as we deal with the challenges in our own lives today.

Chris' stories inspire fresh perspectives on resilience and meaningful work. This isn't a lecture. It's an experience. It is a journey that brings the outdoors in and leaves you feeling more connected, more centered, and more alive.

Whether you're on the edge of burnout or simply ready for a new lens on your professional life, this keynote is your invitation to step out of the noise and rekindle your Wild Why.



Participants will:

- Reconnect with Purpose Rediscover your personal and professional "why" to reignite passion, direction, and creativity in your work.
- Incorporate tools and examples from the natural world for Resilience and Insight Learn accessible, nature-based practices that foster clarity, wellbeing, and inner strength.
- Leave Re-Energized Engage in immersive experiences that renew your energy and inspire meaningful, purpose-driven events

What people are saying about Chris Heeter...

"Chris was the keynote speaker at Medtronic's annual Global Supply Management Conference and she was fantastic! In preparation for the keynote, Chris did an excellent job of understanding the team mission, goals, challenges, and Medtronic vernacular. After two full days of the Conference, I expected attendees to be on their phones and laptops, however, all eyes and ears were on Chris as she talked to us about working Wild. Chris connected with the audience and challenged us to think differently. She hit it out of the park with our team!" ~Sharon Jones, Medtronic



Proud Member/Supporter Net Zero Carbon Events

Interested in inviting Chris Heeter to your next meeting? Reach out to me for more information or visit her profile page - Chris Heeter